

# PROGRAM HISTORY & RECORDS

1999-PRESENT

## GIRLS TRACK & FIELD



### SEASON-BY-SEASON

SEASON	HEAD COACH	REGION/AREA	STATE
2023	SCOTT NEAL	5 <sup>TH</sup>	10 <sup>TH</sup>
2022	SCOTT NEAL	3 <sup>RD</sup>	14 <sup>TH</sup>
2021	SCOTT NEAL	5 <sup>TH</sup>	15 <sup>TH</sup>
2020	SCOTT NEAL	COVID	COVID
2019	SCOTT NEAL	3 <sup>RD</sup>	16 <sup>TH</sup>
2018	SCOTT NEAL	4 <sup>TH</sup>	5 <sup>TH</sup>
2017	SCOTT NEAL	4 <sup>TH</sup>	8 <sup>TH</sup>
2016	SCOTT NEAL	4 <sup>TH</sup>	7 <sup>TH</sup>
2015	SCOTT NEAL	6 <sup>TH</sup>	17 <sup>TH</sup>
2014	SCOTT NEAL	5 <sup>TH</sup>	24 <sup>TH</sup>
2013	SCOTT NEAL	6 <sup>TH</sup>	11 <sup>TH</sup>
2012	SCOTT NEAL	5 <sup>TH</sup>	DNP
2011	SCOTT NEAL	6 <sup>TH</sup>	28 <sup>TH</sup>
2010	SCOTT NEAL	4 <sup>TH</sup>	DNP
2009	SCOTT NEAL	3 <sup>RD</sup>	21 <sup>ST</sup>
2008	SCOTT NEAL	4 <sup>TH</sup>	8 <sup>TH</sup>
2007	SCOTT NEAL	5 <sup>TH</sup>	17 <sup>TH</sup>
2006	SCOTT NEAL	5 <sup>TH</sup>	12 <sup>TH</sup>
2005	SCOTT NEAL	3 <sup>RD</sup>	9 <sup>TH</sup>
2004	SCOTT NEAL	4 <sup>TH</sup>	25 <sup>TH</sup>
2003	SCOTT NEAL	4 <sup>TH</sup>	16 <sup>TH</sup>
2002	SCOTT NEAL	4 <sup>TH</sup>	7 <sup>TH</sup>
2001	SCOTT NEAL	3 <sup>RD</sup>	16 <sup>TH</sup>
2000	SCOTT NEAL	7 <sup>TH</sup>	DNP
1999			DNP

### COACHES

SCOTT NEAL (2000-PRESENT)

## **AREA/REGION TITLES**

**NONE**

## **AREA/REGION RUNNER-UP**

**NONE**

## **STATE TOP-10 FINISHES**

**5<sup>TH</sup> – 2018**

**7<sup>TH</sup> – 2016 · 2002**

**8<sup>TH</sup> – 2017 · 2008**

**9<sup>TH</sup> – 2005**

**10<sup>TH</sup> – 2023**

## **SCHOOL RECORDS**

**100 METER DASH – 12.702 – MARIAM ABDULLAH (2006 @ STATE)**

**200 METER DASH – 26.40 – MARIAM ABDULLAH (2005)**

**400 METER DASH – 58.5 – KRISSY ZACHARY (1989)**

**800 METER – 2:30.14 – MOLLY MITCHELL (2023)**

**1600 METER – 5:35.61 – PERRY GRESHAM (2017)**

**3200 METER – 12:16.77 – LUCY ALEXANDER (2021)**

**100 METER HURDLES – 14.79 – ANNA DAVIS (2018)**

**300 METER HURDLES – 44.53 – ANNA DAVIS (2018 @ STATE)**

**SHOT PUT – 36'4 <sup>3</sup>/<sub>4</sub> – JENNIFER JEBODA (2009)**

**DISCUS – 115'3 – VALENCIA WHALEY (2002)**

**HIGH JUMP – 5'1 – JULIANNE SHIRLEY (2023)**

**LONG JUMP – 17'1 <sup>3</sup>/<sub>4</sub> – MARIAM ABDULLAH (2006)**

**TRIPLE JUMP – 36'2 <sup>3</sup>/<sub>4</sub> – AKOSUA BADU (2003)**

**POLE VAULT – 9'6 – ANNA DAVIS (2017) & EMILY GAY (2019)**

**4X100 RELAY – 51.13 – SYDNEY SPIVEY, DAMALI DANAVAL, REID KAFSKY, MACY MURDOCK (2019 @ STATE)**

**4X200 RELAY – 1:47.57 – JACE IBEMERE, DANI PRINCE, JULIANNE SHIRLEY, MACY MURDOCK (2022)**

**4X400 RELAY – 4:07.70 – DANI PRINCE, SOFIA RUEDA, MOLLY MITCHELL, JULIANNE SHIRLEY (2023 @ STATE)**

**4X800 RELAY – 10:29.01 – KAILYN NEAL, MOLLY MITCHELL, CAROLINE BALL, LUCY ALEXANDER (2021 @ STATE)**

## **INDIVIDUAL TOP-5 FINISHES AT STATE MEET**

- **4X400 RELAY – 1<sup>ST</sup> – 4:07.70 (2023)**
- **ANNA DAVIS – 1<sup>ST</sup> – 100 MH 15.05 (2018)**
- **ANNA DAVIS – 1<sup>ST</sup> – 300 MH 44.68 (2018)**
- **MACY MURDOCK – 2<sup>ND</sup> – 300 MH 46.22 (2022)**
- **ANNA DAVIS – 2<sup>ND</sup> – 100 MH 15.14 (2017)**
- **ANNA DAVIS – 2<sup>ND</sup> – 300 MH 44.72 (2017)**
- **KAYLA ARMENTA – 2<sup>ND</sup> – DISCUS 106'8 (2013)**
- **MARIAM ABDULLAH – 2<sup>ND</sup> – TRIPLE JUMP 35'1 (2008)**
- **MARIAM ABDULLAH – 2<sup>ND</sup> – TRIPLE JUMP 34'6 ½ (2006)**
- **MARIAM ABDULLAH – 2<sup>ND</sup> – LONG JUMP 16'6 (2005)**
- **AKOSUA BADU – 2<sup>ND</sup> – TRIPLE JUMP 35'2 (2005)**
- **VALENCIA WHALEY – 2<sup>ND</sup> – DISCUS 109'1 (2002)**
- **ASHLEY HAWKINS – 2<sup>ND</sup> – 300 MH 46.769 (2002)**
- **JULIANNE SHIRLEY – 3<sup>RD</sup> – 400 59.75 (2023)**
- **SYDNEY SPIVEY – 3<sup>RD</sup> – 100 MH 18.55 (2019)**
- **EMILY GAY – 3<sup>RD</sup> – POLE VAULT 9'6 (2019)**
- **ANNA DAVIS – 3<sup>RD</sup> – 200 MH (2016)**
- **MASHA GRIZHEBOVSKAYA – 3<sup>RD</sup> – LONG JUMP 15'10 (2013)**
- **MARIAM ABDULLAH – 3<sup>RD</sup> – LONG JUMP 16'2 (2008)**
- **MARIAM ABDULLAH – 3<sup>RD</sup> – TRIPLE JUMP 35'10 ¾ (2007)**
- **MARIAM ABDULLAH – 3<sup>RD</sup> – LONG JUMP 16'10 ¾ (2006)**
- **AKOUSA BADU – 3<sup>RD</sup> – POLE VAULT 7'6 (2003)**
- **ANGELINA DORMAN – 3<sup>RD</sup> – DISCUS 107'0 (2001)**
- **MACY MURDOCK – 4<sup>TH</sup> – 100 MH 15.60 (2022)**
- **ANNA DAVIS – 4<sup>TH</sup> – LONG JUMP 16'11 (2018)**
- **ANNA DAVIS – 4<sup>TH</sup> – 400 METER (2016)**
- **4X400 RELAY – 4<sup>TH</sup> (2016)**
- **SALLY IDEHEN – 4<sup>TH</sup> – TRIPLE JUMP 34'8 (2011)**
- **CHELSEA JONES – 4<sup>TH</sup> – TRIPLE JUMP 35'3 ½ (2009)**
- **EBONY WILKINSON – 4<sup>TH</sup> – SHOT PUT 35'4 (2008)**
- **AKOUSA BADU – 4<sup>TH</sup> – TRIPLE JUMP 35'4 (2003)**
- **JULIANNE SHIRLEY – 5<sup>TH</sup> – HIGH JUMP 5'0 (2023)**
- **JACE IBEMERE – 5<sup>TH</sup> – TRIPLE JUMP 35-1.50 (2023)**
- **MACY MURDOCK – 5<sup>TH</sup> – 300 MH 46.82 (2021)**
- **CINDY TRUSTY – 5<sup>TH</sup> – DISCUS 104-8 (2018)**
- **JENNI GALLAGHER – 5<sup>TH</sup> - POLE VAULT 9-0 (2018)**
- **4X400 RELAY – 5<sup>TH</sup> (2017)**

- **MASHA GRIZHEBOVSKAYA – 5<sup>TH</sup> – 100 MH 16.13 (2013)**
- **MASHA GRIZHEBOVSKAYA – 5<sup>TH</sup> – 300 MH 47.87 (2013)**
- **ZAINAB ABDULLAH – 5<sup>TH</sup> – 400 METER 61.77 (2005)**
- **ZAKIYA KELLY – 5<sup>TH</sup> – 100 MH 16.89 (2004)**

## **INDIVIDUAL AREA/REGION CHAMPIONS**

- **4X400 RELAY (2023)**
- **JULIANNE SHIRLEY – 400 (2023)**
- **MACY MURDOCK – 100 MH, 300 MH (2022)**
- **DAMALI DANAVALL – DISCUS (2019)**
- **ANNA DAVIS – 300 MH (2018)**
- **MASHA GRIZHEBOVSKAYA – LONG JUMP, 100 MH (2013)**
- **SALLY IDEHEN – TRIPLE JUMP (2011)**
- **SALLY IDEHEN – TRIPLE JUMP (2010)**
- **CHELSEA JONES – TRIPLE JUMP (2009)**
- **JENNIFER JEBODA – SHOT PUT (2009)**
- **OGE OKOYE – HIGH JUMP (2009)**
- **MARIAM ABDULLAH – TRIPLE JUMP, LONG JUMP (2008)**
- **JENNIFER JEBODA – SHOT PUT (2008)**
- **MARIAM ABDULLAH – TRIPLE JUMP, LONG JUMP (2007)**
- **MARIAM ABDULLAH – TRIPLE JUMP, LONG JUMP (2006)**
- **MARIAM ABDULLAH – 100 METER, 200 METER (2005)**
- **AKOSUA BADU – TRIPLE JUMP (2005)**
- **AKOSUA BADU – TRIPLE JUMP (2004)**
- **AKOSUA BADU – TRIPLE JUMP, POLE VAULT (2003)**
- **VALENCIA WHALEY – DISCUS (2002)**
- **ASHLEY HAWKINS – 300 MH (2002)**
- **4X400 RELAY (2002)**
- **VALENCIA WHALEY – DISCUS (2001)**
- **ENO UMOH – 100 MH (2001)**
- **ENO UMOH – 100 MH (2000)**
- **ENO UMOH – TRIPLE JUMP (1999)**
- **KILEY SANDERS-MORGAN – DISCUS (1999)**
- **KRISSY ZACHARY – 400 METER (1989)**