

Tallulah Falls School

Boys Track & Field

Boys Legacy List 3/12/20

Top Performances since '85 (not inc '86-87)

100m <12.0

10.94 FAT	Zatrack Pearce (So Sect Landmark)	'15
11.21 FAT	Kofi Amanhya (Sr. State Pre)	'07
	10.91 Rab, 11.08 Reg, 11.15	
11.1	Joe Morrison (10.98)	'98
11.20	Darren Davies (Sr. Reg Jeff)	'08
11.33 FAT	Ethen Besier (Landmark)11.18ht AA	'15
11.4	Rodney Carey	'89
11.44	Ajani McIntosh (Landmark)	'18
11.70FAT	Ajani McIntosh(So.)(Area AA)	'17
11.75	Angelo Rodriguez (Rab 2)	'06
11.80FAT	Alfie Barnor(So.)(Area AA)	'17
11.81FAT	Mohamed Kanu (Jr. Landmark)	'19
11.83	Malcolm Jones (Jr. Rabun)	'10
11.83	Conner Brown (JR HAB. CO)	'14
11.9	Robert Sepulveda (Soph)	'99
11.9	Barry Ware	'95
11.95	Simeon Respress (Landmark)	'19
11.96	Humphrey Stryker (Jr)	'99
11.98	Michael Dawonde (Jeff)	'05
12.03HT	Thala Freeman(Jr.)(Hab)	'16
12.05	Ian McClary (Rab Co)	'03
12.08	Bobby Purdue (Q-Jr. Rab Co)	'06
12.1	Kyle Kolbialka	'99
12.11	Abdul Deen (Sr. Jacks Co)	'08
12.12	Miles Lewis (SO RAB.CO.)	'14
12.14 FAT	Michael Illuma (SR. Landmark)	'14
12.19	Karim Kanu (Jr. Rab Co)	'06
12.25	Scott Simon	'96
12.26	Brandon Thompson (Jr.RC)	'12
12.27	Caleb Walden (Fr. Hab.)	'12
12.3	Brannon Lyles	'00

200m < 25.0

21.85 FAT	Zatrack Pearce(Sr. State Berry, 2nd)	'17
22.57	Kofi Amanhya (Sr. Reg Jeff)	'07
23.0	Joe Morrison	'98
23.2	Rodney Carey	'89
23.39FAT	Thala Freeman(Sr. Area AA)	'17
23.41	Darren Davies (Jr. Reg Jeff)	'07
24.06 FAT	Quincy Green-Wright (Landmark Sr)	'15
24.12ht	Jake Carmack (Sr Athens)	'15
24.24	Ajani McIntosh (Landmark)	'19
24.31 FAT	Jake Carmack (SO HAB.CO.)	'14
24.35	Bobby Purdue (Jr. Rab Co)	'06
24.38FAT	Rolain Saintilus (Fr. Marist)	'17
24.5	Chris Batista	'99
24.53	Caleb Walden (JR. Bo James)	'10
24.54	Brannon Lyles	'00
24.56ht	Grey Bourlet (So. Hab)	'19
24.66ht	Mohamed Kanu (Jr. Commerce)	'19
24.72	Michael Illuma (Sr. Landmark)	'14
24.73	Barry Ware	'95
24.79	Angelo Rodriguez (So. White Co)	'06
24.92	Mohamed Kanu	'19
24.84	Grey Bourlet	'19
24.86	Michael Dawonde (HabCent)	'05
25.14 FAT	Ajani McIntosh(So.)(Marist)	'17
25.2	Scott Simon	'98

400m < 55

48.14FAT	Zatrack Pearce(Sr.State Berry, Champ)	'17
51.37HT	James Davis(Sr.)(Hab)	'16
51.1	Joe Morrison	'98
51.11	Rodney Carey	'89
52.17FAT	Casey Bradshaw (So. Reg)	'06
52.64	Grey Bourlet	'19
53.29 ht	Quincy Green-Wright (Sr Jefferson)	'15
53.44	Chris Geiger	'19
53.54	Bobby Purdue (Jr. Jeff)	'06
53.58 FAT	Jake Carmack (Sr Area Ath Acad)	'15
53.83	Rolain Saintilus(Fr. Marist)	'17
54.22	Alex Hubbard (Jefferson)	'03
54.48	Darren Davies (Jr. Rab#3)	'07
54.84	Caleb Walden (Jr. RAB.CO.)	'14
55.32FAT	Thala Freeman(Jr.)(Area AA)	'16
55.7	Beau Eller	'99
55.77	Aiah Yobah (Fr. Hab Cen)	'07
55.90	Brandon Mbaba (Sr. Ra Co)	'11
55.98	Ibrahim Songowa (Jr. Jeff)	'03
56.19	Chase Provine-Sterner(RC 4-12)	'13
56.25	David Doud	'96
56.33	Alston Thornton (So. Reg. Jeff)	'05
56.33 FAT	Quincy Green-Wright (Jr. HAB.)	'14
56.87	Jimmy Sandi (Sr. Reg Jeff)	'07
57.1	Brannon Lyles(Jr)	'99
58.0	Angelo Rodriguez (Jr. Rab)	'06

800m < 2:15

2:02.00	Alex Hubbard (Gainesville)	'03
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2:02.58FAT	Chris Geiger (Jr. Area GWA)	'19
2:06.13FAT	Aaron Hughes(So. Sectional)	'17
2:07.1	Courtney Stroud	'87
2:08.76 FAT	Casey Bradshaw (So. GAC)	'06
2:10.69	Jason Wright	'96
2:11.34 FAT	Zac Smith (Jr. GAC)	'18
2:14.64 FAT	Stephen Chung(Reg. Jeff)	'02
2:14.843FAT	Landrum Parker(Jr.RegionAA)	'12
2:14.98 FAT	Nikko Pujara (Area)	'13
2:15.5	Billy Estes	'85
2:15.79	Yekelel Gurmessa (Fr.Rab)	'06
2:16.7	Bahiru Kefeni (Jr Wes)	'06
2:16.7	Damon Wood	'91
2:18.39 FAT	Ron Lundquist (Reg. Jeff)	'02
2:19	Robert Molard	'01
2:19	Tim Holland	'97
2:19.20	MinSuk Lee (So. Reg. AA)	'10
2:20.16	Jimmy Sandi (Sr Rab)	'07
2:20.9	Jamie Pressley	'99
2:20.95	Bobby Purdue (Jr. Buf)	'06
2:21.77	Taniel Knowles	'16
2:22.42	Eli Mehlferber (Sr. Hab.)	'12
2:24.20	Will Grimsley (So. AC)	'12
2:25.57 FAT	Fred Jackson (Landmark Fr)	'15

1600m < 5:20

4:34.50 FAT	Alex Hubbard (Reg. Champ)	'03
4:38.1	Courtney Stroud	'87
4:41.18 FAT	Robert Molard (State)	'01
4:42.80	Mike Wood(Reg. Champ)	'92
4:44.08	Chris Geiger	'19
4:54.38	Jeff West	'85
4:54.50	Yekelel Gurmessa (Reg Jeff)	'07
4:56.69FAT	Aaron Hughes(Fr.)(Dragon invite)	'16
4:58.66 FAT	Zac Smith (Jr. Prov)	'18
5:01.10	Casey Bradshaw (So. Rab)	'06
5:04.38FAT	Will Grimsley (Area 2)	'13
5:05.29 FAT	Caleb Griffs(Fr.)(Dragon invite)	'16
5:05.72FAT	Eli Mehlferber(Sr.Region AA)	'12
5:08.49	Collin Slep (Fr. Jefferson)	'04
5:08.96 FAT	Fred Jackson (Landmark Fr)	'15
5:12	Tim Holland	'97
5:12.90	Bahiru Kefeni (Jr. Rab)	'06
5:15.16	Alvaro Anton-Ripoll (JV)	'08
5:25.32 FAT	Robert Durand (Fr. Area Ath Acad)	'15

3200m < 11:30.00

10:03.16	Mike Wood (State Champ)	'92
10:03.75 FAT	Alex Hubbard (State4th)	'02
10:19.89 FAT	Robert Molard (Reg Champ)	'01
10:22	Chris Pic	'90
11:02.92 FAT	Will Grimsley (Area)	'13
11:05.85FAT	Caleb Griffs(So. Bojangles)	'16
11:07.61	Collin Slep (Fr Reg @ Jeff.)	'04
11:10.39	Alvaro Anton-Ripoll (JV)	'08
11:12.87	Yekelel Gurmessa (Fr Rab)	'06
11:35.40FAT	Zac Smith (Jr. Prov)	'18
11:45HT	Eli Mehlferber (Sr.GAC)	'12
12:02	Bahiru Kefeni (Jr. RabCo)	'06

110m Hurdles <20.0

14.97 FAT	Grey Bourlet (So. State Berry 3rd)	'19
15.14 FAT	James Davis (Sr.)(Area AA)	'16
16.21 FAT	Calvin Oh (Fr. Reg. Jeff)	'08
16.19ht (.54fat Jef)	Michael Dawonde WhAcad	'05
16.23	Cusai Alfred-Igbokwe(Sr. Sectional)	'17
16.99	Michael Nixon	'94
17.04 FAT	Brendan Harrelson(Area)	'13
17.06	Ibrahim Songowa (Whitefld)	'03
17.34	Axel Isabane (Sr. Rab.)	'07
17.93	Sean John (Winder)	'02
18.24 FAT	Abdul Deen (Sr. Reg. Jeff)	'08
18.61	Ezbon Jacob (Reg. Jeff)	'05
18.81	Kwabena Badu (Whitefield)	'03
18.94	Brandon Mbaba (So. Ogle)	'09
19.30	Bahiru Kefeni (Jeff Tri)	'06
19.31	Kit Kloster (Jr. RS)	'12
19.37	Connor Clarke (So. RC)	'12
19.5	Marc Snow	'99
19.5	Jimmy Neal	'97
19.51 FAT	Eric Murienzi (Sr. Eagle Invite)	'17
19.57	Devin Pruchnicki (Fr. HC)	'07
19.87 FAT	Chris Jeboda (Fr. Jeff Relay)	'08
20.0	John Williams	'91
20.5	Kyle Kolbialka	'99
20.7	Kevin Weems	'90

300m Hurdles < 47.3

38.76 FAT	James Davis (Sr.)(Area AA)	'16
40.27HT	Grey Bourlet (So. Com)	'19
40.67 FAT	Grey Bourlet (So. Area GWA)	'19
41.35 FAT	Calvin Oh (Fr. Reg. Jeff.)	'08
42.12 FAT	Sean John (State)	'02
42.29	Axel Isabane (Sr. Rab)	'07
42.49	Michael Dawonde (Sr. Reg)	'05
42.59	Ibrahim Songowa (Jr.Reg. Jeff)	'05

44.37	Beau Eller	'98
44.88 FAT	Cusai Alfred Igbokwe(Sr. Marist)	'17
45.28	Bahiru Kefeni (Jeff Tri)	'06
45.86	Ezbon Jacob (So. Reg Jeff)	'05
46.0	David Doud	'95
47.02FAT	Kit Kloster (Jr.RegionAA)	'12
47.1	Damon Wood	'91
47.25	Michael Nixon	'94
47.33	Barry Ware	'95
47.38	Chris Jeboda (Fr. Reg. Jeff)	'08
47.7	Ron Lundquist(Gainesville)	'03
47.72	Brendan Harrelson (So.AA)	'12
48.3	Chris Bissell	'85
49.2	Marc Snow	'99
49.3	Yong Kim (Jr. AA)	'11
49.33 FAT	Brandon Mbaba(Boys Region)	'09
49.36 FAT	Quincy Green-Wright (Jr. Regions)	'14
49.87 FAT	Joe Avery (Reg. Jeff)	'02

400m Relay < 48.6

43.81FAT	James Davis(Sr.), Ethen Besier,(Sr.)	'16
	Thala Freeman(Jr.), Zatrack Pearce(Jr.)(Area AA)	
43.92FAT	Ajani McIntosh(So.), Thala Freeman(Sr.),	'17
	Rolain Saintilus(Fr.), Zatrack Pearce (Sr.)(Area AA)	
44.12 FAT	Ethen Besier (Jr), Jake Carmack (Sr),	'15
	James Davis (Jr), Zatrack Pearce (So) (Landmark)	
44.70 FAT	James Davis(So.), Ethen Besier(So.)	'14
	Jake Carmack(Jr.), Caleb Walden(Jr.) (Sectionals)	
44.79 FAT	Ajani McIntosh (Sr), Grey Bourlet (So)	'19
	Gabe Illuma (Jr), Mohamed Kanu (Jr) GWA	
45.04	Axel Isabane, Darren Davies	'07
(Reg. Jeff)	Aiah Yobah, Kofi Amanhya	
45.42 (Reg)	Angelo Rodriguez, K. Amanhya	
45.66FAT	Axel Isabane, Casey Bradshaw	'06
45.8	Mitchell Brown, D Wood	'91
	Jason Callaway, Danny Dent	
45.85	Calvin Oh, Abdul Deen (Reg. Jeff)	
	Chris Jeboda, Darren Davies	'08
46.38	Nikko Pujara, Brendan Harrelson	'13
(RC 4-12)	Caleb Walden, Jake Carmack	
46.72	Axel Isabane, Alston Thornton	'06
	Kofi Amanhia, CaseyBradshaw	
46.8	Brown, Wood	'91
	Callaway, Dent	
46.84	Scott Simon, Max Penny	'97
	David Cummings, Joe Morrison	
47.00	K Amanhya, A Thornton	'06
	K Kanu, C Bradshaw (GAC)	
47.035	Nikko Pujara, Brendan Harrelson	'13
(White Co) Connor	Clarke, Connor Brown	
47.06	A. Rodriguez, C Bradshaw	'06
	Kofi Amanhya, A Thornton	'89
47.2	Courtney Stroud, D Wood	'06
	Mike Wood, Rodney Carey	
47.22	Angelo Rodriguez, Kofi Amanhya	
	Karim Kanu, Axel Isabane (Jeff)	'06
47.46	James Davis, Conner Brown	'13
	Connor Clarke, Quincy Green-Wright	
47.5	Jamie Pressley, B Eller	'98
	Humphrey Stryker, Joe Morrison	
47.5	Scott Simon, Beau Eller	'98
	Humphrey Stryker, Joe Morrison	
47.58	Songowa, Coleman	'03
	Badu, Mugisha (Wesleyan)	
47.6	Kyle Kobiaka, B Eller	'98
	Humphrey Stryker, Joe Morrison	
47.6	DaMour, Max Penny	'97
	David Cummings, Joe Morrison	
47.87	Nikko Pujara, James Davis	'13
	Jake Carmack, Caleb Walden	
47.88	Eric Mun, Bahiru Kefeni	'06
	Karim Kanu, Bobby Purdue	
47.91	Songowa, Coleman	'03
	Mugisha, Hubbard (Gainesville)	
48.08	Angelo Rodriguez, Kofi Amanhya	
	Alston Thornton, Brian Oh	'06
48.21	Axel Isabane, Michael Dawonde,	
	Alston Thornton, Ezbon Jacob	'05
48.26	Conner Brown (Jr.), Brendan Harrelson	
	(Sr.) '14 Michael Illuma(Sr.), Gabriel Farris(Sr.) (Landmark)	'14
48.26	Ibrahim Songowa, Adrien Coleman	
(Jeff.)	Kwabena Badu, Alex Hubbard	'03
48.33	Nikko Pujara, Jake Carmack	'12
	Brendan Harrelson, Brandon Thompson (Hab.)	
48.7	Jamie Pressley, R Sepulveda	'99
	Humphrey Stryker, Kyle Kolbialka	
48.63	Scott Simon, D Doud	'95
	David Cummings, Barry Ware	

800m Relay		14:34.04	Chase Provine-Sterner, Landin Fiero (Buford)	18' 4 ½	Jason Callaway	'91
1:36.84	Ajani McIntosh(So.), Thala Freeman(Sr.), '17		Jiwan Yoon, Bobby Charbonier	'13	Kyle Kolbialka	'99
	Alfie Barnor(So.), Zatrack Pearce(Sr.)				Simeon Repress	'18
	(East Jackson)				18' 3	Angelo Rodriguez (Jeff Tri)
1:45.06	Nikko Pujara, James Davis '13	Shot >37'		18' 2 3/4	Ezbon Jacob (So. Reg Jeff)	'05
(Buford)	Caleb Walden, Jake Carmack	49' 10	Karim Dembele (Sect.)	'13	18' 1	Kwabena Badu (GAC)
1:49.80	Ethen Besier, Kit Kloster '13	45' 9	Karim Kanu (Jr. Buford)	'06	18' 1	Ian McClary (Rab Co)
(Buford 3-26)	Connor Clarke, Connor Brown	44' 11 ½	Max Penny	'97	18' 1	Barry Ware
1:56.86	Landin Fiero, Quincy Green-Wright '13	41' 4	Max Samples (Boys Region)	'09	18' ½	Michael Dawonde (Jeff)
	Chase Provine-Sterner, Bobby Chabonier	40' 10 ½	Malcolm Jones (Sr AA)	'11		
		40' 4"	Ethen Besier (Jr Athens)	'15		
		39' 11 ½	Thala Freeman(Sr.)(Area AA)	'16	Triple Jump > 38	
		39' 7	Dino Munroe (Jr. Jeff.)	'07	42' 11 ¾	Adrien Coleman (Sr. State)
		38' 8 ½	Jimmy Neal	'97	42' 10	Thala Freeman(Sr)(Sectionals)
3:27.75	Ethan Besier(Sr.), Thala Freeman(Jr.) '16	37' 11 ½	Matt Carlisle	'95	42' 9	Abdul Deen (Sr. Reg. Jeff)
	Zatrack Pearce(Jr.), James Davis(Sr.)	37' 10	Kevin Weems	'94	41' 8 ¾	Michael Dawonde (Sr. State)
3:27.81 FAT	Jake Carmack, Quincy Green-Wright '15	37' 9	Jamie Pressley	'00	39' 11 ½	Kwabena Badu (Wesleyan)
	Ethen Besier, Zatrack Pearce (State – Jeff)	37" 7	Taylor Asman (So. AA)	'14	39' 10 ¾	Brendan Harrelson (Area)
3:29.04FAT	Rolain Saitilus(Fr.), Aaron Hughes(So.)	35' 8	Keith Kersey	'99	39' 2	Mohamed Kanu (Area, GWA)
	Thala Freeman(Sr.), Zatrack Pearce(Sr.)	35' 4	Chad Smith (So Hab)	'11	38' 11 ¾	Ibrahim Songowa (Gainesville)
	(Area AA)	35' 3 ½	Justin Turpin (HC)	'03	38' 6	Gabriel Farris (Sr. Hab. Co.)
3:31.12 FAT	Ethen Besier (Jr), Jake Carmack (Sr), '15				38' 6	Harrelson, Brendan(So. AA)
	Quincy Green-Wright (Sr), James Davis				38' 5 ½	Humphrey Stryker
	(Jr) (AA)				38' 5	Alston Thornton (Jr. Rab)
3:31.70 FAT	Ethen Besier (So.), James Davis(So.) '14	Discus > 90'			38' 2	Brannon Lyles
	Jake Carmack(Jr.), Caleb Walden(Jr.)	150' 5	Karim Dembele (State)	'13	38' 2	Frank Chan
	(Boys State)	142' 11	Chance Bess (Sr. State@Berry)	'19	38' 2	Axel Isabane (Jr. Wes)
3:35.48 FAT	A Rodriguez, Bahiru Kefeni '06	137' 9	Malcolm Jones (Sr. AA)	'11	38' 1 ½	James Davis (HC)
	K. Amanhya, C Bradshaw (Reg.)	136' 11	Ethen Besier (Jefferson Jr)	'15	37' 5	Jesse Gulle (Fr – Area Ath Ac)
3:38.74	A Rodriguez, K. Kanu (Jeff) '06	127' 7	Karim Kanu Jr. (Reg. Jeff)	'06	37' 3 ½	Sean John
	B Purdue, C Bradshaw	122' 8	Jamie Pressley	'00	37' ½	
3:39.29	Aiah Yobah, Jimmy Sandi '07	115' 10	Max Penny	'97		
(Hab Cen)	Darren Davies, Kofi Amanhya	115' 6	Justin Turpin (RabCo)	'03	Pole Vault > 9' 0	
3:39.47	A Rodriguez, K Amanhya '06	112' 5	Jimmy Neal	'97	15' 1"	James Davis (Jr State Jeff)
	A Isabane, C Bradshaw (Rab 2)	110' 0	Chuck Couture	'85	12' 8	Grey Bourlet TFS /RC
3:40.78	Songowa, Lundquist '03	108' 9	Keith Kersey	'99	12' 6	Grey Bourlet (Area @ GWA)
	Mugisha, Hubbard (Reg. Jeff)	108' 0	Chance Bess(So.)(Area AA)	'17	12' 6	Gabe Illuma (Jr @ Heb
3:43.10	James Davis, Chase Provine-Sterner	106' 6	Larry Milner	'01	12' 0	Ethen Besier (Sr.)(Area AA)
(White C)	Jake Carmack, Caleb Walden '13	106' 4	Caleb Griffis (Sr. Commerce)	'19	11' 6	Marc Snow (Reg. Champ)
3:44.00	Angelo Rodriguez, Karim Kanu '06	102' 0	Dino Munroe (Jr. Buford)	'07	11' 0	Beau Eller(fr)
	Kofi Amanhya, Bahiru Kefeni (Jeff)	98' 9"	Brendan Harrelson (Sr. Weaslyn)	'14	10' 6	Connor Clark (RC)
3:44.48	Axel Isabane, Jimmy Sandi '07	98' 6	Matt Carlisle	'95	10' 6	Gabe Illuma (Fr.)(Landmark)
(Rab#3)	Darren Davies, Kofi Amanhya	98' 5 ½	Max Samples (Buford)	'09	10' 0	Collin Slep (Reg Jeff)
3:46.3	Brown, D. Wood '91	98' 1	Beau Eller	'99	10' 0	Jimmy Sandi (Sr. Rab)
	Callaway, Dent	97'61/2	Chad Smith (So Ra Co)	'11	9' 6	John Luke Gallagher(So. Landmark)
3:46.81	A Rodriguez, B Kefeni '06	96' 0	Max Samples (Jr. GAC)	'09	9' 6	Lennart Ehlers (Jr. Ra Co)
	A Thornton, C Bradshaw (Buford)	94' 6	Joe DaMour	'97	9' 0	Alex Hubbard (Jefferson)
3:47.00	James Davis, Jake Carmack '13	92' 10	Dixon	'98	9' 0	Nikko Pujara (So. RC)
(RC 3-16)	Caleb Walden, Conner Brown				9' 0	Eric Hogan(So.)(East Jackson)
		High Jump >5' 6			8' 6	Ron Lundquist (Rab Co)
3:48.60 FAT	A Thornton, K Kanu (GAC) '06	6' 10	Brandon Mbaba (Sr. AA)	'11	8' 6	Malcolm Jones (So.Reg. AA)
	B Kefeni, C Bradshaw	6' 4	Abdul Deen (Sr. State Jeff)	'08	8' 6	Devin Pruchnicki (Fr.Rab)
3:48.8	Courtney Stroud, D Wood '90	6' 2	Adrien Coleman (Fr Co, GA)	'02	8' 6	Landin Fiero (White Co.)
	Mike Wood, Rodney Carey	6' 0	Thala Freeman (Sr.)(Bo James)	'17	8' 6	Alfie Barnor(So.)(Marist)
3:49.5	Angelo Rodriguez, Karim Kanu '06	6' 0	Simeon Respress (Fr) Sectionals	'18	8' 0	Yonathan Abiyi (Jeff Tri)
	Yekekal Gurnessa, Bobby Purdue	5' 10	Robert Mugisha (GAC)	'03		
3:50.47	Songowa, Mugisha '03	5' 10	Jamie Pressley	'99		
	Dawonde, Hubbard (Wesleyan)	5' 10	Kirk Sullivan	'94		
3:51.58FAT	Nikko Pujara, Eli Mehlferber, '12	5' 10	Zatrack Pearce(Jr.)(Bo James)	'16		
(Reg.AA)	Jake Carmack, Caleb Walden	5' 10	Tahj Moos(Jr)(Commerce)(JV)	'17		
3:52.10	Nikko Pujara, Brendan Harrelson '13	5' 8"	Eric Murienzi(Sr.)(Area AA)	'17		
	Ethen Besier, Connor Brown	5' 8"	Gabe Farris (Sr. Landmark)	'14		
3:54.13 FAT	Sean John, Joe Avery '02	5' 8	Michael Dawonde (Sr. Wes)	'05		
(Reg. Jeff)	Alex Hubbard, Stephen Chung	5' 8	Adrian Parreira(Reg. Jeff)	'02		
3:55.4	Petty, Wood '88	5' 6"	Brandon Mbaba (Buford)	'09		
	Pic, Carey	5' 6	James Davis (SO. Regions)	'14		
3:55.64 FAT	Axel Isabane, Aiah Yobah '07	5' 6	Robert Mugisha (HC)	'03		
(GAC)	Jimmy Sandi, Darren Davies	5' 6	Damon Wood	'89		
3:56.19	Sean John, Stephen Chung '01	5' 6	D.J. Wesinger	'88		
	Robert Molard, Jon. Cabrera	5' 6	Daniel Onyemelukwe	'16		
3:56.90	Songowa, Mugisha '03	5' 4	Rolain Saitilus(Fr.)(East Jackson)	'17		
	Badu, Hubbard (Whitefield)	5' 4	Chuks Azih (HC)	'03		
3:57.31	Songowa, Badu '03	5' 4	Kyle Kolbialka	'99		
	Lundquist, Hubbard (Jefferson)	5' 4	Jonathan Cabrera	'01		
		5' 4	Angelo Rodriguez (So. Buf)	'06		
		5' 4	Bahiru Kefeni (Jr. Reg. Jeff)	'06		
Sprint Medley Relay (100-100-200-400)						
1:42.15 FAT	Axel Isabane, Kofi Amanhya '07	Long Jump > 18'				
(Roswell)	Darren Davies, Aiah Yobah	22' ½	Brandon Mbaba (Sr. Wh Co)	'11		
1:42.51	Axel Isabane, Aiah Yobah '07	21' 6	Adrien Coleman (Reg. Jeff)	'03		
(Buford)	Darren Davies, Kofi Amanhya	21' 3"	Zatrack Pearce(Sr.) (Area AA)	'17		
1:59.73	Eric Mun, Bennett Byun '07	20' 8 ½	Joe Morrison	'98		
(Buford)	Jimmy Sandi, Devin Pruchnicki	19' 10	Mitchell Brown	'91		
1:53.38	Eric Cho, Malcolm Jones, Brandon (NEGA Rel)	19' 9 ¼	Courtney Stroud	'89		
	Mbaba, Minsuk Lee '10	19' 8	Kofi Amanhya (Sr. Reg. Jeff)	'07		
		19' 7	Kirk Sullivan	'94		
Medley (200-200-400-800)		19' 1 ¾	Karim Kanu (Jr. Buford)	'06		
4:03.03 FAT	Axel Isabane, Aiah Yobah '07	19' 1 ½	Chris Batista	'99		
(Roswell)	Jimmy Sandi, Yekekal Gurnessa	18' 10 ½	Darren Davies (Reg. Jeff)	'08		
4:14.92	Kofi Amanhya, Darren Davies	18' 10 1/4	Brandon Thompson(Jr. AA)	'12		
(Buford)	Aiah Yobay, Jimmy Sandi '07	18' 9 ¼	Adrian Parreira(Reg. Jeff)	'02		
		18' 9	Jesse Gulle (So)	'16		
		18'8.50"	Michael Illuma (Sr. Regions)	'14		
Distance Medley (400-800-1200-1600)		18' 8 ½	Mark Burdette	'85		
12:16.36	Thala Freeman(Sr.), Zatrack Pearce(Sr.), Caleb	18' 7	Robert Mugisha (Gainesville)	'03		
	Griffis(So.), Chris Geiger(Fr.) (East Jackson)	18' 5 ½	Mohamed Kanu (Area, GWA)	'19		
13:05.77	Kit Kloster, Nikko Pujara '13	18'4.50"	Brendan Harrelson (Sr.Weslyan)	'14		
(Buford)	Jake Carmack, Will Grimsley	18' 4 ½	Brannon Lyles	'00		

**Tallulah Falls School
Indians Track & Field
Girls Legacy List
Top Performers since '88
5/11/19 incomplete**

100m <14.0

12.702 FAT Mariam Abdullah (State)	'06
12.66FAT? Mariam Abdullah (RegPre)	'08
12.98 FAT Reid Kafsky (Jr. Lndmrk)	'19
13.00 Ashley Hawkins (Hab Cent)	'02
13.13 Eno Umoh Sr	'00
13.28 Dejah Howard (Fr. Jeff)	'08
13.36 Masha Grizhebovsckaya (So. AA)	'12
13.44 FAT Damali Danavall (Jr. ??)	'18?
13.57 Cynthia Sullivan (So WhiteCo)	'10
13.68 Emily Brooks (RC)	'13
13.70 Alexis Brooks (RC)	'13
13.7 Krissy Zachary	'89
13.71HT Gaby Ajibade(So.)(Rab.Co)	'16
13.9 Kelly Conner	'88
13.92 Zainab Abdullah	'04
13.92 Lindsey Hodge (Fr. Rab)	'07
13.94 Emily Gay (Landmark)	'19
13.95 Kiley Morgan	'96
14.00FAT Isabella Foster(Fr.)(Lndmrk)	'16
14.03 Akosua Badu (Sr. Wesleyan)	'05
14.12 Kaitlyn Crosby (WC)JV	'12
14.2 Michelle Garrett	'91
14.22 Tamara John (Wes. Region)	'02
14.31 Emilee Morris (Rab Co)	'03
14.34 FAT Julia Nichols (Fr. Hab.Co.)	'14
14.40 Jennifer Jeboda (Sr. HC)	'09
14.45 Sally Idehen (So. Rabun)	'10

200m < 31.0

26.64FATMariam Abdullah (Fr. Reg Jeff)	'05
26.53 Ashley Hawkins (Fr Co, GA)	'02
27.41HT Anna Davis (So.)(Rab Co.)	'16
27.70 FAT Reid Kafsky (Jr Area GWA)	'19
27.75 Reid Kafsky (Mt. Yonah)	'19
27.97 Briana Docsol(Fr.)(Area AA)	'17
28.16 FAT Dejah Howard (Fr. Reg Jeff)	'08
27.81HT Sydney Spivey (Sr. Com)	'19
28.03 Masha Grizhebovsckaya(So. RC)	'12
28.1 Krissy Zachary	'89
28.18FAT Sunni Brett (Sr.)(Lndmrk)	'16
28.20 Eno Umoh	'00
28.31 FAT Macy Murdock (Fr. Area GW)	'19
28.64 Zainab Abdullah (Rab. Co)	'04
28.91 Cynthia Sullivan(SoWhiteCo)	'10
29.09 Oge Okoye (Jr. HC)	'09
29.59 Alexis Brooks (White C 4-9)	'13
29.52 Akosua Badu (Gainesville)	'03
29.85 Crystal Ebel (So. Jeff) Q	'06
29.7 Kelly Conner	'87
29.89 Ebony Wilkinson (Jr. White)	'08
29.89 Maci Watts (RMA)	'13
29.90 FATReid Kafsky(Fr.)(Landmark)	'17
30.01 Emilee Morris (Wesleyan)	'03
30.05 Madison Ball	'18
30.12 Kaitlyn Crosby (8 th WC) JV	'12
30.21 Maci Watts (Jr Athens)	'15
30.3 Michelle Garrett	'91
30.34 Lindsey Hodge (Fr. Rab #3)	'07
30.39 Crystal Hitchcock (Fr Rab#3)	'07
30.5 Vanessa Moll	'99
30.62 Funke Ogunniya (So AA)	'11
30.21FAT Britney Docsol(So.)(Dragon invite)	'16
30.29HT Isabella Foster(Fr.)(Hab)	'16
30.81HTDamali Danavall(Fr.)(Hab)	'16
31.08 Adama Tarawally (Reg. AA)	'09
31.10 Hailee McKinney (So. HC)	'09
31.18 Tamara John	'02
31.45 Jennifer Anderson	'02
31.61 FAT Rachel Nichols (Jr. Hab.Co)	'14
31.83 Tanya Witham (Fr. Buford)	'06

400m < 76.0

58.42 Krissy Zachary	'89
59.78FAT Anna Davis(So.)(State)	'16
60.03FAT Sunni Brett (Jr.)(State)	'16
61.77FAT Zainab Abdullah (Sr. State)	'05
62.80 HT Macy Murdock (Fr.Rab Co)	'19
63.084FATMasha Grizhebovsckaya (So. Region AA)	'12
63.99 Mariam Abdullah (Fr. Jeff)	'05
65.23 Reid Kafsky (Landmark)	'18
66.2 Kim Harmon	'89
66.44 Laurel Smith (Hab)	'19
66.61FAT Laurel Smith Jr Area GWA	'19
66.63 (66.87 FAT)Chelsea Jones	'08
67.50 Crystal Ebel (So. Jeff) Q	'06
67.72 Maria Whitson	'19
67.96 Michelle Rigo	'94
69.44 Tanya Witham (Fr Wes)	'06

70.59 Maci Watts (RMA)	'13
70.93 Elizabeth Tench (Area)	'13
71.19 Precious Mungin (So. RC)	'12
71.05FAT Madison Ball(So.)(Area AA)	'17
72.57 Victoria Stair (Sr. Hab.)	'12
72.88 Zakiya Kelly (GAC)	'02
73.36 Oge Okoye (Jr. Fr Co)	'09
73.5 Suzanne Talmadge	'98
73.61HT Jade Mitchell(Fr.)(Bo James)	'16
74.41 FAT Lydia Tselalu (Jr. Regions at AA)	'14
74.55 FAT Shemiar Saunders (GAC)	'05
74.80 FAT Hailee McKinney(So.Reg.)	'09
75.22 Michelle Samukai (Jeff)	'03
75.45 Justin	'94
75.5 Carly Smith	'01

NOTE: Fr Macy Murdock 4x4 splits 60pt 3x)

800m < 3:11

2:30.27 Zainab Abdullah (Reg.@Wes)	'02
2:30.65FAT Perry Gresham(Jr.)(Area AA)	'17
2:33.31 Brandy Clark	'92
2:34.62 Ashley Hawkins (FranklinNC)	'02
2:38.21 Maria Whitson (Jr. Wes)	'19
2:39.95 FAT Sophie Alexander (Jr Area GWA)	'19
2:41 Audra Steiner	'93
2:43.9 Masha Grizhebovsckaya(FrGAC)	'11
2:43.9 Crystal Ebel (So. Buford) Q	'06
2:44 Amanda Ray	'89
2:44.642 FAT Victoria Stair(Sr.Region)	'12
2:45.64 Laurel Smith	'19
2:46.07 Lucy Alexander (Fr Landmark)	'19
2:50.00 Tessa Rutledge	'00
2:50.2 Kelly Strobel	'88
2:52.7 Precious Mungin (So. AA)	'12
2:53.24 Sunni Brett (Fr. Rab.Co)	'14
2:53.99 SuBin Park (Fr GAC)	'09
2:54.4 Gabrielle Wood (Jr. AA)	'12
2:55.5 Celena Ratthaus	'97
2:59.81 Virginia Griswold(Fr.)	'16
3:00 Michelle Rigo	'94
3:06.32 Blair Lewis (AA Regions)	'09

1600m < 7:07

5:35.61 FAT Perry Gresham (Jr.)(Area AA)	'17
5:57.82FAT Sophie Alexander (Area GWA)	'19
6:00.93FAT Lucy Alexander (Fr Area GWA)	'19
6:05 Tessa Rutledge	'00
6:09.8 Anna Paddock	'91
6:17 Maria Whitson (HAB)	'19
6:17 Masha Grizhebovsckaya Fr GAC	'11
6:20 Brandy Clark	'90
6:20 Audra Steiner	'93
6:23.65FAT Victoria Stair(Sr.Region AA)	'12
6:23.85 FAT Virginia Griswold(Fr.)(AreaAA)	'16
6:24.36 Crystal Ebel (So. Wes) Quit	'06
6:26.3 Jo Williams	'89
6:28.56 FAT Precious Mungin (Area)	'13
6:30 Meredith Knox	'96
6:33.07FATMegan McCracken(Sr.Reg)	'12
6:34.77 Laurel Smith	'19
6:35.9 Su Bin Park (Fr. Ogle)	'09
6:42 Claudette Seay	'84
6:42.65 Zainab Abdullah (Whitefield)	'02
6:42.91 FAT Anne Edwards (LMC So)	'15
6:43.55 Zakiya Kelly (Rab. Co)	'04
6:43.6 Mena Nagy (AA)	'13
6:45 Celena Ratthaus	'97
6:49.82 Blair Lewis (Fr GAC)	'09
7:00 Suzanne Talmadge	'99
7:02.31FAT Anne Edwards(Jr.)(Lndmnrk)	'16
7:07 Andrea Jordan	'00
7:10.48Kayeleigh Durkan (Reg. Jerf)	'03

3200m < 15:00

13:03 Tessa Rutledge	'00
13:24 Lucy Alexander (Fr Area GWA)	'19
13:25 Sophie Alexander (Wesleyan)	'19
13:28 Anna Paddock	'91
13:37.59 FAT Precious Mungin (Area)	'13
13:54 Zainab Abdullah (Wesleyan)	'02
14:06.76 Crystal Ebel (So. Wes) Q	'06
14.18HT Perry Gresham(So.)(Rab Co)	'16
14:22 Jo Williams	'89
14:30 Meredith Knox	'96
14.34.79 Zainab Abdullah (Winder)	'02
14.35.28 Virginia Griswold	'16
14:36.07 Sophie Alexander	'17
14:49 Rebecca Batchelder	'88
14:49.48FAT Anne Edwards (So. Area AA)	'15
14.52 SuBin Park (Fr AA. Region)	'09

100m Hurdles < 21.0

14.79 FAT Anna Davis(Sr.)(Sect @LMC)	'17
16.01 FAT Masha Grizhebovsckaya (Area)	'13
16.46 Zakiya Kelly (16.56fat State)	'04

16.54 Ashley Hawkins (Wes. Reg)	'02
16.70 FAT Sydney Spivey(Sr Lndmrk)	'19
16.94 Eno Umoh (17.001State FAT)	'01
17.16 FAT Cynthia Sullivan (So.Reg.Stj)	'10
18.18 FAT Dejah Howard(Fr. Reg. Jeff)	'08
18.61 FAT Chelsea Jones(Sr. Reg Pre)	'09
18.65 Miranda Thomas	'94
18.69 Crystal Hitchcock (Fr.RegFin)	'07
18.8 Emilie Lang	'89
19.27 Zainab Abdullah (Sr. Wes)	'05
19.6 Kelly Conner	'88

300m Hurdles < 60

44.72 FAT Anna Davis(Jr.)(State)	'17
46.48 FAT Ashley Hawkins (State pre)	'02
47.87 Masha Grizhebovsckaya (State)	'13
49.04FAT Zainab Abdullah (Sr. Reg. Jeff)	'05
49.05 FAT Sydney Spivey (Sr. GWA, Area)	'19
49.45 FAT Chelsea Jones (Sr. AA. Reg)	'09
49.55 Zakiya Kelly (Region. Jeff)	'04
50.71 FAT Cynthia Sullivan (So.Reg.AA)	'10
52.40 Missy Barbone (Fr. GAC)	'11
54.4 Suzanne Talmadge	'99
59.66 FAT Sharon Durkan (AA. Reg)	'09

400m Hurdles

65.67 FAT Anna Davis (Bojangles)	'17
74.77 FAT Zakiya Kelly (Taco Bell)	'03

400m Relay < 56.40

51.13 FAT Sydney Spivey (Sr), Damali Danavall (Sr)	'19
Reid Kafsky (Jr), Macy Murdock (Fr) State @ Berry	
51.74 FAT Veronaye Charlton (Fr), Denika Lightbourne (Fr)	'20
Reid Kafsky (Sr), Macy Murdock (So) @ EJHS	
52.11 FAT Gaby Ajibade (Fr), Anna Davis (Fr)	'16
Sunni Brett (So), Abby Hulsey (Fr) (Sect LMC)	
52.35 FAT Sydney Spivey (Jr), Damali Danavall (Jr)	'18
Santy Dembele (So), Anna Davis (Sr) (Area Prov)	
52.50 FAT Gaby Ajibade (Fr), Anna Davis (Fr)	'16
Sunni Brett (So), Abby Hulsey (Fr) (Area AA)	
52.85 FAT Dejah Howard, Mariam Abdullah	'08
Ebony Wilkinson, Chelsea Jones (Reg. Jeff)	
52.42FAT Sydney Spivey(So.), Briana Docsol(Fr.),	'17
Sunni Brett(Sr.), Anna Davis(Jr.)(Lndmrk)	
53.20 Badu, M Abdullah	'05
Saunders, Z Abdullah (Whitefield)	
53.33 FAT Anna Davis (Fr), Maci Watts	'15
(Jr) Sunni Brett (So), Abby Hulsey (Fr) (Sect LMC)	
53.62 Lindsey Hodge, Mo Abdullah	'07
(RegFinals)Ebony Wilkinson, Crystal Hitchcock	
54.10 Badu, Hawkins	'02
T John, Z Abdullah (Hab Cent)	
54.14 FAT Sally Idehen, Oge Okoye, (Reg. AA)	
Ebony Wilkinson, Chelsea Jones	'09
54.41 (Regions at AA)	'14
54.60 FATB adu, Kell (Jef Rel)	'04
Stantom, Z Abdullah	
54.86 Lindsey Hodge, Mo Abdulla	'07
(Jeff) Whitney Speed, Crystal Hitchcock	
54.91 Alexis Brooks, Masha Grizhebovsckaya	'13
Emily Brooks, Maci Watts (AA)	
55.00 Badu, Hawkins	'02
John, Whaley (Jefferson)	
55.3 Bonner, Lang '90 Maas, Zachary	'90
(Rabun County)	
55.70 Badu, Kelly (Jefferson)	'03
Rutledge, Z. Abdullah	
55.96 Rachel Nichols (Sr), Maci Watts(Jr)	'15
Abby Hulsey (Fr), Anna Davis (Fr) (Athens)	
56.07 Hawkins, Umoh	'01
John, Whaley	
56.16 FAT Rachel Nichols, Sunni Brett	'14
Alexis Brooks, Julia Nichols (Landmark)	
56.28 McKinney, Okoye (AA)	'09
Wilkinson, Chelsea Jones	
56.35 FAT Badu ,Kelly(GAC)	'03
Rutledge, Abdullah	

800m Relay

1:54.17 Badu, M Abdullah (Jeff Rel)	'05
Saunders, Z Abdullah	
1:56.65 Badu, Kelly (Jeff Rel)	'04
Statom, Z Abdullah	
1:59.88 Briana Docsol, Sydney Spivey	'17
Madison Ball, Reid Kafsky	
2:05.19 Alexis Brooks, Masha	'13
Grizhebovsckay,(Buford)Emily Brooks, Maci Watts	

1600m Relay < 5:15

4:11.64 FAT Sydney Spivey(So.), Perry Gresham(Jr.),	
Sunni Brett(Sr.), Anna Davis(Jr.)(State)	'17
4:14.14FAT Sydney Spivey (Jr), Madison Ball (Jr)	'18
Perry Gresham (Sr), Anna Davis (Sr) State Berry 7th	
4:16.45 FAT Sydney Spivey, (Sr) Madison Ball, (Sr)	'19
Laurel Smith (Jr), Macy Murdock (Fr) State Berry 6th	

4:21.13FAT Sydney Spivey, (Sr) Madison Ball (Sr) '19
Reid Kafsky (Jr.), Macy Murdock (Fr) GWA Area
4:19.75 Madison Ball (Jr), Perry Gresham (Sr) Sect Lndmrk '19
Reid Kafsky (So), Anna Davis (Sr)
4:22.56 Sydney Spivey(Fr.), Perry Gresham(So.),
Sunni Brett(Jr.), Anna Davis(So.)(Area AA) '16
4:22.63 FAT Dejah Howard, Ebony '08
(Reg. Jeff) Chelsea Jones, Mariam Abdullah
4:23.05 Badu, Kelly (Reg @ Wes) '02
Abdullah, Hawkins
4:25.6 Harmon, Lang, '90
Maas, Zachary
4:29.50 Badu, Saunders, '05
Z. Abdullah, M Abdullah (Reg Jeff)
4:35.75 FAT Ebony Wilkinson, Hailee McKinney
(Reg @ AA) Oge Okoye, Chelsea Jones '09
4.36.84 FAT Perry Gresham(Fr), Sydney
Porter (So), Sunni Brett (So), Anna Davis
(Fr) (AA) '15
4:39.56FAT Rachel Nichols, Precious Mungin
(Reg AA) Victoria Stair, Masha G '12
4:40 Lang, Ray '89
Harmon, Zachary
4:41.04 Badu, Statom, (Region. Jeff) '04
Kelly, Z Abdullah
4:43.65 Hawkins, Umoh '01
Whaley, Rutledge
4:45.54 Elle Wood, Precious Mungin '12
Victoria Stair, Masha G. (RS)
4:47.09 Badu, Samukai (Reg. Jeff) '03
E Morris, Rutledge
4:47.70 Badu, Kelly (Jefferson) '03
Rutledge, Z Abdullah
4:49.00 Rachel Nichols, Alexis Brooks'14
(RC 3-16)Masha Grizhebovsckaya, Maci Watts
4:50.10 Dejah Howard, Ebony Wilkinson
(Region Jeff) Sharon Durkan, Chelsea '08
4:55.52 Badu, K Cole (Region Jef) '04
Z Kelly, Z Abdullah
4:56.70 Badu, Rutledge (Whitefield) '03
Morris, Z Abdullah
4:58 Smith, Jordan '00
Rutledge, Umoh
4:59.6 Kelly, E Morris '03
Durkan, Badu (Gainesville)

Sprint Medley Relay (100-100-200-400)

2:06.00 Lindsey Hodge, Whitney Speed '07
(Buford) Crystal Hitchcock, Mo Abdullah
2:37.78 Sharon Durkan, Destinee Johnson
(Buford) Ebony Wilkinson, Linda Musa '07

Medley (200-200-400-800)

6:09.36 Lindsey Hodge, Mo Abdullah
'07
(Buford) Whitney Speed, Sharon Durkan

800m Relay (4x2)

2:11.76 Sharon Durkan, Cynthia Sullivan '10
(NE GA Rel) Funke Ogunniya, Destinee Johnson

Distance Medley (400-800-1200-1600)

15:42.89HT Sunni Brett(Sr.), Anna Davis(Jr.),
Anne Edwards(Sr.), Perry Gresham(Jr.)'17

Shot > 25' 5

36'4 ¼ Jennifer Jeboda (Sr. Ogle) '09
35' 4 Ebony Wilkinson (Jr. State) '08
34' ¾ Sally Idehen (Jr AA) '11
32' 10 Kayla Armenta (State 5-10) '13
32' 8 ½ Damali Danavall (Sr. Com) '19

29' 7 ½ Destinee Johnson (Sr. AA) '10
29' 7 Valencia Whaley '01
29' 2 ½ Damali Danavall(So.)(Area AA)'17
29' 2 Angelina Dorman '01
28' 9 ¼ Mariam Abdullah (Sr. Jacks) '08
28' 8 ¼ Vabah Kotee '00
28' 6 Cindy Trusty(So.)(Lndmrk) '16
28' 7 ¼ Brandy Clark '92
27' 7 Kiley Morgan '96
27' 5 ¼ Tomiko Bonner '90
27' 4 Shemiar Saunders (Jr. Rab) '06
27' 2 ¾ Celena Ratthaus '97
26' 8 Michelle Samukai (Rab Co) '03
26' 6 Julie Lloyd '98
26' 5 Kelly Conner '98
26'4 Kaitlyn Crosby (So. Wesleyan) '14
26'3 Ingrid Goedde-Bennett(Sr.Hab.Co)'14
26' 1 Lauren Ashley Smith (Wes.) '03
26' ½ Eno Umoh '00
25'10'14" Tamuna Khelashvili(Fr.)(Marist)'17
25' 7 Tessa Rutledge (Rab Co) '03
25' 5 Dani Dea '00

Discus > 70'

115' 3 Valencia Whaley (Wesleyan) '02
107' 0 Angelina Dorman (State) '01
106' 8 Kayla Armenta (State) '13
105' 2 Damali Danavall (Sr. Area GWA) '19
102' 6 Kiley Sanders-Morgan '99
98' 8 Tomiko Bonner '91
94' 9 Destinee Johnson Sr.RegAA '10
92.3 Sally Idehen (Jr Hab) '11
91' 3 Jennifer Jeboda (Sr. Ogle) '09
90' 5 Mariam Abdullah (Sr. Jacks) '08
87'11 Vabah Kotee '00
87' 4 Dani Dea '99
85' 5 Cindy Trusty(So.)(Area AA) '16
84' 3 Ellie Southards (8th gr @ RG) '19
82' 7 Lauren Ashley Smith (Region) '03
80' 8 Sharon Durkan (Sr. Reg. AA) '10
78' 4 Ebony Wilkinson (Habersham) '09
77' 2 Whitney Speed (Jr. Jeff) '07
75' 2 Michelle Samukai (Gville) '03
74' 2 Kathy Lim (Sr, AA) '12
74' 2 Shemiar Saunders (Jr Buf) '06
74'½ Tamuna Khelashvili(Fr.)(Marist)'17
73' Kristi Adams (Fr) '00
70' 9 Michelle Kim (Frnkln Co,) '01
70' 7 Eunice Jacob (Jeff) '05
70' 1 Jenni Gallagher(Fr.)(Area AA) '16
69' 2 Kayleigh Durkan (Rabun) '04
69'1 Andrea Jordan '00

High Jump > 4' 2

5' 0 Kelsey Statom (Reg. & JRel) '04
5' 0 Sydney Porter(Jr.)(Field Frenzy) '16
4' 10 Tajiah Kidd(Fr.)(Field Frenzy) '16
4' 8 Sunni Brett (So Sectionals) '15
4'8" Maci Watts (So. Rab.Co) '14
4' 8 Eno Umoh (twice) '01
4' 8 Valencia Whaley (twice) '02
4' 8 Emilie Lang '90
4' 8 Portz '94
4' 8 Oge Okoye (Jr. Reg. 4 x) '09
4' 7 Celena Ratthaus '97
4' 6 Michelle Rigo '95
4' 4 Lucy Alexander (Landmark) '19
4' 4 Damali Danavall(Fr.)(Rab Co.) '16
4' 4 Tessa Rutledge (Region-Jeff) '00

Long Jump > 13'

17' 1 ¾ Mariam Abdullah (Reg.Jeff) '06
17' 1 Gaby Ajibade (Area AA) '15
16'7 ¾ Masha Grizhebovsckaya(Area AA)'13
16' 8 Anna Davis(So.)(Lndmrk) '16
15' 8 ½ Ashley Hawkins (GAC) '02
15' 6 ½ Akosua Badu-Nkansah(State)'03
15' 4 Eno Umoh '00
15' 1 ½ Cynthia Sullivan '10
15' 1 Kelsey Statom (Jef Rel) '04
15' 0 Dejah Howard (Fr. White) '08
14'11 ½ Oge Okoye (Jr. Reg. AA) '09
14'8.50" Kaitlyn Crosby (So.Regions) '14
14' 7 Brandy Clark '91
14' 4 ¾ Krissy Zachary '90
14' 3 ¾ Briana Docsol '17
14' 0 Laramie Bowcock (Rabun JV) '04
14' 0 Kelly Conner '88
13' 11 Kaitlyn Crosby(8th WC) '12
13' 7 ¾ Miranda Thomas '94
13' 4 Tajiah Kidd(Fr.)(Hab) '16
13' 2 Vanessa Moll '99
13' Kiley Morgan '99

Triple Jump > 28'

36' 2 ¾ Akosua Badu (So. Taco Bell) '03
35' 10 ¾ Mariam Abdullah (Jr. State) '07
35'5 ½ Gaby Ajibade(So.)(Cook Hol) '16
35' 3 ¾ Chelsea Jones (Sr.State) '09
34' 11Sally Idehen (So AA) '11
33'11 Briana Docsol(Fr.)(Sectional) '17
33'4 Reid Kafsky '19
33' ½ Eno Umoh (Sr. State) '00
32' 10 Ashley Hawkins (Hab Cent) '02
32' 8 ½ Kelsey Statom (Jef Rel) '04
32'6.25" Masha Grizhebovsckaya (Sr. Sect)'14
31' 7 Reid Kafsky(Fr.)(Area AA) '17
31' 1 ¾ Zakiya Kelly (Rab Co) '03
30' 7 Anna Davis (Landmark Fr) '16
30' Tajiah Kidd(Fr.)(Cook Hol) '16
29'8 Precious Mungin (Area) '13
29'4 Shelby Brightwell (HAB) '19
29' 2 ¾ Vabah Kotee '00
29' 1 ½ Alex ? '98
29'1 Missy Barbone (Fr. Ra Co) '11

Pole Vault

9' 6 Anna Davis(Jr.)(GAC) '17
9' 6 Emily Gay (So) @State Berry 3rd '19
9' 0 JenniGallagher (5x) '18-19
8' 0 Emilyn Gay '19
8' 0 Akosua Badu (Region - Jeff) '03
7'6" Julia Nichols (Fr. Rab.Co) '14
7' 6 Sophia Kahwach(So.)(Marist) '17
6' 6 Shelby Brightwell '19
6' 6 Lolly Kloster (Fr. RC) '12
6' 0 Blair Lewis (Fr. Reg AA) '09
6'0 Funke Ogunniya (Fr Reg AA) '10
6' 0 Perry Gresham(So.)(Cook Hol) '16
5' 6 SuBin Park (Fr. Reg AA) '09
5' 6 Calli Brubeck(Fr. RC) '12
5' 0 Sydney Spivey(Fr.)(Lndmrk) '16

**Tallulah Falls School
Indians Track & Field
Boys Class Records**

Top Class Performances since '85
(not including '86-87)

5/11/19 incomplete

100m

10.94 FAT Zatrack Pearce (So Sect LMC)'15
11.33FAT Ethen Besier (Jr. LMC) '15
11.34 Zatrack Pearce (Sr) '17
11.21 FAT Kofi Amanhya (Sr. State) '07
10.91/11.01 (Sr. Rab, Reg)
11.1 Joe Morrison (10.98) (Sr) '98

200m

21.85 Zatrack Pearce(Sr)(State) '17
22.57 Kofi Amanhya (Sr. Reg Jeff) '07
22.85 FAT Zatrack Pearce (So. LMC) '15
23.41 Darren Davies (Jr. Reg. Jeff) '07
23.35 Kofi Amanhia (So) '06

400m

48.14 Zatrack Pearce (Sr)(State) '17
51.1 Joe Morrison (Sr) '98
52.17 FAT Casey Bradshaw (So) '06

800m

2:02.0 Alex Hubbard (Sr) '03
2:02.58 Chris Geiger (Jr Area GWA) '19
2:03.27 Alex Hubbard (Jr) '02
2:06.18 Aaron Hughes (So)(Sectional)'17
2:08.76 FAT Casey Bradshaw (So) '06
2:16.80 Yelekal Gurmesssa (Fr) '06

1600m

4:34.500 FAT Alex Hubbard (Sr) '03
4:39.13 FAT Alex Hubbard (Jr) '02
4:47.92 Chris Geiger (Fr)(Area AA) '17
4:54.50 Yelekal Gurmesssa (So Reg) '07
Mike Wood (So??)
4:53.9 Mike Wood (Fr) '89
5:00.28 Yelekal Gurmesssa (Fr) '06

3200m

10:03.16 Mike Wood '92
10:03.75fat Alex Hubbard (Jr) '02
10:35.74 Alex Hubbard (Soph) '01
? Mike Wood (So) '90
10:27.10 Mike Wood (Fr) '89
11:11.41 Caleb Griffis(So)(Bojangles)'17

110m Hurdles

16.15 Michael Dawonde (Sr) '05
15.32 FAT James Davis(Jr Sectionals) '15
16.12 FAT James Davis (So State) '14
16.21 FAT Calvin Oh (Fr. Reg. Jeff) '08
16.23 Cusai Alfred Igbokwe(Sr)(Sectional)'17

300m Hurdles

40.17 FAT James Davis(Jr Sectionals)'15
41.03 James Davis (So. Boys State) '14
41.35 FAT Calvin Oh (Fr. Reg. Jeff.) '08
44.88 Cusai Alfred Igbokwe(Sr)(Marist)'17

Shot

49' 10 Karim Dembele (Sr. Sect.)'13
45' 9 Karim Kanu (Jr) '06
41' 11 Karim Kanu (So) '05
40'2 Chance Bess '19
40'2 Ethen Besier (Jr Jefferson) '15
39'5 Caleb Griffis (Landmark) '19
38"8 Thala Freeman(Sr)(Eagle invite)'17

Discus

150' 5 Karim Dembele (Sr. State) '13
137' 2 Karim Dembele (So Reg 8-A) '11
136' 11 Ethen Besier (Jr Jefferson) '15
133' 5 Karim Dembele (Jr. State) '12
108" 0' Chance Bess (So)(Area AA) '17

High Jump

6' 10 Brandon Mbaba (Sr. AA) '11
6' 6 Brandon Mbaba (Jr. AA) '10
6' 2 Adrien Coleman (Jr. State) '02
6'0' Thala Freeman(Sr)(Bo James) '17
5' 10 Adrien Coleman (So) '01

Long Jump

22 ½ Brandon Mbaba (Sr Wh Co) '11
21'3 Zatrack Pearce(Sr.)(Area AA) '17
21' 1/4 Adrien Coleman (Jr) '02
19'6 ½ Zatrack Pearce (So AA) '15
19' 5 Adrien Coleman (Soph) '01

Triple Jump

42' 11 3/4 Adrien Coleman (Sr State) '03

42' 10 1/2' Thala Freeman(Sr.)(Sectional)'17
42' 9 Abdul Deen (Sr. Reg. Jeff) '08
40' 6 ¼ Abdul Deen (Jr. Region) '07
38' 6 Brendan Harrelson(So. Reg. AA)'12
37' 5 James Davis (Fr HC) '13

Pole Vault

11' 6 Marc Snow (Reg. Champ) '99
15' 1 James Davis (Jr State Jeff) '15
13'6 James Davis (AA) '14
12' James Davis (Fr. Sect.) '13
10'6' Gabe Iluma(Fr.)(Lndmrk) '17

Area/ Region Champions

'19 Grey Bourlet (So) 300mh 40.67
'17 Zatrack Pearce LJ 21'3 400m 50.83
'14 none
'13 James Davis 300mh 43.54
'12 none
'11 Brandon Mbaba HJ 6'6
'11 Brandon Mbaba LJ 20' 10 ½
'10 none
'09 none
'08 Abdul Deen HJ 6' 2
'08 Abdul Deen TJ 42' 9
'07 Kofi Amanhya 200m (22.57)
'06 Kofi Amanhya 100m (11.15 cht)
'06 Casey Bradshaw 400m 52.17 Fat (51.93 cht)
'06 4x4 3:35.48FAT
Rodriguez, Kefeni, Amanhya, Bradshaw
'05 Michael Dawonde TJ 40' 7 1/4
'03 Alex Hubbard 3200m (10:10.98)
'03 Alex Hubbard 1600m (4:34.50)
'01 Robert Molard 3200m (10:19.89fat)
'99 Marc Snow PV 11' 6
'92 Mike Wood 3200m (10:03.95)
'92 Mike Wood 1600m (4:42.80)
'85 Jeff West 1600m (4:54.38)

Area/ Region Runner-Up

'19 Grey Bourlet (So) 110mh 15.47
'17 Zatrack Pearce 200m 22.14
'17 Cusai Alfred Igbokwe 110mh 16.53
'17 Rolain Saintilus, Aaron Hughes,
Thala Freeman, Zatrack Pearce 4x4 Relay 3:29.04
'14 James Davis 300mh 42.10FAT, PV 13'
'14 4x1 Relay 46.14 FAT James Davis, Ethen Besier,
Jake Carmack, Caleb Walden
'13 James Davis, Ethen Besier, Caleb Walden,
Jake Carmack 4x4 Relay 3:38.27 FAT
'13 James Davis Pole Vault 11'6
'13 Karim Dembele Shot 47'3 1/2; Discus 146'7
'12 Karim Dembele Disc 131' 08
'11 none
'10 Brandon Mbaba HJ 6' 0
'10 Brandon Mbaba LJ 19' 11 ½
'09 none
'08 none
'07 Abdul Deen HJ 6' 0
'07 Kofi Amanhya 100m 11.08
'06 Kofi Amanhya 200m 23.69 FAT
'06 Angelo Rodriguez, K. Amanhya 45.66FAT
Axel Isabane, Casey Bradshaw .
'03 Adrien Coleman LJ 21' 6
'03 Adrien Coleman TJ 41' 5 ½
'03 Adrien Coleman HJ 6' 0
'03 Ibrahim Songowa 300mh 42.59
'03 Ibrahim Songowa, Ron Lundquist, 4x4 Relay
Robert Mugisha, Alex Hubbard 3:40.78

State Champions

'17 Zatrack Pearce 400m 48.14
'15 James Davis PV 15' 1 State Record, All Class Top Performer
'03 Alex Hubbard 1600m CoChamp (4:34.885 fat)
'92 Mike Wood 3200m (10:03.16)

State Placing

'17 Zatrack Pearce LJ (21-7 2nd place 8pt) 200m (21.85 2nd place
8pts) 400m (48.1 1st place 10pts) = 27.5 pts
'17 Aaron Hughes 800m (2:10.75 8th place)
'17 4x4 Relay (4:31.08 3rd place 6pts)
'16
'15
'14 James Davis 300m hurdles (41.03 for 5th place 4pts)
'14 James Davis 110m hurdles (16.12 for 8th place - 1 pt)
'14 James Davis PV T5th 11' 6
'14 4x1 Relay 7th 45.35 FAT Davis, Besier, Carmack, Walden
'14 4x4 Relay 7th 3:31/75 FAT Carmack, Walden, Davis, Besier
'13 James Davis 3rd Pole Vault (11'6); 5th 300mh (43.35)
'13 Karim Dembele 6th Shot (46'9); 3rd Discus (150'5)
'12 Karim Dembele 7th (2pts) Disc 133' 5
'11 Brandon Mbaba 5th HJ 6' 4 for 4 pts
2011 state went to 8 places
'10 Brandon Mbaba 3rd HJ 6' 4

'09 Did not have qualifier
'08 Abdul Deen 6th HJ 6' 4
'08 Calvin Oh 9th 300mh 41.49 FT
'07 Abdul Deen 6th HJ 6' 2
'07 Kofi Amanhya 6th 100m 11.489 FAT
'07 Kofi Amanhya 7th 200m 23.984 FAT
'06 Kofi Amanhya 7th 100m 11.45 FAT
'06 Casey Bradshaw 7th 400m 52.41 FAT
'05 Michael Dawonde 6th TJ (41' 8 3/4)
'03 Alex Hubbard 2nd 3200m (10:11.15 fat)
'02 Alex Hubbard 4th 3200m (10:03.75 fat)
'02 Alex Hubbard 5th 1600m (4:39.13 fat)
'01 Robert Molard 4th 3200m (10:23.25 fat)
'01 Alex Hubbard 5th 3200m (10:42.67 fat)
'92 Mike Wood, State Champ 3200m
'91 Mike Wood
'90 Mike Wood
'89 Courtney Stroud 3rd 1600m (4:43.30)
'89 Rodney Carey 5th 400m (52.37)
'89 Mike Wood 3rd 3200m (10:27.10)

Region & State TFS Team Finishes.

'19 4th/10 w/ 61 pts. state
'18 5th / 9 w/ 47 pts; state 24/28 w/ 3.5 pointts
'17 4th/9 w/ 84.5 pts. state 8th w/ 33pts (3 pts away from 4th)
'16 3rd / w/ 106.5 pts; state 7th/ 28 w/ 31 pts
'15 4th / 7 w/ 92 pts. state 8/25 w/ 28 pts
'14 Reg 4th w/ 73 pts State T16th w/ 12 points
'13 3rd/ 8 w/ 106.50 12th/ 22 w/ 19 pts
(Karim's 16, Ethen's 12, James' 22, Brendan's 14)
'12 6th/8 w/49pts T39/44 w/2pts
'11 5th/8 w/ 53pts T35/43 w/ 4pts
'10 5th /6 w/ 32 pts T26/43 scoring w/ 6pts
'09 6/6 w/ 16 pts none to state
'08 6/7 w/ 48 pts T32/32? w/ 1 pt
'07 4th/7 w/ 58.5 pts 26/32 w/ 2 pts
'06 3rd w/ 73 pts 4 way tie 36/39 w/ 0 pts
'05 6th /7 w/ 25 pts 29/34 w/ 1 pt
'04 6th w/ 12 pts no athletes competed
'03 2nd w/ 105 pts 8/33 w/ 23 1/3 pts
'02 4th w/ 58 pts 21/32 w/ 6 pts
'01 5th w/ 62 points 19/25 w/ 7 pts
'00 7th w/ 2 points no athletes competed
'89 = 5th, 43 pts

Performance Improvement

'17= 149 SB, 59 PR, 39, CR, 6 SR, 58 LL
'16 = 106 PR, 4 SR
'15 = 73 SB, 74 PR, 18 CR, 3 SR, 57 LL
'14 ?
'13 = 184 SB, 161 PR, 12 CR, 9 SR, 107 LL
'12 = 94 SB, 90 PR, 2 CR, 0 SR, 36 LL
'11 = ?
'10 = 104 SB, 101 PR, 4 CR, 2 SR, 17 LL
'09 = 30 SB, 24 PR, 1 CR, 0 SR, 19 LL
'08 = 69 SB, 54 PR, CR X 17, SR x 5, LL X 29
'07 = 94 SB, 83 PR, 12 x CR, 12 x SR, 48 x LL
'06 = 142 SB, 118 PR, 11 x CR, 5 x SR, 59 x LL
'05 = 78 SB, 71 PR, 1 SR 3x, 25 LL, 8 CR
'04 = 45 SB, 43 PR, 2 SR, 13 LL, 8 CR
'03 = 113 SB, 84 PR, 6 + 1 tie SR, 48 LL, 20 CR
'02 =
'01 =
'00 = 1 School Record, 6 in top 5, 3 in top 3
'00 Boys and Girls = 187 SB's

**Tallulah Falls School
Indians Track & Field
Girls Class Records since '88
5/11/19 incomplete**

100m

12.66 Mariam Abdullah (Sr. Reg) '08
12.828 FAT Mariam Abdullah(Jr.State)'07
12.59 Reg.Finals (Jeff) '07
12.702 FAT Mariam Abdullah
(So. State) '06
13.03 FAT Mariam Abdullah (Fr. Reg)'05
14.10 Damali Danavall (So)(Marist) '17

200m

26.40 26.64fat Mariam Abdullah (Fr) '05
26.53 Ashley Hawkins (So) '02
27.92 Briana Docsol (Fr)(Area AA) '17
28.1 Krissy Zachary(Sr) '89
28.20 Eno Umoh (Jr) '00

400m

58.42 Krissy Zachary '89
62.96 Zainab Abdullah (Jr) '04
63.08FAT Masha Grizhebovsckaya '12
(So.Reg. AA)
63.85 FAT Sunni Brett(So Sectionals)'15
65.41 Sunni Brett (Sr)(Area AA) '17

800m

2:30.27 Zainab Abdullah (Fr) '02
2:30.65 Perry Gresham(Jr.)(Area AA) '17
2:33.31 Brandy Clark '92
2:34.62 Ashley Hawkins (So) '02
2:41.00 Perry Gresham (Fr Area) '15

1600m

5:35.61 Perry Gresham (Jr)(Area AA) '17
6:02.26 Perry Gresham (Fr Area) '15
6:05 Tessa Rutledge (Fr) '00
6:09.8 Anna Paddock '91

3200m

13:03 Tessa Rutledge (Fr) '00
13:28 Anna Paddock(Sr) '91
13:37.59 FAT Precious Mungin
(Jr Area 4-20) '13
14:06.76 Crystal Ebel (So) Quit '06
14:36.07 Sophie Alexander (Fr)(Bo James)'17

100m Hurdles

15.14 Anna Davis (Jr)(State) '17
16.439 FAT Masha Grizhebovsckaya St '14
16.01FATMasha Grizhebovsckaya
(Jr Area 2 4-20) '13
16.37 FAT Anna Davis (Fr Sectionals) '15

300m Hurdles

44.68FAT Anna Davis (Sr. State Berry) '18
44.72 FAT Anna Davis (Jr)(State) '17
46.48 FAT Ashley Hawkins (So) '02
47.43 FAT Anna Davis (Fr Sectionals) '15
47.87 Masha Grizhebovsckaya (Jr. State)'13

400m Hurdles

65.67 Anna Davis (Jr. Bojangles('17
74.77 Zakiya Kelly (Jr) '03

Shot

36' 4 3/4 Jennifer Jeboda (Sr. Ogle) '09
35' 4 Ebony Wilkinson (Jr. State) '08
32' 10 Kayla Armenta (So. State 5-10)'13
29' 21/2 Damali Danavall(So)(Area AA)'17
26'4.50' Kaitlyn Crosby (So. Weslyen '14
25' 8 Mariam Abdullah (Fr) '05

Discus

115' 3 Valencia Whaley (Sr) '02
104' 1 Valencia Whaley (Jr) '01
106' 8 Kayla Armenta (So. State 5-10)'13
100'11Damali Danavall(So)(Sectional)'17
87' 7 Destinee Johnson(Fr @ HC) '07

High Jump

5' 0 Kelsey Statom (Fr.) '04
5'0 Sydney Porter(Jr.)(Field Frenzy) '16
4' 10 Sydney Porter (So Landmark) '15
4'8 Sunni Brett (So Sectionals) '15
4' 8 Eno Umoh (Sr) '01
4'8' Sydney Porter (Sr)(Bo. James) '17

Long Jump

17' 1 3/4 Mariam Abdullah (So Region)'06
17' 1 Gaby Ajibade (Fr) (Jefferson) '15
17' 1/2 Mariam Abdullah (Jr Jeff) '07
16' 6 Mariam Abdullah (Fr. State U) '05
15'2 Macy Murdock '19
14"10' Briana Docsol (Fr)(Lndmrk) '17

Triple Jump

35' 2 Akosua Badu (Sr. State RU)) '05
35' 10 3/4 Mariam Abdullah (Jr. State) '07
36' 2 3/4 Akosua Badu-Nkansah (So) '03
35' Gaby Ajibade (Fr Landmark) '15
33"11 Briana Docsol (Fr)(Sectional) '17

Pole Vault

9'6' Anna Davis (Jr)(GAC) '17
7' 0 Akosua Badu (Sr) '05
7' 0 Akosua Badu (Jr) '04
8' 0 (RegCh)Akosua Badu-Nkansah
(So.) '03
7'6"Julia Nichols (Fr. Rab) '14

Region Points Season

29 Mariam Abdullah (Sr. Reg) '08
24 Masha Grizhebovsckaya Sr '14

23.25 Chelsea Jones (Sr. Reg) '09
17.5A kosua Badu (Sr) '05
?? Eno Umoh (Sr) '01
28.5Mariam Abdullah (Jr) '07
? Masha Grizhebovsckaya '13
31 Akosua Badu (So) '03
30.5 Mariam Abdullah (Fr) '05

Region Points Career

116 Mariam Abdullah '05-08
80.5 Akosua Badu '02-04
? Masha Grizhebovsckaya '11-14
49 Eno Umoh '99-'01
39.5 Ashley Hawkins '01-02
35 Valencia Whaley '00-02
32.25 Chelsea Jones '08-09

State Points Season (In '09 started scoring 8)

25.5 Anna Davis (Sr) '18
14 Mariam Abdullah (Sr) '08
8 Valencia Whaley (Sr) '02
8 Akosua Badu (Sr) '05
7 Chelsea Jones (Sr.) '09
14 Masha Grizhebovsckaya Jr '13
6 Angelina Dorman (Sr) '01
18.25 Anna Davis (Jr) '17
7 Mariam Abdullah (Jr) '07
2 Zakiya Kelly (Jr) '04
1 Whaley ('01), Badu '04
14.5 Anna Davis (So) '16
14 Mariam Abdullah (So) '06
10 Kayla Armenta So '13
9 Akosua Badu (So) '03
8.25 Ashley Hawkins (So) '02
9 Mariam Abdullah (Fr) '05
2 Anna Davis (Fr) '15

State Points Career

60.25 Anna Davis '15-18
44/52 Mariam Abdullah '05-08
22.25 Akosua Badu '02-05
17 Masha Grizhebovsckaya '12-14
10 Kayla Armenta '13-14
9 Valencia Whaley '01-'02
8.25 Ashley Hawkin '01-'02
7 Chelsea Jones '08-09
6 Angelina Dorman '99-02
2 Jennifer Jeboda '08-09
1.25 Zakiya Kell '02,'04-05
.225 Zainab Abdullah '02, 04-05

**Tallulah Falls School
Indians Track & Field
Girls Class Records since '88
5/11/19 incomplete**

STATE PLACING (Started scoring 8 in '09)

'19 Sydney Spivey 3rd 100mh (18.??)
'19 Emily Gay (So) PV 3rd (9' 6)
'19 4x1 (Spivey,Danavall, R Kafsky, Murdock) 51.59 7th
'19 4x4 (Spivey, MadBall, L Smith, Murdock) 4:16.45 6th
'18 Anna Davis STATE CHAMP 100mh (15.05) - 10 pts
'18 Anna Davis STATE CHAMP, 300mh (46.68 - 10 pts
'18 Anna Davis LJ 4th 16-11 -5 pts
4X4 relay 7th (Sydney Spivey, Perry Gresham, Madison Ball, Anna Davis 4:14.14 - 64.3, 64.3, 66.8, 58.8 - 2 pts
'18 Damali Danavall shot 8th 31-7 ¼ - 1 pt
'18 Cindy Trusty 5th discs 104-8 - 4 pts
'18 Jenni Gallagher PV 5th 9-0 - 4 pts
'17 Anna Davis PV (8-6 8th place 1pt) 100mh (15.14 2nd place 8pts) 300mh (44.72 2nd place 8pts + 4x4 4th = 18.25pts)
'17 Damali Danavall Discus (97-11 6th place 3pts)
'17 Briana Docsol TJ (33-3.5 8th place 1 pt)
'17 4x4 Relay (4:11.64 5th place 4pts)
'16 Anna Davis (PV 7th, 400 4th., 300h 3rd, 4x4th) = 14.5 pts
'15 Anna Davis 7th 300mh (2 pts)
'14 Masha Grizhebovska 8th TJ (32'5.50")6th 100mh (16.439FAT)
'13 Kayla Armenta 7th Shot (32'10); 2nd Discus (106'8)
'13 Masha Grizhebovska 3rd LJ (15'10); 5th 100mh (16.13), 300mh (47.87)
'12 Masha Grizhebovska 16/16 LJ, FS 400m
'11 Sally Idehen 4th TJ (34' 8)
'09 Chelsea Jones 4th TJ (35' 3 ½)
'09 Chesea Jones 7th 300mh (50.14FAT)
'09 Jennifer Jeboda 7th Shot 33' 7
'09 Oge Okoye T9th HJ 4' 6
'08 Mariam Abdullah 2nd TJ (35' 1) 8 pts
'08 Mariam Abdullah 3rd LJ (16' 2) 6 pts
'08 Ebony Wilkinson 4th Shot (35' 4)
'07 Mariam Abdullah 3rd TJ (35' 10 ¾) 6pts
'07 Mariam Abdullah 6th 100m (12.828) 3 pts
'07 Mariam Abdullah 7th LJ (15' 10 ¼) 2 pts
'06 Mariam Abdullah 2nd TJ (34' 6 ½) 8 pts
'06 Mariam Abdullah 3rd LJ (16' 10 ¾) 6 ps
'06 Mariam Abdullah 7th 100m (12.702 Pre, 12.926 Finals) 2pts
'05 Mariam Abdullah 2nd LJ (16' 6) 8 pts
'05 Mariam Abdullah 6th 200m (26.89 FAT) 3 pts
'05 Akosua Badu 2nd TJ (35' 2)
'05 Zainab Abdullah 5th 400m (61.77 FAT)
'04 Zakiya Kelly 5th 100mh 16.89 (16.56 pre)
'04 Zakiya Kelly 7th 300mh 52.54 (51.23 Pre)
'04 Zainab Abdullah 8th 400m 65.59 (63.39 pre)
'04 Akosua Badu 6th TJ 34' 3
'04 Akosua Badu 13th LJ 15' 2 ½
'03 Akosua Badu 3rd Tie PV 7' 6
'03 Akosua Badu 4th TJ 35' 4
'03 Akosua Badu 8th LJ 15' 6 ½
'02 Valencia Whaley 2nd Disc 109'1
'02 Ashley Hawkins 2nd 300mh 46.48pre, 46.769 finals
'02 Badu, Kelly, Abdullah, Hawkins 6th 4x4 4:25.561
'01 Angelina Dorman 3rd Disc 107' 0
'01 Valencia Whaley 6th Disc 100' 2
'01 Eno Umoh 6th 100mh 17.001
'01 Ashley Hawkins 13th 100m (?)
'00 Eno Umoh 8th TJ 33' ½
'00 Tessa Rutledge 9th 3200m
'99 Eno Umoh 31' 7 unknown place (no score?)

Girls Region and State Information

Area/Region Champions

'19 Damali Danavall Disc 105-2
'18 Anna Davis 300mh 44.53
'13 Masha Grizhebovska LJ (16'7 ¾)
'13 Masha Grizhebovska 100mh (16.01)
'12 none
'11 Sally Idehen TJ (35' 3 ¼)
'10 Sally Idehen TJ 34' 0 (1 jump)
'09 Chelsea Jones TJ 34' 5
'09 Jennifer Jeboda Shot 35' 6 ½
'09 Oge Okoye HJ 4' 8
'08 Mariam Abdullah TJ 34' 1 ¼ (left leg)
'08 Mariam Abdullah LJ 16' 5 ½ (left leg)
'08 Jennifer Jeboda Shot 33' 10 ¾
'07 Mariam Abdullah LJ 16' 7 ½
'07 Mariam Abdullah TJ 33' 3 ¼
'06 Mariam Abdullah LJ 17' 1 ¾
'06 Mariam Abdullah TJ 33' 3 1/4
'05 Mariam Abdullah 100m 12.79/13.03fat
'05 Mariam Abdullah 200m 26.40/26.64fat
'05 Akosua Badu TJ 33' 2
'04 Akosua Badu TJ 33' 8
'03 Akosua Badu, TJ (34' 4)

'03 Akosua Badu PV (8' 0)
'02 Valencia Whaley, Disc (113' 7 ½)
'02 Ashley Hawkins, 300mh (46.75)
'02 4x4Relay (Badu, Kelly, Z Abdullah, Hawkins) 4:23.05
'01 Valencia Whaley, Disc (104' 3 1/4)
'01 Eno Umoh, 100h (16.94)
'00 Eno Umoh - 16 points
'99 Eno Umoh, Triple Jump (31' 0)
'99 Kiley Sanders-Morgan, Disc 97'2
'89 Krissy Zachary 400m (62.19)

Region Runner-Up

'19 Damali Danavall (Sr) Shot 32-5
'18 Anna Davis 100mh 15.30
'17 Anna Davis PV 8" 6 100mh 15.25 300mh 45.60
'14 Masha Grizhebovska 110mh 17.49FAT
'14 Masha Grizhebovska TJ 32' 5 ¼ LJ 15' 5
'13 Kayla Armenta Discus 94'11
'12 none
'11 none
'10 Cynthia Sullivan 100mh 17.16 FAT
'10 Cynthia Sullivan 300mh 50.71 FAT
'09 Chelsea Jones 300mh 49.45FAT
'08 Ebony Wilkinson Shot 33' 2 ¼
'07 Mariam Abdullah 100m 12.59
'06 Mariam Abdullah 100m 12.83
'05 Zainab Abdullah 400m 62.09
'05 Mariam Abdullah LJ 15' 5 ½
'04 Akosua Badu LJ 14' 9
'04 Zakiya Kelly 100m h 16.46
'04 Zakiya Kelly 300mh 49.55
'03 Akosua Badu LJ 15' 4'1/2
'02 Angelina Dorman Disc 95' 4 1/4
'01 Valencia Whaley Shot
'00 Tessa Rutledge 3200m
'00 Eno Umoh TJ
'98 Eno Umoh TJ

Area/Region Team Placing

'19 =3rd/7 w/ 94.5 pts (Danavall 21.5, Spivey 15.75)
'18 = 4th/8 w/ 76.5 pts
'17 = 4th/8 w/ 66.5 pts
'16 = 4th/7 w/ 85 pts
'15 = 6th/7 w/ 64 pts
'14 = 5th/7 w/ 58 pts
'13 = 6th/ 8 w/ 55 pts (Masha's 25, Kayla's 14
'12 = 5th/7 w/ 48 pts
'11 = 6/7 w/ 38 pts
'10 = 4th /6 w/ 43 pts (1 pt > Commerce)
'09 = 3rd/6 w/ 68 pts
'08 = 4/7 w/ 70 pts (1 pt ahead of AA)
'07 = 5/7 w/ 36 pts
'06 = 5/7 w/ 28 pts
'05 = 3rd/7 w/ 65 pts
'04 4th/8 w/62 pts
'03 4th/7 w/ 72 pts
'02 4th/7 w/ 75 pts
'01 3rd/7 w/ 71 pts
'00 7th/7 w/ 38 pts

State Team Placing

'19 (9 girls, 8 events) 16th/29 w/ 17 pts
'18 5th/29 w/ 36 pts (7 girls, 7 events)
'17 8/31 w/ 25 pts
'16 7/30 w/ 34.5 pts
'15
'14 24/27 w/ 4 pts (1 girl, 2 events)
'13 11th/ 29 w/ 24 pts (2 girls, 5 events)
'12 = 0 pts (1 girl, 2 events)
'11 = T28/41 w/ 5 pts (1 girl, 1 event)
'10 0 pts (2 girls, 3 events) not in finals
'09 21/36 w/ 9 pts out of 98 A GHSA schools

'08 8th /40 w/ 18 pts
'07 17th/32 w/ 7 pts
'06 12th /38 w/ 14 pts
'05 9th / 39 w/ 19 pts
'04 25th / 38 w/ 2 pts
'03 16th / 37 w/ 9 pts
'02 7th / 34 w/ 17 pts
'01 16th / 26 w/ 8 pts
'00 Did Not Score
'99 Did Not Score

Performance Criteria

'17= 105 SB, 65 PR, 45 CR, 12 SR, 56 LL
'14 ?
'13 = 116 SB, 89 PR, 13 CR, 1 SR, 64 LL
'12 = 90 SB, 90 PR, 2 CR, 0 SR, 26 LL
'11 = ??
'10 = 5 girls: 63 SB, 46 PR, 1 CR, 0 SR, 29LL
'09 = 152 SB, 121 PR, 7xCR, 3xSR, 46 x LL
'08 = 94 SB, 72 PR, 9 x CR, 7 X SR, 29 X LL
'07 = 56 SB + 45 PR + 16 CR + 7 SR + 28 LL
'06 = 45 SB + 35 PR + 5 CR + 3 SR + 11 LL
'05 = 80 SB + 61 PR + 10 SR + 17 LL + 16 CR
'04 = 75 SB, 42 CB, 9 SR, 3 SR,24 LL,CR 20
'03 = 98 SB, 55 CB, CR 16x, 25 LL
'02 = 9 SR
'01 = 10 SR (5 dif) 124 SB, 75 CB,11 in top 3
'00= 6 School Records,15 in top 5,11 in top3
'00 Boys and Girls = 187 PR's

Top Girls State Points

**Anna Davis - 60.25 state points
Mariam Abdullah 52 state points
Akosua Badu Nkansah 23.25**