



TALLULAH FALLS SCHOOL

2019 High School Cross Country



The Light in the Mountains – Be GREAT! 5-27-19

Day	Date	Time	Meet//Location	Out	Leave	Apx Return
Thur	Aug 15	4:30	TFS Relay Carnival (2x1mi)	3:00	3:15 shuttle	
Tue	Aug 20	4:30	Athens Academy Spartan Ekiden (3k) 1281 Spartan Ln, Athens, GA 30606	1:45	2:00	7:45
Wed	Aug 21	3:30	HS Quadrathlon			
Thur	Aug 22	3:30-6	MS Quadrathlon & MS/HS and Family Cookout TF Pavilion			
Thur	Aug 29	5:30 JVB 6:10 JVG 6:50 VB 7:20 VG	Chestatee War Eagle Invite w/ MS Chestatee Middle School, 2740 Fran Mar Drive, Gainesville, GA 30506	3:00	3:15	9:45
Thur	Sept 5	5:00 JVB 5:30 JVG 6:00 VB 6:30 VG	North Hall Invite w/ MS North Hall Community Center & Park 4175 Nopone Rd, Gainesville, GA 30506	3:00	3:15	9:00
Tue	Sept 10	4:15MS 5VB 5:30 VB 6:00 JV	Cookies ‘n Quotes XC Festival MS/HS	3:00	3:15 shuttle	
Sat	Sept 21	VB 9:00 VG 9:30 JVB 10:00 JV G 10:30	TFS Heroes Invitational			
Thur	Oct 3	4:00 JVB 4:30 JVG 5:00 V B	Runner’s Fit Mountain Invite 1788 GA-356, Helen, GA 30545	2:30	2:45	7:15
Sat	Oct 5	2:00	Annual Camping Trip	Leave 2:00 Sat. Ret 10:30 Sun		
Wed	Oct 9	4:30 VB 5:00 VG 5:40 JVB 6:10 JVG	Wesleyan 5405 Spalding Dr, Peachtree Corners, GA 30092			
Tue	Oct 15	4:30 VB 5:00 VG 5:30 JV	TFS Harrier Harvest <i>(Senior Day)</i>			
Thur	Oct 24	4:15 JV 5:00 VB 5:40 VG	Area 2 A-Pvt @ TFS			
Sat	Nov 2	B 8:00AM G 8:45AM	State Championships @ Carrollton	3:00	Fri 3:15	Sat 2:00
Sat	Nov 9	8:45	USATF GA Meet of Champions Heritage Christian Church, 2130 Redwine Rd, Fayetteville, GA 30215			

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 Assistant Coaches: Tim Corbett