

## Tallulah Falls School

### Indians Track & Field

#### Boys Legacy List 5/18/22

Top Performances since '85 (not inc '86-87)

#### 100m <12.3

10.94 FAT	Zatrick Pearce (So Sect Landmark)	'15
11.21 FAT	Kofi Amanhyia (Sr. State Pre)	'07
11.1	10.91 Rab, 11.08 Reg, 11.15	
11.1	Joe Morrison (10.98)	'98
11.20	Darren Davies (Sr. Reg Jeff)	'08
11.33 FAT	Ethen Besier (Landmark)11.18ht AA	'15
11.36	Zaiden Cox (SBSD)	'22
11.4	Rodney Carey	'89
11.44FAT	Ajani McIntosh (Landmark)	'18
11.70FAT	Ajani McIntosh(So.)(Area AA)	'17
11.75	Angelo Rodriguez (Rab 2)	'06
11.80FAT	Alfie Barnor(So.)(Area AA)	'17
11.81FAT	Mohamed Kanu (Jr. Landmark)	'19
11.83	Malcolm Jones (Jr. Rabun)	'10
11.83	Conner Brown (JR HAB. CO)	'14
11.9	Robert Sepulveda (Soph)	'99
11.9	Barry Ware	'95
11.95	Simeon Respress (Landmark)	'19
11.96	Humphrey Stryker (Jr)	'99
11.98	Michael Dawonde (Jeff)	'05
12.03HT	Thala Freeman(Jr.)(Hab)	'16
12.05	Ian McClary (Rab Co)	'03
12.07	Nana Amankwah (Prelims)	'22
12.08	Bobby Purdue (Q-Jr. Rab Co)	'06
12.1	Kyle Kolbialka	'99
12.11	Abdul Deen (Sr. Jacks Co)	'08
12.12	Miles Lewis (SO RAB.CO.)	'14
12.14 FAT	Michael Illuma (SR. Landmark)	'14
12.15	KC Respress(B.Rdge)	'22
12.19	Karim Kanu (Jr. Rab Co)	'06
12.19	Tyler Brown (Dexter Woods)	'22
12.21	Blair Moore (Dexter Woods)	'22
12.25	Scott Simon	'96
12.26	Brandon Thompson (Jr.RC)	'12
12.27	Caleb Walden (Fr. Hab.)	'12
12.3	Brannon Lyles	'00

#### 200m < 25.0

21.85 FAT	Zatrick Pearce(Sr. State Berry, 2nd)	'17
22.57	Kofi Amanhyia (Sr. Reg Jeff)	'07
23.0	Joe Morrison	'98
23.2	Rodney Carey	'89
23.39FAT	Thala Freeman(Sr. Area AA)	'17
23.41	Darren Davies (Jr. Reg Jeff)	'07
24.06 FAT	Quincy Green-Wright (Landmark Sr)	'15
24.12ht	Jake Carmack (Sr Athens)	'15
24.24	Ajani McIntosh (Landmark)	'19
24.31 FAT	Jake Carmack (SO HAB.CO.)	'14
24.35	Bobby Purdue (Jr. Rab Co)	'06
23.38	Zaiden Cox (SBSD)	'22
24.38FAT	Rolain Saintilus (Fr. Marist)	'17
24.5	Chris Batista	'99
24.53	Caleb Walden (JR. Bo James)	'14
24.54	Brannon Lyles	'00
24.56ht	Grey Bourlet (So. Hab)	'19
24.66ht	Mohamed Kanu (Jr. Commerce)	'19
24.67	Blair Moore (All American)	'22
24.72	Michael Illuma (Sr. Landmark)	'14
24.73	Barry Ware	'95
24.79	Angelo Rodriguez (So. White Co)	'06
24.92	Mohamed Kanu	'19
24.84	Grey Bourlet	'19
24.86	Michael Dawonde (HabCentm)	'05
25.14 FAT	Ajani McIntosh(So.)(Marist)	'17
25.2	Scott Simon	'98

#### 400m < 55

48.14FAT	Zatrick Pearce(Sr.State Berry, Champ)	'17
51.37HT	James Davis(Sr.)( Hab)	'16
51.1	Joe Morrison	'98
51.11	Rodney Carey	'89
51.72	Evan Prince (SR. Commerce)	'22
52.17FAT	Casey Bradshaw (So. Reg)	'06
52.64	Grey Bourlet (Soph)	'19
52.77FAT	Charlie Cody (Jr.Area 6@AA)	'21
53.29 ht	Quincy Green-Wright (Sr Jefferson)	'15
53.44	Chris Geiger	'19
53.54	Bobby Purdue (Jr. Jeff)	'06
53.58 FAT	Jake Carmack (Sr Area Ath Acad)	'15
53.75	Zaiden Cox (Dexter Woods)	'22
53.77 fat	Blair Moore (Fr. Area 6 @AA)	'21
53.83	Rolain Saintilus(Fr. Marist)	'17
54.22	Alex Hubbard (Jefferson)	'03
54.48	Darren Davies (Jr. Rab#3)	'07
54.84	Caleb Walden (Jr. RAB.CO.)	'14
55.32FAT	Thala Freeman(Jr.)(Area AA)	'16
55.69	Tyler Brown (Dexter Woods)	'22
55.7	Beau Eller	'99

55.77	Aiah Yobah (Fr. Hab Cen)	'07
55.90	Brandon Mbaba (Sr. Ra Co)	'11
55.98	Ibrahim Songowa (Jr. Jeff)	'03
56.19	Chase Provine-Sterner(RC 4-12)	'13
56.25	David Doud	'96
56.33	Alston Thornton (So. Reg. Jeff)	'05
56.33 FAT	Quincy Green-Wright (Jr. HAB.)	'14
56.87	Jimmy Sandi (Sr. Reg Jeff)	'07
57.1	Brannon Lyles(Jr)	'99
57.51	Walker Bailey (Providence)	'22
57.67	Henry Xiong (BRDGE)	'22
58.0	Angelo Rodriguez (Jr. Rab)	'06

#### 800m < 2:15

1:57.04 FAT	Evan Prince (Sr. Hab 2)	'22
2:02.00	Alex Hubbard (Gainesville)	'03
2:02.58FAT	Chris Geiger (Jr. Area GWA)	'19
2:02.75 FAT	Walker Bailey(SO. State)	'21
2:05.64FAT	Henry Xiong (So. Area@AA)	'21
2:06.13FAT	Aaron Hughes(So. Sectional)	'17
2:07.1	Courtney Stroud	'87
2:08.76 FAT	Casey Bradshaw (So. GAC )	'06
2:10.69	Jason Wright	'96
2:11.34 FAT	Zac Smith (Jr. GAC)	'18
2:14.27	Jackson Cording (Area)	'22
2:14.64 FAT	Stephen Chung(Reg. Jeff)	'02
2:14.843FAT	Landrum Parker(Jr.RegionAA)	'12
2:14.98 FAT	Nikko Pujara (Area)	'13
2:15.5	Billy Estes	'85
2:15.79	Yekekal Gurmessa (Fr.Rab)	'06
2:16.7	Bahiru Kefeni (Jr Wes)	'06
2:16.7	Damon Wood	'91
2:18.39 FAT	Ron Lundquist (Reg. Jeff)	'02
2:18.46 FAT	Kale Corbett (Sr. Mc. Eac)	'21
2:19	Robert Molard	'01
2:19	Tim Holland	'97
2:19.20	MinSuk Lee (So. Reg. AA)	'10
2:20.16	Jimmy Sandi (Sr Rab)	'07
2:20.9	Jamie Pressley	'99
2:20.95	Bobby Purdue (Jr. Buf)	'06
2:21.77	Taniel Knowles	'16
2:21.66 FAT	Collin Kelly (Sr. Hab.)	'21
2:22.42	Eli Mehlferber (Sr. Hab.)	'12
2:23.14	Timothy Beck (Fr-Acad)	'22
2:24.81	Jackson Shadburn (DexWoods)	'22
2:24.20	Will Grimsley (So. AC)	'12
2:25.57 FAT	Fred Jackson (Landmark Fr)	'15

#### 1600m < 5:20

4:15.53 FAT	Evan Prince (Sr. SBSB)	'21
4:34.50 FAT	Alex Hubbard (Reg. Champ)	'03
4:38.1	Courtney Stroud	'87
4:41.18 FAT	Robert Molard (State)	'01
4:42.80	Mike Wood(Reg. Champ)	'92
4:44.08	Chris Geiger	'19
4:46.11	Walker Bailey (Jr. GAC)	'22
4:49.57 FAT	Henry Xiong(So. Area@AA)	'21
4:54.38	Jeff West	'85
4:54.50	Yekekal Gurmessa (Reg Jeff)	'07
4:56.69FAT	Aaron Hughes(Fr.)(Dragon invite)	'16
4:58.66 FAT	Zac Smith (Jr. Prov)	'18
5:01.10	Casey Bradshaw (So. Rab)	'06
5:04.38FAT	Will Grimsley (Area 2)	'13
5:05.29 FAT	Caleb Griffiths(Fr.)(Dragon invite)	'16
5:05.72FAT	Eli Mehlferber(Sr.Region AA)	'12
5:08.49	Collin Slep (Fr. Jefferson)	'04
5:08.96 FAT	Fred Jackson (Landmark Fr)	'15
5:10.11	Timothy Beck (Fr. AREA)	'22
5:12	Tim Holland	'97
5:12.90	Bahiru Kefeni (Jr. Rab)	'06
5:15.16	Alvaro Anton-Ripoll (JV)	'08
5:16.08	Walker Bayand (SBSD)	'22
5:25.32 FAT	Robert Durand (Fr. Area Ath Acad)	'15

#### 3200m < 11:30.00

9:19.36 FAT	Evan Prince (Sr. All American)	'21
10:03.16	Mike Wood (State Champ)	'92
10:03.75 FAT	Alex Hubbard (State4th)	'02
10:19.89 FAT	Robert Molard (Reg Champ)	'01
10:22	Chris Pic	'90
10:38.62FAT	Walker Bailey (Jr. BlueRidge)	'22
11:02.92 FAT	Will Grimsley (Area)	'13
11:05.85FAT	Caleb Griffiths(So. Bojangles)	'16
11:07.61	Collin Slep (Fr Reg @ Jeff.)	'04
11:10.39	Alvaro Anton-Ripoll (JV)	'08
11:12.87	Yekekal Gurmessa (Fr Rab)	'06
11:18.41 FAT	Henry Xiong (So. McEac.)	'21
11:22.11	Timothy Beck (Fr. Dexter Woods)	'22
11:35.40FAT	Zac Smith (Jr. Prov)	'18
11:45HT	Eli Mehlferber (Sr.GAC)	'12
12:02	Bahiru Kefeni (Jr. RabCo)	'06

#### 110m Hurdles <20.0

14.97 FAT	Grey Bourlet (So. State Berry 3rd)	'19
15.14 FAT	James Davis (Sr.)(Area AA)	'16

16.21 FAT	Calvin Oh (Fr. Reg. Jeff)	'08
16.19ht (.54fat Jef)	Michael Dawonde WhAcad	'05
16.23	Cusai Alfred-Igbokwe(Sr. Sectional)	'17
16.99	Michael Nixon	'94
17.04 FAT	Brendan Harrelson(Area)	'13
17.06	Ibrahim Songowa (Whitefld)	'03
17.34	Axel Isabane (Sr. Rab.)	'07
17.93	Sean John (Winder)	'02
18.24 FAT	Abdul Deen (Sr. Reg. Jeff)	'08
18.61	Ezbon Jacob (Reg. Jeff)	'05
18.81	Kwabena Badu (Whitefield)	'03
18.94	Brandon Mbaba (So. Ogle)	'09
19.30	Bahiru Kefeni (Jeff Tri)	'06
19.31	Kit Kloster (Jr. RS)	'12
19.37	Connor Clarke (So. RC)	'12
19.43FAT	Gavin Atkinson (So. Area@AA)	'21
19.5	Marc Snow	'99
19.5	Jimmy Neal	'97
19.51 FAT	Eric Murienzi (Sr. Eagle Invite)	'17
19.57	Devin Pruchnicki (Fr. HC)	'07
19.87 FAT	Chris Jeboda (Fr. Jeff Relay)	'08
19.96	Walker Bailey (Cherokee)	'22
20.0	John Williams	'91
20.47	CJ Augustine (So. Area)	'22
20.5	Kyle Kolbialka	'99
20.7	Kevin Weems	'90

#### 300m Hurdles < 47.3

38.76 FAT	James Davis (Sr.)(Area AA)	'16
40.27HT	Grey Bourlet (So. Com)	'19
40.67 FAT	Grey Bourlet (So. Area GWA)	'19
41.35 FAT	Calvin Oh (Fr. Reg. Jeff.)	'08
42.12 FAT	Sean John (State)	'07
42.29	Axel Isabane (Sr. Rab)	'02
42.49	Michael Dawonde (Sr. Reg)	'05
42.59	Ibrahim Songowa (Jr.Reg. Jeff)	'05
43.06	Tyler Brown (So. Commerce)	'22
44.37	Beau Eller	'98
44.88 FAT	Cusai Alfred Igbokwe(Sr. Marist)	'17
45.28	Bahiru Kefeni (Jeff Tri)	'06
45.86	Ezbon Jacob (So. Reg Jeff)	'05
46.0	David Doud	'95
47.02FAT	Kit Kloster (Jr.RegionAA)	'12
47.1	Damon Wood	'91
47.25	Michael Nixon	'94
47.33	Barry Ware	'95
47.38	Chris Jeboda (Fr. Reg. Jeff)	'08
47.7	Ron Lundquist(Gainesville)	'03
47.72	Brendan Harrelson (So.AA)	'12
48.3	Chris Bissell	'85
49.2	Marc Snow	'99
49.3	Yong Kim (Jr. AA)	'11
49.33 FAT	Brandon Mbaba(Boys Region)	'09
49.36 FAT	Quincy Green-Wright (Jr. Regions)	'14
49.87 FAT	Joe Avery (Reg. Jeff)	'02

#### 400m Relay < 48.6

43.81FAT	James Davis(Sr.), Ethen Besier,(Sr.)	'16
	Thala Freeman(Jr.), Zatrick Pearce(Jr.)(Area AA)	
43.92FAT	Ajani McIntosh(So.), Thala Freeman(Sr.),	'17
	Rolain Saintilus(Fr.), Zatrick Pearce (Sr.)(Area AA)	
AA		
44.12 FAT	Ethen Besier (Jr), Jake Carmack (Sr),	'15
	James Davis (Jr), Zatrick Pearce (So) (Landmark)	
44.70 FAT	James Davis(So.), Ethen Besier(So.)	'14
	Jake Carmack(Jr.), Caleb Walden(Jr.) (Sectionals)	
44.79 FAT	Ajani McIntosh (Sr), Grey Bourlet (So)'	'19
	Gabe Iluma (Jr), Mohamed Kanu (Jr) GWA	
44.80	Nana Amankwah, Blair Moore, Nnamdi Ezunu,	
	KC Respress	'22
45.04	Axel Isabane, Darren Davies	'07
(Reg. Jeff)	Aiah Yobah, Kofi Amanhyia	
45.42 (Reg)	Angelo Rodriguez, K. Amanhyia	
45.66FAT	Axel Isabane, Casey Bradshaw	'06
45.40FAT	Blair Moore, Simeon Respress,	
	Grey Bourlet, Tyler Brown	'21
45.8	Mitchell Brown, D Wood	'91
	Jason Callaway, Danny Dent	
45.72FAT	Blair Moore, Grey Bourlet, Charlie Cody,	
	Simeon Respress	'21
45.85	Calvin Oh, Abdul Deen (Reg. Jeff)	
	Chris Jeboda, Darren Davies	'08
46.00FAT	Blair Moore, Charlie Cody, Jaden Andrews,	
	Simeon Respress (Area AA)	'21
46.38	Nikko Pujara, Brendan Harrelson	'13
(RC 4-12)	Caleb Walden, Jake Carmack	
46.72	Axel Isabane, Alston Thornton	'06
	Kofi Amanhia, CaseyBradshaw	
46.8	Brown, Wood	'91
	Callaway, Dent	
46.84	Scott Simon, Max Penny	'97
	David Cummings, Joe Morrison	
47.00	K Amanhyia, A Thornton	'06

47.06FAT	K Kanu, C Bradshaw (GAC) Blair Moore, Charlie Cody, Kale Corbett, Simeon Respress	(White C) 3:44.00	Jake Carmack, Caleb Walden Angelo Rodriguez, Karim Kanu Kofi Amanhyia, Bahiru Kefeni (Jeff)	'13 '06 '07	37' 11 ½ 37' 10 37' 9	Matt Carlisle Kevin Weems Jamie Pressley	'95 '94 '00
47.035 (White Co) Connor	Nikko Pujara, Brendan Harrelson Clarke, Connor Brown	'13 (Rab#3)	Axel Isabane, Jimmy Sandi Darren Davies, Kofi Amanhyia	'07	37'7" 36' 6	Taylor Asman (So. AA) Makhi Edgecomb (So. Comm)	'14 '22
47.06	A. Rodriguez, C Bradshaw Kofi Amanhyia, A Thornton	'06	Brown, D. Wood Callaway, Dent	'91	35' 8 35' 4	Keith Kersey Chad Smith (So Hab)	'99 '11
47.2	Courtney Stroud, D Wood Mike Wood, Rodney Carey	'89	A Rodriguez, B Kefeni A Thornton, C Bradshaw (Buford)	'06	35' 3 ½	Justin Turpin (HC)	'03
47.22	Angelo Rodriguez, Kofi Amanhyia Karim Kanu, Axel Isabane (Jeff)	'06	James Davis, Jake Carmack Caleb Walden, Conner Brown	'13	<b>Discus &gt; 90'</b> 150'5 142' 11	Karim Dembele (State) Chance Bess (Sr. State@Berry)	'13 '19
47.36 FAT	Blaire Moore(Fr.), Simon Respress ( Sr.), Charlie Cody ( Jr.), Kale Corbett (Sr.)	'21	A Thornton, K Kanu (GAC)	'06	137' 9	Malcolm Jones (Sr. AA)	'11
47.46	James Davis, Conner Brown Connor Clarke, Quincy Green-Wright	'13	B Kefeni, C Bradshaw Courtney Stroud, D Wood	'90	136' 11 127' 7	Ethen Besier (Jefferson Jr) Karim Kanu Jr. (Reg. Jeff)	'15 '06
47.5	Jamie Pressley, B Eller Humphrey Stryker, Joe Morrison	'98	Mike Wood, Rodney Carey Angelo Rodriguez, Karim Kanu	'06	124' 9 122' 11	George Ketch (Sr. Commerce3) Sam Ketch (So. Dexter Woods)	'22 '22
47.5	Scott Simon, Beau Eller Humphrey Stryker, Joe Morrison	'98	Yekeal Gurmessa, Bobby Purdue Songowa, Mugisha	'03	122' 8 115' 10	Jamie Pressley Max Penny	'00 '97
47.58	Songowa, Coleman '03	3:50.47	Dawonde, Hubbard (Wesleyan)		115' 6	Justin Turpin (RabCo)	'03
47.6	Badu, Mugisha (Wesleyan) Kyle Kobialka, B Eller	'98	Blair Moore( Fr.), Grey Bourlet (Sr.), Kale Corbett ( Sr.), Charlie Cody ( Jr.) ( Mill Creek)		115' 4 112' 5 110' 0	Nelson Wilkinson ( Jr. Comm 3) Jimmy Neal Chuck Couture	'22 '97 '85
47.6	Humphrey Stryker, Joe Morrison DaMour, Max Penny	'97	Nikko Pujara, Eli Mehferber, Jake Carmack, Caleb Walden	'12	108' 9 108' 0	Keith Kersey Chance Bess(So.)(Area AA)	'99 '17
47.6	David Cummings, Joe Morrison	3:52.10	Nikko Pujara, Brendan Harrelson	'13	106' 6	Larry Milner	'01
47.87	Nikko Pujara, James Davis Jake Carmack, Caleb Walden	'13	Ethen Besier, Connor Brown Sean John, Joe Avery	'02	106' 4 102' 0	Caleb Griffis (Sr. Commerce) Dino Munroe ( Jr. Buford)	'19 '07
47.88	Eric Mun, Bahiru Kefeni Karim Kanu, Bobby Purdue	'06	Alex Hubbard, Stephen Chung Petty, Wood	'88	98' 9" 98' 6	Brendan Harrelson (Sr. Weaslyn) Matt Carlisle	'14 '95
47.91	Songowa, Coleman Mugisha, Hubbard (Gainesville)	'03	Pic, Carey Axel Isabane, Aiah Yobah	'07	98' 5 ½ 98' 1	Max Samples (Buford) Beau Eller	'09 '99
48.08	Angelo Rodriguez, Kofi Amanhyia Alston Thornton, Brian Oh	'06	Jimmy Sandi, Darren Davies Sean John, Stephen Chung	'01	97'61/2 94' 6	Chad Smith (So Ra Co) Joe DaMour	'11 '97
48.21	Axel Isabane, Michael Dawonde, Alston Thornton, Ezbon Jacob	'05	Robert Molard, Jon. Cabrera Songowa, Mugisha	'03	92' 10	Dixon	'98
48.26	Conner Brown ( Jr.), Brendan Harrelson (Sr.) '14 Michael Illuma(Sr.), Gabriel Farris(Sr.) (Landmark)	'14	Badu, Hubbard (Whitefield) Songowa, Badu Lundquist, Hubbard (Jefferson)	'03	<b>High Jump &gt;5' 6</b> 6' 10 6' 6 6' 4	Brandon Mbaba (Sr. AA) Simeon Respress (Sr. Wes.) Abdul Deen (Sr. State Jeff)	'11 '21 '08
48.26	Ibrahim Songowa, Adrien Coleman (Jeff.)	'03	<b>4x800m Relay</b> 8:17.39FAT Walker Bailey(2:03.7), Charlie Cody(2:09.7), Nikko Pujara, Jake Carmack	'12	6' 2 6' 0 6' 0	Adrien Coleman (Fr Co, GA) Thala Freeman (Sr.)(Bo James) Simeon Respress (Fr) Sectionals	'02 '17 '18
48.33	Brendan Harrelson, Brandon Thompson (Hab.) Jamie Pressley, R Sepulveda	'99	8:34.18FAT Charlie Cody (2:16), Walker Bailey (2:08), Zhigao Henry Xiong (2:09), Evan Prince (2:00.9) (GWA)	'21	5' 10 5' 10 5' 10	Robert Mugisha (GAC) Jamie Pressley Kirk Sullivan	'03 '99 '94
48.63	Scott Simon, D Doud David Cummings, Barry Ware	'95	8:54.58FAT Collin Kelly, Charlie Cody, Henry Xiong, Walker Bailey (Cher.Bluff)	'21	5' 10 5' 10 5' 8 5' 8	Zatrick Pearce(Jr.)(Bo James) Tahj Moos(Jr)(Commerce)(JV) Eric Murienzi(Sr.)(Area AA) Gabe Farris (Sr.)(Landmark)	'16 '17 '17 '14
<b>800m Relay</b>	Nana Amankwah, Blair Moore, Nnamdi Ezunu, Tyler Brown	'22	9:01.35 Kale Corbett (2:21), Collin Kelly (2:25) Zhigao Henry Xiong (2:11) Evan Prince (2:02) @ Hab Central	'21	5' 8 5' 8 5' 8	Michael Dawonde (Sr. Wes) Adrian Parreira(Reg. Jeff)	'05 '02
1:34.45		9:19.69	Walker Bailey, Henry Xiong, Timothy Beck, Jackson Shadburn	'22	5' 8 5' 6 5' 6	Brandon Mbaba (Buford) James Davis (SO. Regions) Robert Mugisha (HC)	'09 '14 '03
1:36.84	Ajani McIntosh(So.), Thala Freeman(Sr.), '17 Alfie Barnor(So.), Zatrick Pearce(Sr.) (East Jackson)	'17	9:51.50 Alex Hubbard (2:07), Stephen Chung (2:24), Jason Kinney (2:41, Ron Lundquist 2:40) @ Franklin, NC	'03	5' 6 5' 6 5' 6 5' 6	Damon Wood D.J. Wesinger Daniel Onyemelukwe	'89 '88 '16
1:45.06 (Buford)	Nikko Pujara, James Davis Caleb Walden, Jake Carmack	'13	<b>Sprint Medley Relay (100-100-200-400)</b> 1:42.15 FAT Axel Isabane, Kofi Amanhyia Darren Davies, Aiah Yobah	'07	5' 6 5' 4 5' 4	Rolain Saitilus(Fr.)(East Jackson) Chuks Azih (HC) Kyle Kolbialka	'17 '03 '99
1:49.80 (Buford 3-26)	Ethen Besier, Kit Kloster Connor Clarke, Connor Brown	'13	1:42.51 Axel Isabane, Aiah Yobah Darren Davies, Kofi Amanhyia	'07	5' 4 5' 4 5' 4	Jonathan Cabrera Angelo Rodriguez (So. Buf)	'01 '06
1:56.86	Landin Fiero, Quincy Green-Wright '13 Chase Provine-Sterner, Bobby Chabonier	'13	1:59.73 Eric Mun, Bennett Byun (Buford) 1:53.38 Jimmy Sandi, Devin Pruchnicki Eric Cho, Malcolm Jones, Brandon (NEGA Rel) Mbaba, Minsuk Lee	'07 '06 '10	5' 4 5' 4 5' 4	Bahiru Kefeni ( Jr. Reg. Jeff) KC Respress (Fr. BRDGE)	'06 '22
<b>1600m Relay &lt; 4:00</b>	Ethan Besier(Sr.), Thala Freeman(Jr.) '16 Zatrick Pearce(Jr.), James Davis(Sr.)	'16	<b>Medley (200-200-400-800)</b> 4:03.03 FAT Axel Isabane, Aiah Yobah (Roswell) Jimmy Sandi, Yekeal Gurmessa Kofi Amanhyia, Darren Davies	'07 '07	22'6 22' ½ 21' 6 21'3"	Simeon Respress (Sr. State). Brandon Mbaba (Sr. Wh Co) Adrien Coleman (Reg. Jeff) Zatrick Pearce(Sr.) (Area AA)	'21 '11 '03 '17
3:27.75	Jake Carmack, Quincy Green-Wright '15 Ethen Besier, Zatrick Pearce (State – Jeff)	'15	Aiah Yobay, Jimmy Sandi	'07	20' 8 ½ 19' 10 19' 9 ¼	Joe Morrison Mitchell Brown Courtney Stroud	'98 '91 '89
3:29.04FAT	Rolain Saitilus(Fr.), Aaron Hughes(So.) Thala Freeman(Sr.), Zatrick Pearce(Sr.) (Area AA)	'17	<b>Distance Medley (400-800-1200-1600)</b> 12:16.36 Thala Freeman(Sr.), Zatrick Pearce(Sr.), Caleb Griffis(So.), Chris Geiger(Fr.) (East Jackson)	'17	19' 8 19' 3 13:05.77 Kit Kloster, Nikko Pujara	Kofi Amanhyia (Sr. Reg. Jeff) Kirk Sullivan Nnamdi Ezunu (So. BRIDGE)	'07 '94 '22
3:28.47FAT	Blair Moore (Fr.), Charlie Cody ( Jr.), '21 Simeon Respress (Sr.), Grey Bourlet(Sr) (State)	'21	(Buford) Jake Carmack, Will Grimsley Chase Provine-Sterner, Landin Fiero (Buford)	'13	19' 1 ¼ 19' 1 ½ 19' 1 18' 10 ½	Karim Kanu ( Jr. Buford) Chris Batista Blair Moore (B.Rdge) Darren Davies (Reg. Jeff)	'06 '99 '22 '08
3:31.12 FAT	Ethen Besier ( Jr.), Jake Carmack (Sr.) '15 Quincy Green-Wright (Sr.), James Davis ( Jr) (AA)	'15	14:34.04 Jiwan Yoon, Bobby Charbonier	'13	18' 10 1/4 18' 9 ¼ 18' 9	Brandon Thompson(Jr. AA) Adrian Parreira(Reg. Jeff) Jesse Gulle (So)	'12 '02 '16
3:31.70 FAT	Ethen Besier (So.), James Davis(So.) '14 Jake Carmack(Jr.), Caleb Walden(Jr.)	'14	<b>Shot &gt;37'</b> 49' 10 45' 9 45' 7	'13 '06 '22	18' 8.50" 18' 8 ½ 18' 7	Michael Illuma (Sr. Regions) Mark Burdette Robert Mugisha (Gainesville)	'14 '85 '03
3:35.14FAT	Evan Prince, Blair Moore, Simon Respress, Grey Bourlet ( Wesleyan)	'21	39' 11 ½ 39' 7 39' 3 ½	'06 '06 '03	18' 6.5" 18' 5 ½ 18' 4.50"	Charlie Cody ( Jr.White Co.) Mohamed Kanu (Area, GWA) Brendan Harrelson (Sr.Weslyan)	'21 '19 '14
3:35.48 FAT	A Rodriguez, Bahiru Kefeni K. Amanhyia, C Bradshaw (Reg.)	'06	39' 11 ½ 39' 7 38' 8 ¼	'06 '06 '03	18' 4 ½ 18' 4 ½ 18' 4	Brannon Lyles Jason Callaway Kyle Kolbialka	'00 '91 '99
3:37.63	Blair Moore, Zaiden Cox, Tyler Brown, Evan Prince	'22	38' 8 ¼ 38' 0 ¼	'06 '03	18' 4 18' 3 18' 2 3/4	Simeon Respress Angelo Rodriguez (Jeff Tri) Ezbon Jacob (So. Reg Jeff)	'18 '06 '05
3:38.74	A Rodriguez, K. Kanu (Jeff) B Purdue, C Bradshaw	'06					
3:39.29 (Hab Cen)	Aiah Yobah, Jimmy Sandi Darren Davies, Kofi Amanhyia	'07					
3:39.47	A Rodriguez, K Amanhyia A Isabane, C Bradshaw (Rab 2)	'06					
3:40.78	Songowa, Lundquist Mugisha, Hubbard (Reg. Jeff)	'03					
3:43.10	James Davis, Chase Provine-Sterner						

18' 1	Kwabena Badu (GAC)	'03
18' 1	Ian McClary (Rab Co)	'03
18' 1	Barry Ware	'95
18' ½	Michael Dawonde (Jeff)	'05
18'03	Blair Moore (Fr. GeorgeWal.)	'21
18'	Dallas Loonubon (So. Hab)	'21

#### Triple Jump > 38

42' 11 ¾	Adrien Coleman (Sr. State)	'03
42'10	Thala Freeman(Sr)(Sectionals)	'17
42' 9	Abdul Deen (Sr. Reg. Jeff)	'08
41' 8 ¾	Michael Dawonde (Sr. State)	'05
39' 11 ½	Kwabena Badu Nkansah (Wesleyan)	'03
39' 10 ¾	Brendan Harrelson (Area)	'13
39'2	Mohamed Kanu (Area, GWA)	'19
38' 11 ¾	Ibrahim Songowa (Gainesville)	'03
38' 9	Nana Amankwah (So. Hab 2)	'22
38'6"	Gabriel Farris (Sr. Hab. Co.)	'14
38' 6	Harrelson, Brendan(So. AA)	'12
38' 5 ½	Humphrey Stryker	'99
38' 5	Alston Thornton (Jr. Rab)	'06
38' 2	Brannon Lyles	'00
38' 2	Frank Chan	'85
38' 1 ½	Axel Isabane (Jr. Wes)	'05
37' 5	James Davis (HC)	'13
37' 3 ½	Jesse Gulle (Fr – Area Ath Ac)	'15
37' ½	Sean John	'01

#### Pole Vault > 9' 0

15' 1"	James Davis (Jr State Jeff)	'15
13' 6	Grey Bourlet (Sr. Area 6)	'21
12' 8	Grey Bourlet TFS /RC	'20
12' 6	Grey Bourlet (Area @ GWA)	'19
12' 6	Gabe Illuma (Jr @ Heb	'19
12' 0	Ethen Besier (Sr.)(Area AA)	'16
11' 6	Marc Snow (Reg. Champ)	'99
11'6	Tyler Brown (So. Area)	'22
11' 0	Beau Eller(fr)	'99
10'6"	Kale Corbett (Sr. Sect. )	'21
10'6	Connor Clark (RC)	'13
10'6	Gabe Iluma (Fr.)(Landmark)	'17
10' 0	Collin Slep (Reg Jeff)	'04
10' 0	Jimmy Sandi (Sr. Rab)	'07
10'0	Clay Kafsky (Fr. Area)	'22
9'6	John Luke Gallagher(So. Landmark)	'14
9' 6	Lennart Ehlers (Jr. Ra Co)	'11
9' 6	Alex Hubbard (Jefferson)	'03
9'0	Nikko Pujara (So. RC)	'12
9'0	Eric Hogan(So.)(East Jackson)	'17
8' 6	Ron Lundquist (Rab Co)	'03
8' 6	Malcolm Jones (So.Reg. AA)	'09
8' 6	Devin Pruchnicki (Fr.Rab)	'07
8' 6	Landin Fiero (White Co.)	'13
8'6	Alfie Barnor(So.)(Marist)	'17
8' 0	Yonathan Abiye (Jeff Tri)	'06

**Tallulah Falls School  
Indians Track & Field  
Girls Legacy List  
Top Performers since '88  
5/19/22 incomplete**

**100m <14.0**

12.702 FAT Mariam Abdullah (State)	'06
12.66FAT? Mariam Abdullah (RegPre)	'08
12.98 FAT Reid Kafsky (Jr. Lndmrk)	'19
13.00 Ashley Hawkins (Hab Cent)	'02
13.13 Eno Umoh Sr	'00
13.28 Dejah Howard (Fr. Jeff)	'08
13.36 Masha Grizhebovsokaya (So. AA)	'12
13.44 FAT Damali Danavall (Jr. ??)	'18
13.54FAT Lucy Ladd (Fr. Area@AA)	'21
13.57 Cynthia Sullivan (So WhiteCo)	'10
13.61 Julianne Shirley (So. Dexter Woods)	'22
13.68 Emily Brooks (RC)	'13
13.70 Alexis Brooks (RC)	'13
13.7 Krissy Zachary	'89
13.71HT Gaby Ajibade (So.)(Rab.Co)	'16
13.72 Jace Ibemere (Fr. Dexter Woods)	'22
13.9 Kelly Conner	'88
13.92 Zainab Abdullah	'04
13.92 Lindsey Hodge (Fr. Rab)	'07
13.94 Emily Gay (Landmark)	'19
13.95 Kiley Morgan	'96
14.00FAT Isabella Foster(Fr.)(Lndmrk)	'16
14.03 Akosua Badu (Sr. Wesleyan)	'05
14.12 Kaitlyn Crosby (WC)JV	'12
14.2 Michelle Garrett	'91
14.22 Tamara John (Wes. Region)	'02
14.31 Emilee Morris (Rab Co)	'03
14.34 FAT Julia Nichols (Fr. Hab.Co.)	'14
14.40 Jennifer Jeboda (Sr. HC)	'09
14.44 Allie Phasavang (So. Area Prelims)	'22
14.45 Sally Idehen (So. Rabun)	'10

**200m < 31.0**

26.64FATMariam Abdullah (Fr. Reg Jeff)	'05
26.53 Ashley Hawkins (Fr Co. GA)	'02
27.41HT Anna Davis (So.)(Rab Co.)	'16
27.70 FAT Reid Kafsky (Jr Area GWA)	'19
27.75 Reid Kafsky (Mt. Yonah)	'19
27.78 Julianne Shirley (So. All American)	'22
27. 97 Briana Docsol(Fr.)(Area AA)	'17
28.16 FAT Dejah Howard (Fr. Reg Jeff)	'08
28.52FAT Lois Ibeh (So. Area@AA)	'21
27.81HT Sydney Spivey (Sr. Com)	'19
28.03 Masha Grizhebovsokaya(So. RC)	'12
28.1 Krissy Zachary	'89
28.18FAT Sunni Brett (Sr.)(Lndmrk)	'16
28.20 Eno Umoh	'00
28.22 FAT Macy Murdock (Jr Mill Crk)	'01
28.64 Zainab Abdullah (Rab. Co)	'24
28.77 FAT Lucy Ladd (Fr. McEac.)	'21
28.91 Cynthia Sullivan(SoWhiteCo)	'10
29.09 Oge Okoye (Jr. HC)	'09
29.11 Jace Ibemere (Fr. SBSD)	'22
29.59 Alexis Brooks (White C 4-9)	'13
29.52 Akosua Badu (Gainesville)	'03
29.64 Breeilyn Wood (Fr. Rabun Gap)	'22
29.67 FAT Allie Phasavang (Fr. Wes.)	'21
29.7 Kelly Conner	'87
29.71 Dani Prince(Fr. Mari. HS.)	'21
29.85 Crystal Ebel (So. Jeff) Q	'06
29.89 Ebony Wilkinson (Jr. White)	'08
29.89 Maci Watts (RMA)	'13
29.90 FATReid Kafsky(Fr.)(Landmark)	'17
30.01 Emilee Morris (Wesleyan)	'03
30.05 Madison Ball	'18
30.12 Kaitlyn Crosby (8 <sup>th</sup> WC) JV	'12
30.21 Maci Watts (Jr Athens)	'15
30.3 Michelle Garrett	'91
30.34 Lindsey Hodge (Fr. Rab #3)	'07
30.39 Crystal Hitchcock (Fr Rab#3)	'07
30.5 Vanessa Moll	'99
30.62 Funke Ogunniya (So AA)	'11
30.21FAT Britney Docsol(So.)(Dragon invite)	'16
30.29HT Isabella Foster(Fr.)(Hab)	'16
30.81HTDamali Danavall(Fr.)(Hab)	'16
31.08 Adama Tarawally (Reg. AA)	'09
31.10 Hailee McKinney (So. HC)	'09
31.18 Tamara John	'02
31.43 Tahj Charlton (So. Commerce)	'22
31.45 Jennifer Anderson	'02
31.61 FAT Rachel Nichols (Jr. Hab.Co)	'14
31.74 Sandra Badia Cester (Jr. Commerce)	'22
31.83 Tanya Witham (Fr. Buford)	'06

**400m < 76.0**

58.42 Krissy Zachary	'89
59.47 Julianne Shirley (So. Area 6 Finals)	'22
59.78FAT Anna Davis(So.)(State)	'16
60.03FAT Sunni Brett (Jr.)(State)	'16

60.64 Macy Murdock (Sr. Commerce)	'22
61.77FAT Zainab Abdullah (Sr. State)	'05
63.084FAT Masha Grizhebovsokaya (So. Region AA)	'12
63.99 Mariam Abdullah (Fr. Jeff)	'05
65.23 Reid Kafsky (Landmark)	'18
65.48 Julianne Shirley(Fr.Area@AA)	'21
66.01 FAT Lucy Ladd (Fr. Mc Eac.)	'21
66.2 Kim Harmon	'89
66.44 Laurel Smith (Hab)	'19
66.63 (66.87 FAT)Chelsea Jones	'08
67.15 Caroline Ball (Sr. Commerce)	'22
67.16FAT Molly Mitchell (Fr. Hab.)	'21
67.50 Crystal Ebel (So. Jeff) Q	'06
67.72 Maria Whitson	'19
67.76 Dani Prince (So. All American)	'22
67.79 FAT Allie Phasavang (So. Hab.)	'21
67.94 FAT Lucy Alexander(Jr. Prov.)	'21
67.96 Michelle Rigo	'94
68.54 Bree Wood (Fr. GAC)	'22
69.44 Tanya Witham (Fr Wes)	'06
70.59 Maci Watts (RMA)	'13
70.93 Elizabeth Tench (Area)	'13
71.19 Precious Mungin (So. RC)	'12
71.05FAT Madison Ball(So.)(Area AA)	'17
72.57 Victoria Stair (Sr. Hab.)	'12
72.88 Zakiya Kelly (GAC)	'02
73. 12 Jace Ibemere (Fr. Dexter Woods)	'22
73.36 Oge Okoye (Jr. Fr Co)	'09
73.5 Suzanne Talmadge	'98
73.61HT Jade Mitchell(Fr.)(Bo James)	'16
74.41 FAT Lydia Tselalu (Jr. Regions at AA)	'14
74.55 FAT Shemiar Saunders (GAC)	'05
74.80 FAT Hailee McKinney(So.Reg.	'09
75.22 Michelle Samukai (Jeff)	'03
75.5 Carly Smith	'01
NOTE: Fr Macy Murdock 4x4 splits 60pt 3x)	

**800m < 3:11**

2:30.27 Zainab Abdullah (Reg.@Wes)	'02
2:30.65FAT Perry Gresham(Jr.)(Area AA)	'17
2:33.31 Brandy Clark	'92
2:33.53 FAT Lucy Alexander (Jr. Area@AA)	'21
2:34.62 Ashley Hawkins (FranklinNC)	'02
2:35.93 Molly Mitchell (Area 6 Finals)	'22
2:36.22 Caroline Ball (Sr. Sectionals)	'22
2:38.21 Maria Whitson (Jr. Wes)	'19
2:39.95 FAT Sophie Alexander (Jr Area GWA)	'19
2:41 Audra Steiner	'93
2:43.9 Masha Grizhebovsokaya(FrGAC)	'11
2:43.9 Crystal Ebel (So. Buford) Q	'06
2:44 Amanda Ray	'89
2:44.642 FAT Victoria Stair(Sr.Region)	'12
2:45.64 Laurel Smith	'19
2:47.51FAT Kailyn Neal (So.Area@AA.)	'21
2:50.00 Tessa Rutledge	'00
2:50.2 Kelly Strobel	'88
2:52.7 Precious Mungin (So. AA)	'12
2:53.19 Julianne Shirley (Fr. Cherokee Bluff)	'21
2:53.24 Sunni Brett (Fr. Rab. Co)	'14
2:53.99 SuBin Park (Fr GAC)	'09
2:54.4 Gabrielle Wood (Jr. AA)	'12
2:55.5 Celena Ratthaus	'97
2:58.39 Miranda Chapa Castellanos (Sr. DexWoods)	'22
2 :59.81 Virginia Griswold(Fr.)	'16
3:00 Michelle Rigo	'94
3:06.32 Blair Lewis (AA Regions)	'09

**1600m < 7:07**

5:35.61 FAT Perry Gresham (Jr.)(Area AA)	'17
5:50.32FAT Lucy Alexander (Jr Mill Creek)	'21
5:50.78 Caroline Ball (Sr. AAC)	'22
5:57.82FAT Sophie Alexander (Area GWA)	'00
6:05 Tessa Rutledge	'00
6:09.8 Anna Paddock	'91
6:12.38 Kailyn Neal (Cherokee)	'21
6:17 Maria Whitson (HAB)	'19
6:17 Masha Grizhebovsokaya Fr GAC	'11
6:20 Brandy Clark	'90
6:20 Audra Steiner	'93
6:23.65FAT Victoria Stair(Sr.Region AA)	'12
6:23.85 FAT Virginia Griswold(Fr.)(AreaAA)	'16
6:24.36 Crystal Ebel (So. Wes) Quit	'06
6:26.3 Jo Williams	'89
6:27.47FAT Kailyn Neal (So.Area.)	'21
6:28.52 Miranda Chapa Castellanos (Jr. Dex Woods)	'22
6:28.56 FAT Precious Mungin (Area)	'13
6:30 Meredith Knox	'96
6:33.07FAT Megan McCracken(Sr.Reg)	'12
6.34.77 Laurel Smith	'19
6:35.9 Su Bin Park (Fr. Ogle)	'09
6:42 Claudette Seay	'84
6:42.65 Zainab Abdullah (Whitefield)	'02
6:42.91 FAT Anne Edwards (LMC So)	'15
6:43.55 Zakiya Kelly (Rab. Co)	'04
6:43.6 Mena Nagy (AA)	'13

6:45 Celena Ratthaus	'97
6:49.82 Blair Lewis (Fr GAC)	'09
7:00 Suzanne Talmadge	'99
7:02.31FAT Anne Edwards(Jr.)(Lndmrk)	'16
7:07 Andrea Jordan	'00
7:10.48Kayleigh Durkan (Reg. Jerf)	'03

**3200m < 15:00**

12:16.77 FAT Lucy Alexander (Jr.State )	'21
13:03 Tessa Rutledge	'00
13:25 Sophie Alexander (Wesleyan)	'19
13:28 Anna Paddock	'91
13:28.09 FAT Kailyn Neal (So. Prov.)	'21
13:37.59 FAT Precious Mungin (Area)	'13
13.45.93 Miranda Chapa Castellanos (Jr. AAC)	'22
13:54 Zainab Abdullah (Wesleyan)	'02
14:06.76 Crystal Ebel (So. Wes) Q	'06
14.18HT Perry Gresham(So.)(Rab Co)	'16
14:22 Jo Williams	'89
14:30 Meredith Knox	'96
14.34.79 Zainab Abdullah (Winder)	'02
14.32.60 Ellia Tanenbaum (So. Rabun Gap)	'22
14.35.28 Virginia Griswold	'16
14:49 Rebecca Batchelder	'88
14:49.48FAT Anne Edwards (So. Area AA)	'15
14.52 SuBin Park (Fr AA. Region)	'09

**100m Hurdles < 21.0**

14.79 FAT Anna Davis(Sr.)(Sect @LMC)	'17
15.55 Macy Murdock (Sr. Area)	'22
16.01 FAT Masha Grizhebovsokaya (Area)	'13
16.46 Zakiya Kelly (16.56fat State)	'04
16.54 Ashley Hawkins (Wes. Reg)	'02
16.70 FAT Sydney Spivey(Sr Lndmrk)	'19
16.94 Eno Umoh (17.001State FAT)	'01
17.16 FAT Cynthia Sullivan (So.Reg.St)	'10
17.91 FAT Dani Prince (So. Area)	'22
18.18 FAT Dejah Howard(Fr. Reg. Jeff)	'08
18.61 FAT Chelsea Jones(Sr. Reg Pre)	'09
18.65 Miranda Thomas	'94
18.69 Crystal Hitchcock (Fr.RegFin)	'07
18.8 Emilee Lang	'89
19.27 Zainab Abdullah (Sr. Wes)	'05
19.6 Kelly Conner	'88

**300m Hurdles < 60**

44.72 FAT Anna Davis(Jr.)(State)	'17
45.32 Macy Murdock (Sr. State Prelims)	'22
46.48 FAT Ashley Hawkins (State pre	'02
47.87 Masha Grizhebovsokaya (State)	'13
49.04FAT Zainab Abdullah (Sr. Reg. Jeff)	'05
49.05 FAT Sydney Spivey (Sr. GWA, Area)	'19
49.45 FAT Chelsea Jones (Sr. AA. Reg)	'09
49.55 Zakiya Kelly (Region. Jeff)	'04
50.71 FAT Cynthia Sullivan (So Reg.AA)	'10
51.42 Dani Prince (So. Area)	'22
52.40 Missy Barbone (Fr. GAC)	'11
54.4 Suzanne Talmadge	'99
59.66 FAT Sharon Durkan (AA. Reg)	'09

**400m Hurdles**

65.67 FAT Anna Davis (Bojangles)	'17
66.04 Macy Murdock (Sr. SBSD)	'21
74.77 FAT Zakiya Kelly (Taco Bell)	'03
78.84 Dani Prince (So. SBSD)	'22

**400m Relay < 56.40**

51.13 FAT Sydney Spivey (Sr), Damali Danavall (Sr)	'19
Reid Kafsky (Jr), Macy Murdock (Fr) State @ Berry	
51.31FAT Lois Ibeh (So.), Julianne Shirley (Fr.), Lucy Ladd (Fr.), Macy Murdock (So.).	'21
51.74 FAT Veronaye Charlton (Fr), Denika Lightbourne (Fr) '20	
Reid Kafsky (Sr), Macy Murdock (So) @ EJHS	
52.11 FAT Gaby Ajibade (Fr), Anna Davis (Fr)	'16
Sunni Brett (So), Abby Hulsey (Fr) (Sect LMC)	
52.35 FAT Sydney Spivey (Jr), Damali Danavall (Jr)	'18
Santy Dembele (So), Anna Davis (Sr) (Area Prov)	
52.40 FAT Gaby Ajibade (Fr), Anna Davis (Fr)	'16
Sunni Brett (So), Abby Hulsey (Fr) (Area AA)	
52.85 FAT Dejah Howard, Mariam Abdullah	'08
Ebony Wilkinson, Chelsea Jones (Reg. Jeff)	
52.42FAT Sydney Spivey(So.), Briana Docsol(Fr.), Sunni Brett(Sr.), Anna Davis(Jr.)(Lndmrk)	'17
53.20 Badu, M Abdullah	'05
Saunders, Z Abdullah (Whitefield)	
53.33 FAT Anna Davis (Fr), Maci Watts'15 (Jr) Sunni Brett (So), Abby Hulsey (Fr) (Sect LMC)	
53.54 Dani Prince, Jace Ibemere, Bree Wood, Julianne Shirley '22	
53.62 Lindsey Hodge, Mo Abdullah (RegFinals)Ebony Wilkinson, Crystal Hitchcock	'07
54.10 Badu, Hawkins	'02
T John, Z Abdullah (Hab Cent)	
54.14 FATSally Idehen, Oge Okoye, (Reg. AA) Ebony Wilkinson, Chelsea Jones	'09
54.41 (Regions at AA)	'14
54.60 FATB adu, Kell (Jef Rel)	'04





**Tallulah Falls School**  
**Indians Track & Field**  
**Boys Class Records**

Top Class Performances since '85  
(not including '86-'87)

**5/11/19 incomplete**

**100m**

10.94 FAT Zatrack Pearce (So Sect LMC)'15  
11.33FAT Ethen Besier (Jr. LMC) '15  
11.34 Zatrack Pearce (Sr) '17  
11.21 FAT Kofi Amanhyia (Sr. State) '07  
10.91/11.01 (Sr. Rab, Reg)  
11.1 Joe Morrison (10.98) (Sr) '98

**200m**

21.85 Zatrack Pearce( Sr)(State) '17  
22.57 Kofi Amanhyia (Sr. Reg Jeff) '07  
22.85 FAT Zatrack Pearce (So. LMC) '15  
23.41 Darren Davies (Jr. Reg. Jeff) '07  
23.35 Kofi Amanhia (So) '06

**400m**

48.14 Zatrack Pearce (Sr)(State) '17  
52.77FAT Charlie Cody (Jr)(Area) '21  
52.17 FAT Casey Bradshaw (So) '06  
53.77FAT Blair Moore ( Fr.Area.) '21

**800m**

2:02.0 Alex Hubbard (Sr) '03  
1:58.45FAT Evan Prince (Jr. Cherokee Bluff). '21  
2:02.75FAT Walker Bailey (So. State). '21  
2:16.80 Yelekal Gurmessa (Fr) '06

**1600m**

4:34.500 FAT Alex Hubbard (Sr) '03  
4:22.79FAT Evan Prince (Jr)(Marietta). '21  
4:49.57FAT Henry Xiong (Area). '21  
Mike Wood (So??)  
4:47.92 Chris Geiger (Fr)(Area AA) '17

**3200m**

10:03.16 Mike Wood '92  
9:29.89FAT Evan Prince (Jr.Marietta.) '21  
10:35.74 Alex Hubbard (Soph) '01  
? Mike Wood (So) '90  
10:27.10 Mike Wood (Fr) '89

**110m Hurdles**

15:66 FAT Gray Bourlet (Sr)(White Co.) '21  
15.32 FAT James Davis(Jr Sectionals) '15  
16.12 FAT James Davis (So State) '14  
16.21 FAT Calvin Oh (Fr. Reg. Jeff)

**300m Hurdles**

40.17 FAT James Davis(Jr Sectionals)'15  
41.03 James Davis (So. Boys State) '14  
41.35 FAT Calvin Oh (Fr. Reg. Jeff.) '08  
44.88 Cusai Alfred Igbokwe(Sr)(Marist)'17

**Shot**

49' 10 Karim Dembele (Sr. Sect.)'13  
45' 9 Karim Kanu (Jr) '06  
45'7 Sam Ketch(So) '22  
40'2 Chance Bess '19

**Discus**

150' 5 Karim Dembele (Sr. State) '13  
137' 2 Karim Dembele (So Reg 8-A) '11  
136' 11 Ethen Besier (Jr Jefferson) '15  
133' 5 Karim Dembele (Jr. State) '12  
108" 0' Chance Bess (So)(Area AA) '17

**High Jump**

6' 10 Brandon Mbaba (Sr. AA) '11  
6' 6 Brandon Mbaba (Jr. AA) '10  
5' 10 Adrien Coleman (So ) '01  
5' 2" Blair Moore (Fr. White Co.) '21

**Long Jump**

22-5.75 Simeon Respress (Sr.Prov.) '21  
21'3 Zatrack Pearce(Sr.)(Area AA) '17  
21' 1/4 Adrien Coleman (Jr) '02  
19'6 1/2 Zatrack Pearce (So AA) '15  
19' 5 Adrien Coleman (Soph) '01

**Triple Jump**

42' 11 3/4 Adrien Coleman (Sr State) '03  
42' 10 1/2' Thala Freeman(Sr.)(Sectional)'17  
42' 9 Abdul Deen (Sr. Reg. Jeff) '08  
40' 6 1/2 Abdul Deen (Jr. Region) '07  
38' 6 Brendan Harrelson(So. Reg. AA)'12  
37' 5 James Davis (Fr HC) '13

**Pole Vault**

13' 6" Grey Bourlet (Sr. Area.) '21

15' 1 James Davis (Jr State Jeff) '15  
13'6 James Davis ( So. AA) '14  
12' James Davis (Fr. Sect.) '13

**Area/Region Champions**

'21 Evan Prince (Jr) 3200 9:55.99FAT  
'21 Evan Prince (Jr) 1600m 4:34.92FAT  
'21 Evan Prince (Jr) 800m 1:59.77FAT  
'21 Grey Bourlet (Sr) PV 13-06  
'21 Grey Bourlet (Sr) 300mh 42.33FAT  
'21 Grey Bourlet (Sr) 110mh 15.86FAT  
'21 4x8 relay 8:34.79FAT  
Bailey, Cody, Xiong, Prince  
'21 4x4 relay 3:31.10FAT  
Moore, Cody, Respress, Bourlet  
'20 No Area meet - worldwide pandemic  
'19 Grey Bourlet (So) 300mh 40.67  
'17 Zatrack Pearce LJ 21"3 400m 50.83  
'14 none  
'13 James Davis 300mh 43.54  
'12 none  
'11 Brandon Mbaba HJ 6'6  
'11 Brandon Mbaba LJ 20' 10 1/2  
'10 none  
'09 none  
'08 Abdul Deen HJ 6' 2  
'08 Abdul Deen TJ 42' 9  
'07 Kofi Amanhyia 200m (22.57)  
'06 Kofi Amanhyia 100m (11.15 cht)  
'06 Casey Bradshaw 400m 52.17 Fat (51.93 cht)  
'06 4x4 3:35.48FAT  
Rodriguez, Kefeni, Amanhyia, Bradshaw  
'05 Michael Dawonde TJ 40' 7 1/4  
'03 Alex Hubbard 3200m (10:10.98)  
'03 Alex Hubbard 1600m (4:34.50)  
'01 Robert Molard 3200m (10:19.89fat)  
'99 Marc Snow PV 11' 6  
'92 Mike Wood 3200m (10:03.95)  
'92 Mike Wood 1600m (4:42.80)  
'85 Jeff West 1600m (4:54.38)

**Area/Region Runner-Up**

'21 Simeon Respress (Sr) HJ 6-04  
'21 Simeon Respress (Sr) LJ 21-03  
'19 Grey Bourlet (So) 110mh 15.47  
'17 Zatrack Pearce 200m 22.14  
'17 Cusai Alfred Igbokwe 110mh 16.53  
'17 Rolain Saintilus, Aaron Hughes,  
Thala Freeman, Zatrack Pearce 4x4 Relay 3:29.04  
'14 James Davis 300mh 42.10FAT, PV 13'  
'14 4x1 Relay 46.14 FAT James Davis, Ethen Besier,  
Jake Carmack, Caleb Walden  
'13 James Davis, Ethen Besier, Caleb Walden,  
Jake Carmack 4x4 Relay 3:38.27 FAT  
'13 James Davis Pole Vault 11'6  
'13 Karim Dembele Shot 47'3 1/2; Discus 146'7  
'12 Karim Dembele Disc 131' 08  
'11 none  
'10 Brandon Mbaba HJ 6' 0  
'10 Brandon Mbaba LJ 19' 11 1/2  
'09 none  
'08 none  
'07 Abdul Deen HJ 6' 0  
'07 Kofi Amanhyia 100m 11.08  
'06 Kofi Amanhyia 200m 23.69 FAT  
'06 Angelo Rodriguez, K. Amanhyia 45.66FAT  
Axel Isabane, Casey Bradshaw .  
'03 Adrien Coleman LJ 21' 6  
'03 Adrien Coleman TJ 41' 5 1/2  
'03 Adrien Coleman HJ 6' 0  
'03 Ibrahim Songowa 300mh 42.59  
'03 Ibrahim Songowa, Ron Lundquist, 4x4 Relay  
Robert Mugisha, Alex Hubbard 3:40.78

**State Champions**

'17 Zatrack Pearce 400m 48.14  
'15 James Davis PV 15' 1 State Record, All Class Top Performer  
'03 Alex Hubbard 1600m CoChamp (4:34.885 fat)  
'92 Mike Wood 3200m (10:03.16)

**State Placing**

'21Simeon Respress HJ(6-02 6th place 3 pt.)  
Simeon Respress LJ (22-06 2nd place 8 pt)  
Grey Bourlet PV ( 13-00 2nd place 8 pt)  
Grey Bourlet 110mh (15.22 2nd place 8 pt)  
Grey Bourlet 300mh. (41.43 3rd place 6 pt)  
Evan Prince 1600m ( 4:26.47 4th place 5 pt)  
Evan Prince 800m ( 1:59.91 4th place 5 pt)  
4x4 Relay (3:30.02 5th place 4 pt)  
4x8 Relay (8:17.39 4th place 5 pt)  
'20 - No state meet - worldwide pandemic  
'19  
'18  
'17 Zatrack Pearce LJ (21-7 2nd place 8pt) 200m (21.85 2nd place  
8pts) 400m (48.1 1st place 10pts) = 27.5 pts

'17 Aaron Hughes 800m (2:10.75 8th place)  
'17 4x4 Relay (4:31.08 3rd place 6pts)  
'16  
'15  
'14 James Davis 300m hurdles (41.03 for 5th place 4pts)  
'14 James Davis 110m hurdles (16.12 for 8th place - 1 pt)  
'14 James Davis PV T5th 11' 6  
'14 4x1 Relay 7th 45.35 FAT Davis, Besier, Carmack, Walden  
'14 4x4 Relay 7th 3:31/75 FAT Carmack, Walden, Davis, Besier  
'13 James Davis 3rd Pole Vault (11'6); 5th 300mh (43.35)  
'13 Karim Dembele 6th Shot (46'9); 3rd Discus (150'5)  
'12 Karim Dembele 7th (2pts) Disc 133' 5  
'11 Brandon Mbaba 5th HJ 6' 4 for 4 pts  
2011 state went to 8 places  
'10 Brandon Mbaba 3rd HJ 6' 4  
'09 Did not have qualifier  
'08 Abdul Deen 6th HJ 6' 4  
'08 Calvin Oh 9th 300mh 41.49 FT  
'07 Abdul Deen 6th HJ 6' 2  
'07 Kofi Amanhyia 6th 100m 11.489 FAT  
'07 Kofi Amanhyia 7th 200m 23.984 FAT  
'06 Kofi Amanhyia 7th 100m 11.45 FAT  
'06 Casey Bradshaw 7th 400m 52.41 FAT  
'05 Michael Dawonde 6th TJ (41' 8 3/4 )  
'03 Alex Hubbard 2nd 3200m (10:11.15 fat)  
'02 Alex Hubbard 4th 3200m (10:03.75 fat)  
'02 Alex Hubbard 5th 1600m (4:39.13 fat)  
'01 Robert Molard 4th 3200m (10:23.25 fat)  
'01 Alex Hubbard 5th 3200m (10:42.67 fat)  
'92 Mike Wood, State Champ 3200m  
'91 Mike Wood  
'90 Mike Wood  
'89 Courtney Stroud 3rd 1600m (4:43.30)  
'89 Rodney Carey 5th 400m (52.37)  
'89 Mike Wood 3rd 3200m (10:27.10)

**Region & State TFS Team Finishes.**

'21 1st/8 Area 6 w/ 151 pts, 3rd State w/ 54 pts  
'20 season cut short 3/14/20 due to worldwide pandemic  
'19 4th/10 w/ 61 pts. state  
'18 5th / 9 w/ 47 pts; state 24/28 w/ 3.5 pointts  
'17 4th/9 w/ 84.5 pts. state 8th w/ 33pts (3 pts away from 4th)  
'16 3rd / w/ 106.5 pts; state 7th/ 28 w/ 31 pts  
'15 4th / 7 w/ 92 pts. state 8/25 w/ 28 pts  
'14 Reg 4th w/ 73 pts State T16th w/ 12 points  
'13 3rd/ 8 w/ 106.50 12th/ 22 w/ 19 pts  
(Karim's 16, Ethen's 12, James' 22, Brendan's 14)  
'12 6th/8 w/49pts T39/44 w/2pts  
'11 5th/8 w/ 53pts T35/43 w/ 4pts  
'10 5th /6 w/ 32 pts T26/43 scoring w/ 6pts  
'09 6/6 w/ 16 pts none to state  
'08 6/7 w/ 48 pts T32/32? w/ 1 pt  
'07 4th/7 w/ 58.5 pts 26/32 w/ 2 pts  
'06 3rd w/ 73 pts 4 way tie 36/39 w/ 0 pts  
'05 6th /7 w/ 25 pts 29/34 w/ 1 pt  
'04 6th w/ 12 pts no athletes competed  
'03 2nd w/ 105 pts 8/33 w/ 23 1/3 pts  
'02 4th w/ 58 pts 21/32 w/ 6 pts  
'01 5th w/ 62 points 19/25 w/ 7 pts  
'00 7th w/ 2 points no athletes competed  
'89 = 5th, 43 pts

**Performance Improvement**

'17= 149 SB, 59 PR, 39, CR, 6 SR, 58 LL  
'16 = 106 PR, 4 SR  
'15 = 73 SB, 74 PR, 18 CR, 3 SR, 57 LL  
'14 ?  
'13 = 184 SB, 161 PR, 12 CR, 9 SR, 107 LL  
'12 = 94 SB, 90 PR, 2 CR, 0 SR, 36 LL  
'11 = ?  
'10 = 104 SB, 101 PR, 4 CR, 2 SR, 17 LL  
'09 = 30 SB, 24 PR, 1 CR, 0 SR, 19 LL  
'08 = 69 SB, 54 PR, CR X 17, SR x 5, LL X 29  
'07 = 94 SB, 83 PR, 12 x CR, 12 x SR, 48 x LL  
'06 = 142 SB, 118 PR, 11 x CR, 5 x SR, 59 x LL  
'05 = 78 SB, 71 PR, 1 SR 3x, 25 LL, 8 CR  
'04 = 45 SB, 43 PR, 2 SR, 13 LL, 8 CR  
'03 = 113 SB, 84 PR, 6 + 1 tie SR, 48 LL, 20 CR  
'02 =  
'01 =  
'00 = 1 School Record, 6 in top 5, 3 in top 3  
'00 Boys and Girls = 187 SB's

State Points Season

State Points Career

State Record

State High Point Award - '17 Zatrack Pearce 27.5 pts

**Tallulah Falls School  
Indians Track & Field  
Girls Class Records since '88  
5/11/19 incomplete**

**100m**

12.66 Mariam Abdullah (Sr. Reg)	'08
12.828 FAT Mariam Abdullah(Jr.State)	'07
12.59 Reg.Finals (Jeff)	'07
12.702 FAT Mariam Abdullah (So. State)	'06
13.03 FAT Mariam Abdullah (Fr. Reg)	'05

**200m**

26.40 26.64fat Mariam Abdullah (Fr)	'05
26.53 Ashley Hawkins (So)	'02
27.92 Briana Docsol (Fr)(Area AA)	'17
28.1 Krissy Zachary(Sr)	'89
28.20 Eno Umoh (Jr)	'00

**400m**

58.42 Krissy Zachary	'89
62.96 Zainab Abdullah (Jr)	'04
63.08FAT Masha Grizhebovskeya (So.Reg. AA)	'12
65.48FAT Julianne Shirley (Fr. Area.)	'21

**800m**

2:30.27 Zainab Abdullah (Fr)	'02
2:30.65 Perry Gresham(Jr.)(Area AA)	'17
2:34.62 Ashley Hawkins (So)	'02
2:41.00 Perry Gresham (Fr Area)	'15

**1600m**

Sr ??	
5:35.61 Perry Gresham (Jr)(Area AA)	'17
6:02.26 Perry Gresham (Fr Area)	'15
6:09.8 Anna Paddock	'91

**3200m**

13:28 Anna Paddock(Sr)	'91
12:16.77 FAT Lucy Alexander (Jr.)	'21
14:06.76 Crystal Ebel (So) Quit	'06
13:03 Tessa Rutledge (Fr)	'00

**100m Hurdles**

15.14 Anna Davis (Jr)(State)	'17
16.01FATMasha Grizhebovskeya (Jr Area 2 4-20)	'13
16.37 FAT Anna Davis (Fr Sectionals)	'15

**300m Hurdles**

44.68FAT Anna Davis (Sr. State Berry)	'18
---------------------------------------	-----

44.72 FAT Anna Davis (Jr)(State)	'17
46.48 FAT Ashley Hawkins (So)	'02
47.43 FAT Anna Davis (Fr Sectionals)	'15

**400m Hurdles**

65.67 Anna Davis (Jr. Bojangles(	'17
74.77 Zakiya Kelly (Jr)	'03

**Shot**

36' 4 3/4 Jennifer Jeboda (Sr. Ogle)	'09
35' 4 Ebony Wilkinson (Jr. State)	'08
32' 10 Kayla Armenta (So. State 5-10)	'13
29" 21/2 Damali Danavall(So)(Area AA)	'17
26'4.50" Kaitlyn Crosby (So. Weslyen	'14
25' 8 Mariam Abdullah (Fr)	'05

**Discus**

115' 3 Valencia Whaley (Sr)	'02
104' 1 Valencia Whaley (Jr)	'01
106' 8 Kayla Armenta (So. State 5-10	'13
100'11Damali Danavall(So)(Sectional)	'17
87' 7 Destinee Johnson(Fr @ HC)	'07

**High Jump**

4' 8 Eno Umoh (Sr)	'01
4'8" Sydney Porter (Sr)(Bo. James)	'17
5'0 Sydney Porter(Jr.)(Field Frenzy)	'16
5' 0 Kelsey Statom (Fr.)	

**Long Jump**

17' 1/2 Mariam Abdullah (Jr.Jeff)	'07
17' 1 3/4 Mariam Abdullah (So Region)	'06
17' 1 Gaby Ajibade (Fr) (Jefferson)	'15

**Triple Jump**

35' 2 Akosua Badu (Sr. State RU))	'05
35' 10 3/4 Mariam Abdullah (Jr. State)	'07
36' 2 3/4 Akosua Badu-Nkansah (So)	'03
35' Gaby Ajibade (Fr Landmark)	'15

**Pole Vault**

9' 0" Akosua Badu (Sr)	'05
9'6" Anna Davis (Jr)(GAC)	'17
8' 0 (RegCh)Akosua Badu-Nkansah(So.)	'03
7'6"Julia Nichols (Fr. Rab)	'14

**Region/Area Points Season  
2021 season starts 4 events/ath**

29 Mariam Abdullah (Sr. Reg)	'08
24 Masha Grizhebovskeya Sr	'14
23.25 Chelsea Jones (Sr. Reg)	'09
17.5A kosua Badu (Sr)	'05
?? Eno Umoh (Sr)	'01
28.5Mariam Abdullah (Jr)	'07

? Masha Grizhebovskeya	'13
31 Akosua Badu (So)	'03
30.5 Mariam Abdullah (Fr)	'05

**Region Points Career**

116 Mariam Abdullah	'05-08
80.5 Akosua Badu	'02-04
i Masha Grizhebovskeya	'11-14
49 Eno Umoh	'99-'01
39.5 Ashley Hawkins	'01-02
35 Valencia Whaley	'00-02
32.25 Chelsea Jones	'08-09

**State Points Season (In '09 started scoring 8)**

25.5 Anna Davis (Sr)	'18
14 Mariam Abdullah (Sr)	'08
8 Valencia Whaley (Sr)	'02
8 Akosua Badu (Sr)	'05
7 Chelsea Jones (Sr.)	'09
14 Masha Grizhebovskeya Jr	'13
6 Angelina Dorman (Sr)	'01
18.25 Anna Davis (Jr)	'17
7 Mariam Abdullah (Jr)	'07
2 Zakiya Kelly (Jr)	'04
1 Whaley ('01), Badu	'04
14.5 Anna Davis (So)	'16
14 Mariam Abdullah (So)	'06
10 Kayla Armenta So	'13
9 Akosua Badu (So)	'03
8.25 Ashley Hawkins (So)	'02
9 Mariam Abdullah (Fr)	'05
2 Anna Davis (Fr)	'15

**State Points Career**

60.25 Anna Davis	'15-18
44/52 Mariam Abdullah	'05-08
22.25 Akosua Badu	'02-05
17 Masha Grizhebovskeya	'12-14
10 Kayla Armenta	'13-14
9 Valencia Whaley	'01-'02
8.25 Ashley Hawkin	'01-'02
7 Chelsea Jones	'08-09
6 Angelina Dorman	'99-02
2 Jennifer Jeboda	'08-09
1.25 Zakiya Kell	'02,'04-05
.225 Zainab Abdullah	'02, 04-05



**Tallulah Falls School  
Indians Track & Field  
Girls Class Records since '88  
5/11/19 incomplete**

**STATE PLACING (Started scoring 8 in '09)**

'22 Macy Murdock 300m (46.22 2nd - 8pts)  
Macy Murdock 100m (15.60 4th - 4 pts)  
'21 Macy Murdock 100m ( 16.91 8th place 1 pt)  
Macy Murdock 300m ( 46.82 5th place 4 pt)  
4x1 Relay (51.66 7th place 2pt)  
4x4 Relay (4:15.24 7th place 2 pt)  
4x8 Relay (10:29.06 6th place 3 pt)  
'20 no season due to Covid pandemic  
'19 Sydney Spivey 3rd 100m (18.??)  
'19 Emily Gay (So) PV 3rd (9' 6)  
'19 4x1 (Spivey,Danavall, R Kafsky, Murdock) 51.59 7th  
'19 4x4 (Spivey, MadBall, L Smith, Murdock) 4:16.45 6th  
'18 Anna Davis STATE CHAMP 100m (15.05) - 10 pts  
'18 Anna Davis STATE CHAMP, 300m (46.68 - 10 pts  
'18 Anna Davis LJ 4th 16-11 - 5 pts  
4X4 relay 7th (Sydney Spivey, Perry Gresham, Madison Ball, Anna Davis 4:14.14 - 64.3, 64.3, 66.8, 58.8 - 2 pts  
'18 Damali Danavall shot 8th 31-7 ½ - 1 pt  
'18 Cindy Trusty 5th discs 104-8 - 4 pts  
'18 Jenni Gallagher PV 5th 9-0 - 4 pts  
'17 Anna Davis PV (8-6 8th place 1pt) 100m (15.14 2nd place 8pts) 300m (44.72 2nd place 8pts + 4x4 4th = 18.25pts)  
'17 Damali Danavall Discus (97-11 6th place 3pts)  
'17 Briana Docols TJ (33-3.5 8th place 1 pt)  
'17 4x4 Relay (4:11.64 5th place 4pts)  
'16 Anna Davis (PV 7th, 400 4th), 300h 3rd, 4x4th) = 14.5 pts  
'15 Anna Davis 7th 300m (2 pts)  
'14 Masha Grizhebovska 8<sup>th</sup> TJ (32'5.50") 6<sup>th</sup> 100m (16.439FAT)  
'13 Kayla Armenta 7<sup>th</sup> Shot (32'10); 2<sup>nd</sup> Discus (106'8)  
'13 Masha Grizhebovska 3<sup>rd</sup> LJ (15'10); 5<sup>th</sup> 100m (16.13), 300m (47.87)  
'12 Masha Grizhebovska 16/16 LJ, FS 400m  
'11 Sally Idehen 4<sup>th</sup> TJ (34' 8)  
'09 Chelsea Jones 4<sup>th</sup> TJ (35' 3 ½ )  
'09 Chesea Jones 7<sup>th</sup> 300m (50.14FAT)  
'09 Jennifer Jeboda 7<sup>th</sup> Shot 33' 7  
'09 Oge Okoye T9th HJ 4' 6  
'08 Mariam Abdullah 2<sup>nd</sup> TJ (35' 1) 8 pts  
'08 Mariam Abdullah 3<sup>rd</sup> LJ (16' 2) 6 pts  
'08 Ebony Wilkinson 4<sup>th</sup> Shot (35' 4)  
'07 Mariam Abdullah 3<sup>rd</sup> TJ (35' 10 ¾ ) 6pts  
'07 Mariam Abdullah 6<sup>th</sup> 100m (12.828) 3 pts  
'07 Mariam Abdullah 7<sup>th</sup> LJ (15' 10 ¼) 2 pts  
'06 Mariam Abdullah 2<sup>nd</sup> TJ (34' 6 ½) 8 pts  
'06 Mariam Abdullah 3<sup>rd</sup> LJ (16' 10 ¾) 6 ps  
'06 Mariam Abdullah 7<sup>th</sup> 100m (12.702 Pre, 12.926 Finals) 2pts  
'05 Mariam Abdullah 2<sup>nd</sup> LJ (16' 6) 8 pts  
'05 Mariam Abdullah 6<sup>th</sup> 200m (26.89 FAT) 3 pts  
'05 Akosua Badu 2<sup>nd</sup> TJ ( 35' 2)  
'05 Zainab Abdullah 5<sup>th</sup> 400m (61.77 FAT)  
'04 Zakiya Kelly 5<sup>th</sup> 100m 16.89 (16.56 pre)  
'04 Zakiya Kelly 7<sup>th</sup> 300m 52.54 (51.23 Pre)  
'04 Zainab Abdullah 8<sup>th</sup> 400m 65.59 (63.39 pre)  
'04 Akosua Badu 6<sup>th</sup> TJ 34' 3  
'04 Akosua Badu 13<sup>th</sup> LJ 15' 2 ½  
'03 Akousa Badu 3<sup>rd</sup> Tie PV 7' 6  
'03 Akosua Badu 4<sup>th</sup> TJ 35' 4  
'03 Akosua Badu 8<sup>th</sup> LJ 15' 6 ½  
'02 Valencia Whaley 2<sup>nd</sup> Disc 109'1  
'02 Ashley Hawkins 2<sup>nd</sup> 300m 46.48pre, 46.769 finals  
'02 Badu, Kelly, Abdullah, Hawkins 6<sup>th</sup> 4x4 4:25.561  
'01 Angelina Dorman 3<sup>rd</sup> Disc 107' 0  
'01 Valencia Whaley 6<sup>th</sup> Disc 100' 2  
'01 Eno Umoh 6<sup>th</sup> 100m 17.001  
'01 Ashley Hawkins 13<sup>th</sup> 100m (?)  
'00 Eno Umoh 8<sup>th</sup> TJ 33' ½  
'00 Tessa Rutledge 9<sup>th</sup> 3200m  
'99 Eno Umoh 31' 7 unknown place (no score?)

**Girls Region and State Information**

**Area/ Region Champions**

'22 Macy Murdock 100m, 300m  
'19 Damali Danavall Disc 105-2  
'18 Anna Davis 300m 44.53  
'13 Masha Grizhebovska LJ (16'7 ¾)  
'13 Masha Grizhebovska 100m (16.01)  
'12 none  
'11 Sally Idehen TJ (35' 3 ¼ )  
'10 Sally Idehen TJ 34' 0 (1 jump)  
'09 Chelsea Jones TJ 34' 5  
'09 Jennifer Jeboda Shot 35' 6 ½  
'09 Oge Okoye HJ 4' 8  
'08 Mariam Abdullah TJ 34' 1 ¼ (left leg)  
'08 Mariam Abdullah LJ 16' 5 ½ (left leg)  
'08 Jennifer Jeboda Shot 33' 10 ¾  
'07 Mariam Abdullah LJ 16' 7 ½  
'07 Mariam Abdullah TJ 33' 3 ¼

'06 Mariam Abdullah LJ 17' 1 ¾  
'06 Mariam Abdullah TJ 33' 3 1/4  
'05 Mariam Abdullah 100m 12.79/13.03fat  
'05 Mariam Abdullah 200m 26.40/26.64fat  
'05 Akosua Badu TJ 33' 2  
'04 Akosua Badu TJ 33' 8  
'03 Akosua Badu, TJ (34' 4)  
'03 Akosua Badu PV (8' 0)  
'02 Valencia Whaley, Disc (113' 7 ½)  
'02 Ashley Hawkins, 300m (46.75)  
'02 4x4Relay (Badu, Kelly, Z Abdullah, Hawkins)  
4:23.05  
'12 Valencia Whaley, Disc (104' 3 1/4)  
'01 Eno Umoh, 100h (16.94)  
'00 Eno Umoh - 16 points  
'99 Eno Umoh, Triple Jump (31' 0)  
'99 Kiley Sanders-Morgan, Disc 97'2  
'89 Krissy Zachary 400m (62.19)

**Region Runner-Up**

'21 Macy Murdock (Jr) 100m 16.19  
'21 Macy Murdock (Jr) 300m 47.21  
'21 4x1 relay Ibeh, Shirley, Ladd, Murdock  
'19 Damali Danavall (Sr) Shot 32-5  
'18 Anna Davis 100m 15.30  
'17 Anna Davis PV 8" 6 100m 15.25 300m 45.60  
'14 Masha Grizhebovska 110m 17.49FAT  
'14 Masha Grizhebovska TJ 32' 5 ¼ LJ 15' 5  
'13 Kayla Armenta Discus 94'11  
'12 none  
'11 none  
'10 Cynthia Sullivan 100m 17.16 FAT  
'10 Cynthia Sullivan 300m 50.71 FAT  
'09 Chelsea Jones 300m 49.45FAT  
'08 Ebony Wilkinson Shot 33' 2 ¼  
'07 Mariam Abdullah 100m 12.59  
'06 Mariam Abdullah 100m 12.83  
'05 Zainab Abdullah 400m 62.09  
'05 Mariam Abdullah LJ 15' 5 ½  
'04 Akosua Badu LJ 14' 9  
'04 Zakiya Kelly 100m h 16.46  
'04 Zakiya Kelly 300m 49.55  
'03 Akosua Badu LJ 15' 4'1/2  
'02 Angelina Dorman Disc 95' 4 1/4  
'01 Valencia Whaley Shot  
'00 Tessa Rutledge 3200m  
'00 Eno Emoh TJ  
'98 Eno Umoh TJ

**Area/ Region Team Placing**

'21 = 5th/8 w/ 58 pts Area 6  
'20 season cut short 3/14/20 due to worldwide pandemic  
'19 =3rd/7 w/ 94.5 pts (Danavall 21.5, Spivey 15.75)  
'18 = 4th/8 w/ 76.5 pts  
'17 = 4th/8 w/ 66.5 pts  
'16 = 4th/7 w/ 85 pts  
'15 = 6th/7 w/ 64 pts  
'14 = 5<sup>th</sup>/7 w/ 58 pts  
'13 = 6<sup>th</sup>/ 8 w/ 55 pts (Masha's 25, Kayla's 14  
'12 = 5<sup>th</sup>/7 w/ 48 pts  
'11 = 6/7 w/ 38 pts  
'10 = 4<sup>th</sup> /6 w/ 43 pts (1 pt > Commerce)  
'09 = 3<sup>rd</sup>/6 w/ 68 pts  
'08 = 4/7 w/ 70 pts (1 pt ahead of AA)  
'07 = 5/7 w/ 36 pts  
'06= 5/7 w/ 28 pts  
'05 = 3<sup>rd</sup>/7 w/ 65 pts  
'04 4<sup>th</sup>/8 w//62 pts  
'03 4<sup>th</sup>/7 w/ 72 pts  
'02 4<sup>th</sup>/7 w/ 75 pts  
'01 3rd/7 w/ 71 pts  
'00 7<sup>th</sup>/7 w/ 38 pts

**State Team Placing**

'22 14th w/ 14pts ( 8 girls, 6 events)  
'21 (15th/35 w 12 pts )  
'20 no state meet due to Covid pandemic  
'19 (9 girls, 8 events) 16th/29 w/ 17 pts  
'18 5th/29 w/ 36 pts (7 girls, 7 events)  
'17 8/31w/ 25 pts  
'16 7/30 w/ 34.5 pts  
'15 17th/27 w/ 10 pts (2 girls, 3 events)  
'14 24/27 w/ 4 pts (1 girl, 2 events)  
'13 11<sup>th</sup>/ 29 w/ 24 pts (2 girls, 5 events)  
'12 = 0 pts (1 girl, 2 events)  
'11 = T28/41 w/ 5 pts (1 girl, 1 event)  
'10 0 pts (2 girls, 3 events) not in finals  
'09 21/36 w/ 9 pts out of 98 A GHSA schools  
'08 8<sup>th</sup> /40 w/ 18 pts  
'07 17<sup>th</sup>/32 w/ 7 pts  
'06 12<sup>th</sup> /38 w/ 14 pts  
'05 9<sup>th</sup> / 39 w/ 19 pts  
'04 25<sup>th</sup> / 38 w/ 2 pts  
'03 16<sup>th</sup> / 37 w/ 9 pts  
'02 7<sup>th</sup> / 34 w/ 17 pts  
'01 16<sup>th</sup> / 26 w/ 8 pts  
'00 Did Not Score  
'99 Did Not Score

**Performance Criteria**

'17= 105 SB, 65 PR, 45 CR, 12 SR, 56 LL  
'14 ?  
'13 = 116 SB, 89 PR, 13 CR, 1 SR, 64 LL  
'12 = 90 SB, 90 PR, 2 CR, 0 SR, 26 LL  
'11 = ??  
'10 = 5 girls: 63 SB, 46 PR, 1 CR, 0 SR, 29LL  
'09 = 152 SB, 121 PR, 7xCR, 3xSR, 46 x LL  
'08 = 94 SB, 72 PR, 9 x CR, 7 X SR, 29 X LL  
'07 = 56 SB + 45 PR + 16 CR + 7 SR + 28 LL  
'06 = 45 SB + 35 PR + 5 CR + 3 SR + 11 LL  
'05 = 80 SB + 61 PR + 10 SR + 17 LL + 16 CR  
'04 = 75 SB, 42 CB, 9 SR, 3 SR,24 LL,CR 20  
'03 = 98 SB, 55 CB, CR 16x, 25 LL  
'02 = 9 SR  
'01 = 10 SR (5 dif) 124 SB, 75 CB,11 in top 3  
'00= 6 School Records,15 in top 5,11 in top3  
'00 Boys and Girls = 187 PR's

**Top Girls State Points**

Anna Davis - 60.25 state points

*Davidson College*

Mariam Abdullah 52 state points

*Winthrop University*

Akosua Badu Nkansah 23.25

Macy Murdock 19.25 state pts

*(3 seasons - pandemic '20) - Berry College*

