

2021 MS XC Results		Athens																				Highlands		Cookies n' Quotes		NGA Championship					
Coach Scott Neal		Grade	Best	2021-21 Imp	2021-20	2020 PR 3k	GA MS State	Kent Kramer	Tri St Champ	Towns Co	Rabun Gap	Academy	2020	2020	2021	2020	2020	2021	2020	2020	2020	2020	2020	2020	2020						
							10/16/2021	10/14/2021	10/12/21	2nd/4 Teams	9/28/21	9/23/21	9/16/21	2020	2020	2021	2020	2020	2021	2020	2020	2020	2020	2020	2020						
Boys (14)			3k	3k	3k	3k	2mi	Place/215	3k	Place/76	3k	Place	1.9mi	Place	RG 2020	3k Time	Place/124	Oct. 2	Aug. 27	2.1 mi	Place/30	2020	3k Time	Place/96	2020	Place/253	3.2k	NGA			
	Blackwell, Dalton	8	16:12	-2:25	1:20	14:52.49	DNR	DNR	16:47.83	57	00:18:06.40	24	16:12	24	19:47	31	16:33	16:40.83	106	14:52.49	DNR	18:30.50	23	DNR	18:37.28	84	18:45.40	243	24:39.43	DNR	
	Cantrell, Ryder	7	11:48	-5:7	DNR	DNR	DNR	DNR	DNR	DNR	00:12:15.12	7	11:48	6	12:37	6	DNR	12:27.52	29	DNR	DNR	14:44.66	6	DNR	12:45.37	20	DNR	64	14:21.92	DNR	
	Dodd, Gavin	7	12:32	-1:10	DNR	DNR	DNR	DNR	13:35.39	17	00:13:07.26	11	12:32	9	13:49	11	DNR	13:21.17	44	DNR	DNR	15:08.82	8	DNR	13:42.32	34	DNR	152	16:59.59	DNR	
	Harris, Charlie	8	13:11	DNR	-3:33	16:44.30	18:08.32	187	15:03.91	38	00:15:39.53	18	13:11	13	14:57	16	DNR	14:53.88	81	DNR	16:42.06	DNR	DNR	16:42.06	DNR	DNR	16:44.30	163	17:16.48	19:43.67	
	Huff, Bentley	8	11:01	-1:10	DNR	DNR	DNR	DNR	DNR	DNR	00:11:57.50	6	11:01	1	11:49	1	DNR	11:19.71	6	DNR	DNR	13:48.79	1	DNR	11:10.79	3	DNR	11	12:29.92	DNR	
	Jackson, Steven	6	13:38	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	13:38	16	15:32	18	DNR	14:46.12	77	DNR	DNR	16:17.13	14	DNR	DNR	DNR	DNR	DNR	DNR	DNR	
	Kelly, Caleb	6	15:13.75	-1:05	DNR	DNR	18:13.64	188	16:49.28	58	00:15:13.75	17	DNR	DNR	16:54	20	DNR	16:40.80	105	DNR	DNR	19:45.33	24	DNR	16:40.95	70	DNR	193	18:31.85	DNR	
	Lander, Josh	7	15:02.06	DNR	-1:02	16:04.2	DNR	DNR	DNR	DNR	DNR	DNR	15:03	18	DNR	DNR	16:04	DNR	DNR	DNR	DNR	16:54.40	18	DNR	15:02.06	52	16:26.60	161	17:12.11	18:18.26	
	Martin, Morgan	6	15:57	-1:23	DNR	DNR	18:31.96	192	17:20.17	62	00:16:55.92	22	15:57	23	17:24	26	DNR	DNR	DNR	DNR	DNR	23:03.90	29	DNR	17:20.35	77	DNR	DNR	DNR	DNR	
	Pruitt, Zeek	8	13:14	-1:08	DNR	DNR	DNR	DNR	14:22.02	33	00:13:19.35	13	13:14	14	13:52	12	DNR	14:26.35	72	DNR	DNR	15:48.01	13	DNR	14:22.36	42	DNR	177	17:37.70	DNR	
	Raybon, Martin	8	15:57	DNR	DNR	DNR	DNR	15:21.09	42	DNR	DNR	DNR	15:57	22	16:55	21	DNR	16:44.43	107	DNR	DNR	18:26.61	22	DNR	DNR	DNR	DNR	169	17:28.87	DNR	
	Simmons, Gavin	7	12:56	-1:53	-3:05	16:01.92	17:42.20	179	15:42.93	47	DNR	DNR	12:56	11	14:33	15	17:17	14:13.10	67	16:01.92	DNR	16:29.54	15	DNR	14:49.98	49	18:43.20	185	18:10.49	22:20.05	
	Tatum, Thatcher	6	13:07	-2:29	DNR	DNR	DNR	DNR	13:47.06	21	00:13:16.17	12	13:07	13	13:41	10	DNR	13:45.76	53	DNR	DNR	15:28.07	9	DNR	13:36.46	31	DNR	DNR	DNR	DNR	
	Wheeler, Ethan	8	11:04	-2:5	DNR	DNR	12:37.38	15	11:48.25	3	00:11:12.91	3	11:04	2	11:51	3	DNR	11:20.17	7	DNR	DNR	13:52.51	3	DNR	11:29.45	5	DNR	7	12:20.58	DNR	
			Grade	Best	2021 Imp	2020 PR 3k	Boys 24th/29 Teams	Boys 4th/8 Teams	Total 2nd/4 Teams				Total 1st/3 teams	Boys 5th/10 teams				Boys 1st/4 teams				Boys 4th/8 teams				Boys 13th/22 teams					
							GA MS State	Kent Kramer	Tri St Champ			Towns Co	Rabun Gap	Academy				Highlands				Cookies n' Quotes				NGA Championship					
							10/16/2021	10/14/2021	10/12/21	2nd/4 Teams	9/28/21	9/23/21	9/16/21	2020	results	2021						2021				8-28-21	Time	2020			
	Girls (10)	Grade	Best	2021-21 Imp	2021-20	2020 PR 3k	2mi	Place/191	3k	Place/46	3k	Place/28	3k	Place	1.9mi	Place	RG 2020	3k Time	Place/80	Oct. 2	Aug. 27	2.1 mi	Place/23	2020	3k Time	Place/73	2020	Place/229	2 mi	NGA	
	Gaglio, Lily	8	15:42	-1:16	DNR	DNR	DNR	DNR	17:05.10	18	15:57.64	16/28	15:42	19	17:20	13	DNR	16:30.00	51	DNR	DNR	06:23.073	17	DNR	16:58.56	50	DNR	169	21:46.52	DNR	
	Griffis, Carsyn	8	13:57	-4:7	-1:29	15:26.76	16:43.69	89	16:09.81	12	14:03.58	6/28	13:57	8	14:55	4	16:47	14:35.12	32	15:26.76	16:36.22	06:02.391	7	16:36.22	14:44.30	18	17:20.20	44	16:11.20	18:00.20	
	Harris, Catherine	6	18:05.99	DNR	DNR	DNR	DNR	DNR	19:41.45	30	18:05.99	21/28	19:05	24	21:21	20	DNR	19:36.10	59	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	195	24:15.79	DNR
	Henderson, Olivia	7	13:18	-1:42	-1:48	15:06.83	15:29.01	39	13:57.53	2	DNF	DNF	13:18	5	14:30	3	16:46	14:06.66	22	15:06.83	DNR	6:04.096	6	DNR	15:00.58	22	16:10.80	53	16:28.41	18:15.54	
	Keim, Avery	7	13:58	-1:25	-3:38	14:36.44	16:44.48	90	15:51.79	8	14:14.35	8/28	13:58	9	15:10	6	15:16	14:34.00	31	14:36.44	DNR	6:22.361	10	DNR	15:23.68	26	15:59.00	62	16:48.43	17:57.84	
	Marshall, Jasmyn	8	18:06.76	DNR	-5:59	19:05.00	DNR	DNR	DNR	DNR	18:06.76	22/28	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	22:18.45	DNR	DNR	22:18.45	DNR	DNR	19:05.00	180	23:03.18	21:35.88
	McGugan, Haylen	7	14:00	-1:27	-2:54	16:54.3	DNR	DNR	15:51.95	9	14:22.39	10/28	14:00	10	14:59	5	16:54	14:26.32	27	DNR	DNR	06:22.579	11	DNR	15:27.33	32	17:03.30	73	17:12.61	18:43.77	
	Miller, Elizabeth Lizita	7	12:48.35	-1:00	-1:43	14:31.95	15:04.38	22	13:57.38	1	12:51.03	2/28	12:59	3	13:50	2	16:10	12:48.39	10	17:59.51	DNR	05:34.160	3	DNR	13:48.63	10	16:54.50	DNR	DNR	18:33.11	
	Prince, Megan	7	15:23	-3:2	-0:3	15:26.86	DNR	DNR	16:38.51	13	15:31.46	15/28	15:23	16	16:36	11	16:24	DNR	DNR	16:50.58	DNR	DNR	DNR	DNR	DNR	15:55.54	36	17:23.60	74	17:14.45	19:39.89
	Rickman, Molly	8	14:01	-1:24	-2:20	14:21.86	DNR	DNR	15:53.98	10	14:44.74	12/28	14:01	11	15:11	7	16:24	14:30.82	29	DNR	16:29.28	06:10.071	9	16:29.28	15:25.80	30	16:47.90	84	17:39.47	17:57.58	
			Grade	Best	2020-21 Imp	2020 PR 3k	Girls Team N/A	Girls 1st/3 Teams	Total 2nd/4 Teams				Total 1st/3 teams	Girls 4th/8 teams				Girls 2/3 Teams				Girls 3/6 teams				Girls 10th/20 teams					

2018 MS XC Results

Coach Scott Neal

Coach Tim Corbett		Quad	Athens Academy 3k			Rabun Gap 2 mi Eagle Inv 2 mi			C'nQ 3k	3k	Rabun Gap 2 mi		Westminster 2mi		Summit	2 mile		Tri St Champ 3k		Mtn Invite			State @ Cochran GA		Colton 45/				
Coach Susan Nichols		8/23	8/28		8/28	9/4	9/8	9/8	9/11	9/11	9/18	9/18	9/25	9/25	9/26	9/26	2 mile	10/2	3k	10/4			2 mi	10/13	2 Mi	3k improve			
BOYS		Place/128	Mi 1	Time	Place	RG 2mi	Place	3200m	BOYS	Place	Time	Place/?	Time	Place	no 6th gr	Place	Mi 1	Time	BOYS	Place	Time	Place	Mi 1	Mi 2	Time	Place	Time	Percentage	
Amankwah, Nana	8	1:25:04	94th	?	18:05.01	12/15	19:43.4	31/58	15:53.24	Amankwah, Nana	26/46	14:30.04	7	16:43.40	51/100	15:14.00	8/15	9:23	18:17	Amankwah, Nana	6/16	13:43.59	157/384	7:12	7:11	14:23.7	NA		25.60%
Cope, Bryan	8	60:55	25th	6:04	13:59.66	DNS	DNS	24/58	15:29.75	Cope, Bryan	15/46	13:44.85	4	16:06.30	35/100	14:05.00	6/15	9:09	18:13	Cope, Bryan	4/16	13:29.89	176/384	7:05	7:36	14:41.1			2.21%
Hall, Lincoln	8	DNC inj	53rd	6:37	15:15.32	6/15	17:20.4	34/58	16:07.46	Hall, Lincoln	20/46	14:07.01	Injury	Injury	inj	inj	inj	inj	Hall, Lincoln	7/16	13:52.64	169/384	6:43	7:52	14:35.9			10.76%	
Farmer, Tyler	8	51:56	76th	?	16:44.63	7/15	17:22.8	35/58	16:10.55	Farmer, Tyler	27/46	14:34.44	9	16:50.0	57/100	15:29.00	7/15	9:25	18:16	Farmer, Tyler	8/16	14:03.26	200/384	7:35	7:38	15:13.4			14.66%
Hicks, Colton	8	49:03	13th	5:47	13:13.34	2/15	15:40.6	12/58	14:36.30	Hicks, Colton	7/46	12:43.84	1	14:31.10	19/100	13:22.00	1/15	8:03	15:48	Hicks, Colton	1/16	12:13.57	34/384	5:50	6:34	12:24.2	45/151	13:51.29	21.23%
Moore, Blair	7	1:29:49	ABS	ABS	ABS	9/15	17:53.2	27/58	15:34.93	Moore, Blair	25/46	14:28.80	6	16:39.7	40/100	14:26.00	9/15	9:14	18:18	Moore, Blair	9/16	14:07.70	149/384	6:47	7:37	14:20.7			1.47%
Rickman, Henry	7	63:07	91st	?	17:48.72	11/15	19:18.2	44/58	18:14.69	Rickman, Henry	36/46	16:31.65	12	19:47.1	75/100	16:58.00	12/15	9:26	18:59	Rickman, Henry	13/16	14:59.70	268/384	7:45	8:31	16:16.9			16.53%
Seaman, Will	8	62:45	45th	6:25	14:46.95	4/15	16:17.0	26/58	15:30.51	Seaman, Will	17/46	13:46.92	5	16:12.30	39/100	14:25.00	5/15	8:37	17:38	Seaman, Will	5/16	13:36.03	177/384	7:05	7:36	14:41.2	71/151	14:34.58	7.61%
Shaw, Brit	7	57:01	33rd	6:07	14:13.70	1/15	15:35.9	11/58	14:26.82	Shaw, Brit	9/46	13:01.53	Injury	Injury	20/100	13:27.00	4/15	8:22	16:44	Shaw, Brit	2/16	12:48.31	102/384	6:30	7:01	13:31.7	62/151	14:09.98	11.68%
Shin, Seungwook Daniel	8	60:57	22nd	6:03	13:46.72	DNS	DNS	Injury	Injury	Shin, Seungwook Daniel		inj	Injury	inj	inj	inj	inj	inj	Shin, Seungwook Daniel	10/16	14:32.64		inj	inj	inj			-0.64%	
																		Champions						Brit 62/151, 83/270, 314/927					
GIRLS		/104								GIRLS								GIRLS											
Barron, Emma	6	DNC bik	80th	?	21:12.53	24/25	25:09.0	58/63	23:28.97	Barron, Emma	44/57	18:06.19	15	18:19.50	6th grade	18/23	9:47	19:46	Barron, Emma	6/20	14:25.74	116/327	8:08	7:58	16:06.5			32.53%	
Hartman, Sammy	8	1:08:13	20th	6:41	15:26.57	11/25	18:50.0	26/63	17:50.87	Hartman, Sammy	18/57	15:13.49	8	17:31.41	31/82	15:45.00	15/23	9:43	19:22	Hartman, Sammy	15/20	15:13.65	63/327	7:22	7:45	15:07.5			0.85%
Higgins, Mallory	6	1:23:06	99th	?	24:53.94	25/25	27:39.0	61/63	28:06.73	Higgins, Mallory	57/57	24:43.67	23	29:29.21	6th grade	22/23	15:36	31:47	Higgins, Mallory	20/20	23:53.05	324/327	11:56	13:36	25:32.3			4.07%	
Jackson, Emma	8	1:09:54	43rd	7:08	17:09.69	9/25	18:45.0	inj	inj	Jackson, Emma	inj	inj	inj	inj	inj	inj	inj	inj	Jackson, Emma	inj	inj	inj	inj	inj	inj			Injury	
James, Haygen	6	1:21:06	39th	6:57	17:00.38	8/25	18:41.0	27/63	18:16.48	James, Haygen	24/57	15:38.32	6	17:02.47	6th grade	5/23	9:27	18:26	James, Haygen	3/20	14:10.65	93/327	7:18	8:27	15:45.7			17.06%	
Mitchell, Molly	7	1:21:06	sick	sick	sick	sick	sick	sick	Mitchell, Molly	sick	sick	7	17:03.75	36/82	16:03.00	16/23	9:47	19:25	Mitchell, Molly	8/20	14:27.00	99/327	7:40	8:11	15:51.2			Sick	
Shelton, Maggie	6	1:21:30	66th	7:38	19:23.45	10/25	18:45.0	29/63	18:23.14	Shelton, Maggie	26/57	15:39.77	12	18:05.93	6th grade	14/23	9:39	19:15	Shelton, Maggie	16/20	15:21.21	126/327	8:08	8:19	16:27.2			20.90%	
Southards, Ellie	7	1:18:50	53rd	6:41	18:17.07	5/25	18:21.0	24/63	18:18.42	Southards, Ellie	23/57	15:37.32	13	18:18.66	inj	inj	10/23	9:32	19:03	Southards, Ellie	18/20	15:23.00	ABS	Sick	Sick	Sick			16.18%
Trotter, Kate	8	1:09:54	48th	7:08	17:42.09	12/25	19:01.0	8/63	16:11.57	Trotter, Kate	15/57	14:50.18	5	16:54.53	46/82	16:39.00	4/23	8:57	18:14	Trotter, Kate	7/20	14:26.02	108/327	7:23	8:35	15:58.3			18.14%
		Quad	Athens Academy 3k			Rabun Gap 2.2			Eagle Inv 2 mi	Trotter, Kate	C'nQ 3k	3k	Rabun Gap 2.2mi		Westminster 2mi		Summit	2mi		Tri St Champ @ Tri		Mtn Invite							
																		Runner-Up											

'151, 60/270, 204/927

ement	2mi improvement	
Time	Percentage	Time
4:22	26.76%	5:20
0:30	5.76%	0:48
1:23	16.57%	2:45
2:41	12.14%	2:09
1:00	20.52%	3:16
0:21	19.00%	3:33
2:49	15.75%	3:31
1:10	10.88%	1:31
1:25	13.29%	2:04
-0:46	Injury	Injury
Will 71/151, 99/270, 392/927		
6:47	64.01%	9:03
0:13	18.54%	3:43
1:00	7.56%	2:07
Injury	Injury	Injury
2:50	16.08%	2:56
Sick	8.93%	1:12
4:02	11.82%	2:18
2:54	0.16%	0:03
3:16	18.04%	3:03

2017 TFS MS XC

Coach Scott Neal

Coach Susan Nichols

Coach Tim Corbett

		1 mi	2 mil	9/5	9/5	3k TT	9/8	47	3200m	45	3k	179 JV	1.9mi	28	2mi	28 run	10/6	3k	#LL
Boys -12	Gr	TT	TT	Place	RG 2mi	Farm	Place	Eagle Inv	Place	C'nQ	Place	Place	Lake	Place	Summit	Place	Tri St Champ	improvement	< 14:00
Atwood, Luke	8	8:31	16:19	10/27	17:03	16:14	28/47	15:05.10	17/45	14:48.61	139/179	15:33.42	10	15:52	8	13:40	-1:08.00	Atwood, Luke	
Augustine, Colton	8	9:42	dnr	15/27	17:29	15:18	25/47	14:33.23	13/45	14:26.02	141/179	15:33.90	9	15:48	10	14:03	-2:23	Augustine, Colton	
Farmer, Tyler	7	8:05	19:01:00	1/27	15:06	19:01:00	11/47	13:07.49	9/45	14:13.22	96/149	14:31.51	2	14:38	DNF	ankle inj		Farmer, Tyler	
Graham, Josh	8	7:35	15:23	13/27	17:55	15:17	37/47	16:11.72	19/45	15:07.60	134/179	15:19.29	5	15:22	5	13:19	-1:48.00	Graham, Josh	
Hicks, Colton	7	7:36	19:02	8/27	16:51	dnr	DNR	DNR	21/45	15:28.31	119/164	13:49.57	3	14:40	1	12:34	-2:54.00	Hicks, Colton	
Higgins, Aubrey	8	9:03	19:20	22/27	20:56	21:45	42/47	16:55.71	32/45	17:26.88	92/161	18:02.71	22	18:51	24	16:20	-1:06	Higgins, Aubrey	
Moore, Blair	6	10:55	20:xx	19/27	20:02	21:45	44/47	17:42.08	34/45	17:53.79	135/161	20:25.22	23	18:51	17	15:01	-2:52	Moore, Blair	
Oronokwe, Benjamin	7	dnr	dnr	24/27	22:40	21:51	DNR	DNR	41/45	19:18.79	124/161	19:18.39	21	18:50	22	15:57	-3:21	Oronokwe, Benjamin	
Rickman, Henry	6	11:01	19:51	15/27	18:02	19:42	32/47	15:23.42	26/45	16:28.49	58/161JV	16:27.29	14	16:39	19	15:10	-1:18	Rickman, Henry	
Sang, Jingan "Jerry"	8	8:25	17:02	17/27	19:00	15:46	DNR	DNR	18/45	14:50.67	116/179	16:14.34	16	16:43	13	14:34	--:16	Sang, Jingan "Jerry"	
Sang, Jingyi "Jason"	8	8:32	17:57	4/27	16:14	15:55	DNR	DNR	10/45	14:16.88	104/179	14:40.67	19	17:22	6	13:20	--:56	Sang, Jingyi "Jason"	
Seaman, Will	7	8:40	dnr	11/27	17:46	19:36	31/47	15:21.44	25/45	16:28.10	160/179	16:09.61	15	16:41	15	14:56	-1:32	Seaman, Will	
Shaw, Brit	6	7:59	dnr	2/27	15:14	dnr	12/47	13:07.58	8/45	13:51.49	DNR	DNR	6	15:26	4	13:12	--:39	Shaw, Brit	
Tang, Yao "Ty"	8	unk	17:30	21/27	20:54	16:17	DNR	DNR	22/45	15:57.83	DNR	DNR	18	17:18	11	14:09	-1:48.00	Tang, Yao "Ty"	
Wang, Zi "Shrek"	8	8:28	unk	5/27	16:15	16:00	DNR	DNR	3/45	13:26.00	92/179	14:29.43	1	14:31	2	12:44	--:42	Wang, Zi "Shrek"	
Wanner, Ethan	8	7:20	16:14	3/27	15:17	14:48	13/47	13:09.83	7/45	13:50.09	117/179	14:48.05	4	14:42	3	12:49	-1:01	Wanner, Ethan	
Boys Team Results					TFS 6, RG 22 Sum 30		3rd/3		2nd/4		13/15JV		1st/3				1st of 3 teams - 2017 Tri State Champions		
		1 mi	2 mil	9/5	9/5	3k TT	9/8	31	3200m	40	3k	149	1.9mi	26		27	10/6	3k	#LL
GIRLS - 7	Gr	TT	TT	Place	RG 2mi	Farm	Place	Eagle Inv	Place	C'nQ	Place	Place	Lake	Place	Summit	Place	Tri St Champ	improvement	
Alexander, Lucy	8	8:20	dnr	3/28	16:51	16:18	7/31	14:16.13	4/40	14:43.36	31/149	14:49.75	DNR	DNR	3	13:24	-1:19	Alexander, Lucy	
Dembele, Nasha	7	9:59	20:00	26/28	23:17	21:52	DNR	DNR	33/40	19:38.26	136/149	20:41.68	21	19:33	23	17:34	-2:04	Dembele, Nasha	
Hartman, Sammy	7	8:56	18:58	7/28	17:42.5	19:34	11/31	15:14.92	13/40	15:53.64	33/149	14:52.45	4	15:30	5	14:03	-1:50	Hartman, Sammy	
Jackson, Emma	7	dnr	dnr	DNR	DNR	dnr	DNR	DNR	DNR	DNR	96/149	17:38.09	20	19:02	18	15:55		Jackson, Emma	
Shirley, Julianne	6	7:59	17:45	6/28	17:41	19:46	15/31	16:02.08	14/40	15:57.76	85/149	16:57.91	6	15:53	4	13:28	-2:29	Shirley, Julianne	
Tatum, Karis	8	9:00	17:55	9/28	18:00	dnr	22/31	17:44.23	19/40	17:00.46	79/149	16:35.36	11	17:12	12	15:07	-1:53	Tatum, Karis	
Trotter, Kate	7	unk	18:37	12/28	18:22	19:46	23/31	17:46.60	18/40	16:53.64	97/149	17:39.45	19	19:01	19	15:56	--:57	Trotter, Kate	
Girls Team Results					Sum 10, TFS 16, RG 23		3rd/3		3rd/4		12th/17		2nd/3				1st of 3 teams - 2017 Tri State Champions		
															win tiebreaker		Personal Record		