



### ABOUT TFS ATHLETICS

The mission of TFS athletics is to develop GREAT character, competence, and competitiveness, to host GREAT events, and to create a Season of Significance. TFS participates in the Georgia High School Sports Association (GHSA), and offers 13 different competitive sports: baseball, basketball (boys & girls), bass fishing, cheerleading, cross country (boys & girls), eSports, golf (boys & girls), precision rifle, soccer (boys & girls), swimming, tennis (boys & girls), track & field (boys & girls), and volleyball. TFS has varsity, junior varsity, and middle school teams that play most of these sports. Many home games are broadcast live and available to watch on the [NFHS Network](#).

### HEAD COACHES

**Rachel Nichols – Varsity & Middle School**  
[rachel.nichols@tallulahfalls.org](mailto:rachel.nichols@tallulahfalls.org)

Nichols formerly was a swimmer at Tallulah Falls School before going to compete and earn a degree at Mars Hill. She came back to take over the swim program at TFS in 2019, and has continued to take the swim teams at TFS to new heights.



# SWIMMING

— TALLULAH FALLS SCHOOL —

### ACCOMPLISHMENTS

The swim program at Tallulah Falls School consists of a varsity and middle school team. The program has had great success in the 2010s, including seeing many individuals compete for a state championship in GHSA. In 2021-22, the girls finished 8<sup>th</sup> at state and the boys 15<sup>th</sup> behind several swimmers who broke school records and placed in the top-5.

### COLLEGE-BOUND SWIMMERS

The swim program prepares athletes to be able to compete at the next level, as six swimmers have earned the opportunity to do so after leaving TFS.

### FACILITIES & TRAINING OPPORTUNITIES

The swim program, starting in 2020-21, will open a brand new, state-of-the-art natatorium facility, which consists of a 10-lane championship pool, and seats up to 240 spectators. The natatorium is also used for PE classes, courses for scuba, boating, and water safety, and for recreational use for all TFS community members. The season runs from November through January, and all athletes have access to TFS weight rooms/fitness centers and the natatorium during the season and off-season.

