



TALLULAH FALLS SCHOOL

2022 HIGH SCHOOL CROSS COUNTRY

WWW.TALLULAHFALLS.ORG **UPDATED 8.18.22**

Home meets are at the Upper Farm Course across from the Middle School Campus · 295 Scenic Loop Road, Tallulah Falls, GA 30573
 5k course map link <https://www.tallahulahfalls.org/skins/userfiles/files/College%20cross%20country%20course.pdf>
 3k course map link [https://www.tallahulahfalls.org/skins/userfiles/files/MS%20XC%203K%20Course%20Map\(1\).pdf](https://www.tallahulahfalls.org/skins/userfiles/files/MS%20XC%203K%20Course%20Map(1).pdf)

DAY	DATE	TIME	OPPONENT *Region Match	HOME/ AWAY	OUT TIME	LEAVE TFS	APX RETURN	RESULT	
Unofficial Practice Starts Monday, August 1 – Official Practice Starts Mon Aug 8									
THUR	8/11	Big Peach Running Company Mobile Shoe Night 3:00–6:30 at TFS Natatorium Parent Meeting 5:30–6:30 Natatorium							
TUE	8/23	4:30	Gorge to Beach XC Experience 3k TFS Farm Course/Tallahulah Gorge/Tallahulah Beach	Home					
THUR	8/25	4:30	Annual Quadrathlon (kayak, swim, bike, run) Tallahulah Falls beach area – Note: \$5 parking 5:30 FCA Pancake Supper – Families Invited!	TF Beach					
THUR	9/1	JVG 5:30 JBB 5:55 VG 6:20 VB 7:00	MS / HS @ North Oconee Rocky Branch Road, Bogart, GA https://ga.milesplit.com/meets/457481-nohs-home-meet-2022#.YIXh3zIMKp	Away	2:45	3:00	10:00		
TUE	9/6	4:15 MS 5:00 J V 5:45 VB 6:15 VG	Cookies 'n Quotes XC Festival MS/HS TFS Farm Course	Home	2:25 2:40 Shuttle 1 3:30 Shuttle 2				
SAT	9/10	8:45 Boys 9:30 Girls	Athens Academy 1281 Spartan Lane, Athens, Georgia 30606 – ACT Test TFS	Away					
SAT	9/24	B 9:00 G 9:30	TFS Heroes Invitational – TFS Farm Course	Home	Be at course 7:30				
TUE	10/4	4:00 BJV 4:30 GJV 5:00 VB 5:30 VG	Mountain Invite Unicoi State Park, Helen GA	Away	2:00	2:15	7:30		
WED	10/5	4:30	Wesleyan Invite 5405 SPALDING DRIVE, PEACHTREE CORNERS, GA 30092	Away	1:40	1:55	8:30		
FRI	10/14	JVG 7:30 JVB 8:00 VG 8:30 VB 9:00	Pickens & Grinnin' Night Light Invite Roper Park, 2094 Refuge Rd, Jasper, GA 30143 https://ga.milesplit.com/meets/471749-pickens-and-grinnin-invitational-2022#.YIXmRijMKpo THIS IS DURING FALL BREAK!!!	Away		4:30	11:45PM		
Fall Break Fri Oct 7 – Sun Oct 16									

TUE	10/18	4:30 JV 5:10 VG 5:45 VB	TFS Harrier Harvest <i>TFS Farm Course (Senior Day)</i>	Home	2:25	2:40		
THUR	10/27	4:15 JV 5:00 VB 5:40 VG	Region 8AD1 @ TFS 295 Tallulah Gorge Scenic Loop, Tallulah Falls, GA 30573	Home	JV 2:45	JV 3:00	TBD	
FRI	11/4	B 9:00 G 9:45	State Championships @ Carrollton <i>Carrollton Elementary, Ben Scott Boulevard, Carrollton, GA</i> https://www.ghsa.net/ghsa-state-cross-country-championships	Away	Thur 1:30	Thur 1:45	Fri 2:00	
THUR	11/17	6:30-7:45	XC End of Season Banquet - Natatorium					

COACHES	EMAIL	PHONE
Scott Neal, Head Coach, Athletic Director	scott.neal@tallulahfalls.org	706-968-9879 cell
Skip Johnston, Assistant Coach	skip.johnston@tallulahfalls.org	
Elisha Boggs, Assistant Coach	elisha.boggs@tallulahfalls.org	