

## Tallulah Falls School Tennis

Within the overall athletic mission to develop GREAT character, competence, and competitiveness, to host GREAT events, and to create a Season of Significance, our tennis program centers around “family” as its core. From bonding to building skill to benefiting from challenges and intense competition, the focus of family helps to integrate the spectrum of play, poise, purpose, and persistence.

TFS tennis offers a solid conditioning program, including sport-specific drills such as footwork, speed, agility, coordination, and reaction time. Other important aspects of the program include dynamic mobility and static flexibility for warm ups, injury prevention, and post-play recovery.

In 2022, we will be utilizing video analysis more and plan to have each individual keep a video file of their skills, strokes, and game highlights. An enhanced conditioning program will also include particular conditioning assessments.

TFS coaches, who have multiple years of experience, talents, and roles, provide players with tennis oriented training, game strategies, progressive skill development, match-specific drills, encouragement, routine advancement challenge opportunities, and GREAT character development, all within the TFS tennis theme of “family.”

If a player has the drive, appropriate talent, and yearning to compete at the collegiate level, those opportunities are available. TFS players who competed at the next level include Brent Staton (Emory University), Javier DeClair (Marion Military Academy), and Guiga Kasabkojian (Coastal Ga).

The Lady Indian tennis team made history in qualifying for the 2021 state tournament for the first time. The Gentlemen Indians have four state-qualifying seasons.

For any questions regarding TFS tennis, contact Coach Randy Morris at [randy.morris@tallulahfalls.org](mailto:randy.morris@tallulahfalls.org)