The TFS cross country boys and girls teams organize four GREAT (an acronym for our character program) home themed meets with a vision of distinctively highlighting competition and fun, utilize the process for leadership and life skills, and reflect after each meet what can be done better next time. Goals for meets are to provide a memorable experience, utilize innovation in prizes, and interact actively and positively with guest teams. A packet with course maps and a Farm Course Legacy List (also available at www.tallulahfalls.org) are provided and sent to coaches. Mile times one and two are called out, results are immediately available via the PT Timing Group, and a course map banner and a themed banner are posted for all to see. There is plenty of team tent space, concessions are sold, themed and inspirational music blares, unique prizes are awarded, and an opportunity to donate to a team-chosen charity is available at the meet.

TFS XC Relay Carnival (HS only) - Thur Aug 16, \$100/school. Send 3 person per gender relay teams to scott.neal@tallulahfalls.org IPad timed.

An early season relay oriented meet in the heat where runner #1 runs mile 1 & 5, #2 runs mile 2 & 6, and #3 runs mile 3 & 4. Immediately after the meet, teams are invited to interact with each other and play different carnival games based on popularity (ex/ corn hole, disc golf, terrific toss, horseshoes, etc.).

2018 Teams: TFS, Providence Christian (Chris Stephenson)

TFS Cookies 'n Quotes XC Festival (MS and HS) - Tue Sept 11. \$100/HS - Timed by PT Timing Group. Enter ga.milesplit. PW = CNQ18 get password from Scott Neal scott.neal@tallulahfalls.org

Every runner, manager, and coach receives a decorated bag with their name on it and three home made cookies and three inspirational quotes in it. Individual winners receive a prize donated by Tallulah Point Overlook. Burgers are grilled for the teams.

2018 MS Teams: TFS, Athens Christian, Commerce, Highlands, Rabun Gap, Summit, 2018 HS Teams: TFS, Rabun Co, Commerce, Athens Christian, Habersham, Rabun Gap, Towns Co (Tim Resser)

TFS Heroes Invitational (HS only) - Sat. Sept 22. \$100/school - Upper Course Timed by PT Timing Group. Enter ga.milesplit PW = heroes18 get password from Scott Neal <u>scott.neal@tallulahfalls.org</u>

Each year, the Heroes Invite will honor a group who serves our society, whether military, emergency, or security personnel. Music, decorations, and prizes of a patriotic theme add to the aura. 2018 Teams: TFS, Shiloh,

TFS Harrier Harvest (HS only) - Tue Oct 16 \$100/school - Organized by Piedmont College XC - Upper Course! Timed by PT Timing Group. Enter ga.milesplit. PW = HH18 get password from Scott Neal scott.neal@tallulahfalls.org

A fall harvest oriented meet adorned with team painted hay bales and pumpkins decorated by TFS art students, the Harrier Harvest incorporates a hay bale "jump" at each mile marker and a brief "maze" before mile three. Unique prizes are given to the top 10, the winners receive a homemade pumpkin pie, and the team winners receive the "World's Best Apple Pie."

2018 Teams: TFS, Rabun Co, Centennial (Patrick Weigland), Commerce (Mark Hale), Habersham (Nikki English) Winder-Barrow (Charles Sparks), Towns Co (Tim Resser)