

# ***PROGRAM HISTORY & RECORDS- SWIMMING***

**2011-Present**



## **SEASON-BY-SEASON**

<b>Season</b>	<b>Head Coach</b>	<b>Boys State</b>	<b>Girls State</b>
<b>2023-24</b>	Tamara Griffis	8 <sup>th</sup>	6 <sup>th</sup>
<b>2022-23</b>	Rachel Nichols	12 <sup>th</sup>	8 <sup>th</sup>
<b>2021-22</b>	Rachel Nichols	15 <sup>th</sup>	8 <sup>th</sup>
<b>2020-21</b>	Rachel Nichols	39 <sup>th</sup>	33 <sup>rd</sup>
<b>2019-20</b>	Rachel Nichols	7 <sup>th</sup>	-
<b>2018-19</b>	Annette Cochran	22 <sup>nd</sup>	24 <sup>th</sup>
<b>2017-18</b>	Annette Cochran	N/A (4 Events)	N/A (4 Events)
<b>2016-17</b>	Annette Cochran	41 <sup>st</sup>	45 <sup>th</sup>
<b>2015-16</b>	Annette Cochran	39 <sup>th</sup>	N/A (1 Event)
<b>2014-15</b>	John Fede	N/A (1 Event)	50 <sup>th</sup>
<b>2013-14</b>	Stephanie Witham	41 <sup>st</sup>	N/A (1 Event)
<b>2012-13</b>	John Fede	-	N/A (1 Event)
<b>2011-12</b>	Carol Yandell		N/A (1 Event)

## **COACHES**

Tamara Griffis (2023-Present)  
Rachel Nichols (2019-23)  
Annette Cochran (2015-19)  
John Fede (2012-13; 2014-15)  
Stephanie Witham (2013-14)  
Carol Yandell (2011-12)

## **BOYS STATE TOP-16 FINISHES**

7<sup>th</sup> – 2019-20 · 8<sup>th</sup> – 2023-24 · 12<sup>th</sup> – 2022-23 · 15<sup>th</sup> – 2021-22

## **GIRLS STATE TOP-16 FINISHES**

6<sup>th</sup> – 2023-24 · 8<sup>th</sup> – 2022-23 · 8<sup>th</sup> – 2021-22

## **BOYS SCHOOL RECORDS**

50 Free – 21.51 – John Nichols (2020)  
100 Fly – 52.79 – John Nichols (2020)  
100 Free – 46.84 – John Nichols (2020)  
100 Back – 55.64 – Nick Stelmack (2017)  
100 Breast – 1:00.79 – Hunter Weyrich (2020)  
200 Free – 1:48.35 – Emre Sungur (2022)  
200 Im – 1:59.60 – Emre Sungur (2022)  
500 Free – 5:07.08 – Hunter Weyrich (2019)  
200 Medley Relay – 1:39.61 (N Stelmack, Hunter Weyrich, John Nichols, R Barron) (2018)  
200 Free Relay – 1:34.61 (Chris Geiger, Nelson Wilkinson, Caden Griffis, Riley Barron) (2020)  
400 Free Relay – 3:21.20 (John Nichols, Cady Griffis, R Barron, Hunter Weyrich) (2020)

## **GIRLS SCHOOL RECORDS**

50 Free – 24.60 – Madison Dampier (2023)  
100 Fly – 54.99 – Madison Dampier (2024) \*State Championship Finals  
100 Free – 55.14 – Madison Dampier (2021)  
100 Back – 1:01.72 - Madison Dampier (2021)  
100 Breast – 1:10.58 – Madison Dampier (2023)  
200 Free – 1:52.54 – Madison Dampier (2024) \*State Championship Finals  
200 Im – 2:08.54 – Madison Dampier (2023)  
500 Free – 5:06.54 – Montgomery Dampier (2022)  
200 Medley Relay – 1:57.29 (Carsyn Griffis, Mattie Patterson, Madison Dampier, Molly Rickman (2024) \*State Finals  
200 Free Relay – 1:44.92 (Virginia Griswold, Norah Griswold, Maggie Jackson, Reid Kafsky (2018)  
400 Free Relay – 3:49.58 (Montgomery Dampier, Karis Tatum, Daya Ssemakula, Madison Dampier (2022)

## **BOYS INDIVIDUAL STATE TOP-10**

- Boys 200 Medley Relay – 3<sup>rd</sup> – 2023-24
- Emre Sungur – 3<sup>rd</sup> – 500 Free – 2021-22
- Emre Sungur – 4<sup>th</sup> – 200 Im – 2021-22
- John Nichols – 4<sup>th</sup> – 50 Free – 2019-20
- Boys 400 Free Relay – 5<sup>th</sup> – 2019-20
- John Nichols – 6<sup>th</sup> – 100 Fly – 2019-20
- Boys 400 Free Relay – 6<sup>th</sup> – 2023-24
- Boys 200 Medley Relay – 6<sup>th</sup> – 2019-20
- Boys 200 Medley Relay – 6<sup>th</sup> – 2018-19
- Boys 400 Free Relay – 6<sup>th</sup> – 2018-19
- Boys 400 Free Relay – 7<sup>th</sup> – 2022-23
- Hunter Weyrich – 7<sup>th</sup> – 200 Im – 2019-20
- Boys 200 Medley Relay – 7<sup>th</sup> – 2017-18
- Boys 400 Free Relay – 7<sup>th</sup> – 2017-18
- Boys 200 Free Relay – 8<sup>th</sup> – 2023-24

- Boys 200 Medley Relay – 8<sup>th</sup> – 2022-23
- John Nichols – 9<sup>th</sup> – 50 Free – 2018-19
- Boys 200 Free Relay – 10<sup>th</sup> – 2022-23
- Savva Ivakin – 10<sup>th</sup> 50 Free – 2015-16

### **GIRLS INDIVIDUAL STATE TOP-10**

- Madison Dampier – 1<sup>st</sup> – 100 Fly – 2023-24
- Madison Dampier – 1<sup>st</sup> – 200 Free – 2023-24
- Madison Dampier – 1<sup>st</sup> – 100 Fly – 2022-23
- Madison Dampier – 2<sup>nd</sup> – 200 Im – 2022-23
- Montgomery Dampier – 2<sup>nd</sup> – 500 Free – 2021-22
- Isabeau Keene – 3<sup>rd</sup> 1m Dive – 2018-19
- Girls 200 Medley Relay – 4<sup>th</sup> – 2023-24
- Montgomery Dampier – 4<sup>th</sup> – 200 Free – 2021-22
- Madison Dampier – 4<sup>th</sup> – 200 Im – 2021-22
- Madison Dampier – 4<sup>th</sup> – 100 Fly – 2021-22
- Mattie Patterson – 5<sup>th</sup> – 200 Im – 2023-24
- Girls 200 Free Relay – 5<sup>th</sup> – 2023-24
- Girls 400 Free Relay – 5<sup>th</sup> – 2022-23
- Girls 200 Free Relay – 5<sup>th</sup> – 2017-18
- Mattie Patterson – 6<sup>th</sup> – 100 Fly – 2023-34
- Girls 200 Medley Relay – 6<sup>th</sup> – 2022-23
- Girls 400 Free Relay – 6<sup>th</sup> – 2021-22
- Girls 400 Free Relay – 7<sup>th</sup> – 2018-19
- Girls 200 Free Relay – 7<sup>th</sup> – 2018-19
- Virginia Griswold – 7<sup>th</sup> – 100 Fly – 2017-18
- Girls 400 Free Relay – 8<sup>th</sup> – 2017-18
- Girls 400 Free Relay – 9<sup>th</sup> – 2023-24
- Mattie Patterson – 10<sup>th</sup> – 100 Free – 2022-23
- Girls 200 Medley Relay – 10<sup>th</sup> – 2021-22
- Virginia Griswold – 10<sup>th</sup> – 100 Back – 2018-19

### **ALL-STATE**

Madison Dampier 2024 GHSSCA Swimmer of the Year (1A-3A)

Madison Dampier 2024 GHSSCA 1st Team All-State

Carsyn Griffis 2024 GHSSCA 2nd Team All-State

Mattie Patterson 2024 GHSSCA 2nd Team All-State

Molly Rickman 2024 GHSSCA 2nd Team All-State

Grayson Penland 2024 GHSSCA 2nd Team All-State

Henry Rickman 2024 GHSSCA 2nd Team All-State

Caden Polley 2024 GHSSCA 2nd Team All-State

QianFeng William Xu 2024 GHSSCA 2nd Team All-State